

ESSEX COUNTY AMATEUR ATHLETIC ASSOCIATION

Twenty Eighth County Senior Road Relay Championship. Chelmsford, Essex. 4th March 1995

1.CHELMSFORD A C	101.32	R Campbell 16.58(2) P Barr 16.50(1) A Mussett 16.47(2) J Mills 16.39(1) M Whelan 16.55(1) M Gibbs 17.23
2.WOODFORD GREEN A C	105.04	S Sear 16.59(3) S Maxwell 17.22(3) R Dzikowski 17.50(3) D Barrett 17.50(3) J Sear 17.16(2) T Pamphilon 17.47
3.COLCHESTER JOGGERS A C	106.37	P McHugh 17.12(4) P Spowage 17.40(4) T Seakins 18.26(4) P West 17.43(4) M Bond 18.12(3) R Gaine 17.24
4.CHELMSFORD A C 'B'	107.51	R Charleston 19.46(24) S Vines 17.27(10) G Lillywhite 17.37(7) M Gormley 17.28(9) D Tullett 16.57(4) J Soul 18.36
5.WOODFORD GREEN A C 'B'	109.39	P Chase 17.51(7) J Wallis 18.01(6) D Hollingsworth 18.32(5) J Goldring 17.50(5) D Cox 18.21(5) T McCarthy 19.04
6.COLCHESTER JOGGERS A C 'B'	110.30	T Cudmore 18.28(9) M West 19.02(13) P Aston 17.46(8) S Raw 18.46(8) M West 18.20(6) P Strutt 18.08
7.THURROCK H	111.41	M Bumstead 17.18(5) J Guest 18.09(5) D Sifford 18.58(6) K Evans 18.57(7) E Shelley 19.32(7) B Sewell 18.47
8.CHELMSFORD A C 'C'	112.25	P Tullett 18.41(11) C Purse 18.13(7) M Fletcher 18.42(9) D Norman 19.07(9) B Thorpe 19.03(8) K Bunting 18.41
9.WOODFORD GREEN A C 'C'	114.37	R Bannister 19.05(17) D Sharpestone 20.14(21) P Munday 19.04(16) I Benisty 17.31(10) A Coleman 19.06(9) P Heron 19.55
10.ORION H	114.39	R Warner 19.28(21) N White 18.54(14) M Wells 21.00(20) P Filler 17.55(14) P Tarrier 18.07(10) N Bishop 19.15
11.COLCHESTER JOGGERS A C 'C'	115.15	J Carter 18.49(14) G Bennington 20.04(17) S Garnham 19.49(17) J Turton 19.02(16) P Barrett 18.00(12) D Wright 19.31
12.SPRINGFIELD STRIDERS	115.35	K Harris 17.46(6) M Healey 19.10(8) P Harris 19.42(12) J Solan 19.36(12) P Tremain 19.38(13) M Deacon 19.43
13.TIPTREE ROAD RUNNERS	116.20	J Davis 19.02(16) A Dick 20.12(20) D Watts 19.54(18) P Richardson 18.39(17) M Beckett 18.34(14) M Byford 19.59
14.SOUTHEND-ON-SEA A C	117.43	A Currell 18.59(15) D Balthasar 18.09(9) A Green 19.09(10) P Binns 20.37(13) D Buckley 20.40(16) C Brown 20.09
15.ILFORD A C	118.40	S Trump 19.18(19) P Wheatley 19.42(19) B Meadows 19.11(15) I Wilson 19.01(15) P Eustace 20.04(15) B McStocker 21.18
16.WOODFORD GREEN A C 'D'	118.42	I Maris 19.27(20) D Wright 19.12(16) T Jason 19.16(14) C Crump 20.41(18) D Chapman 20.55(18) P Stockings 19.11
17.THURROCK H 'B'	119.29	V. Monk 18.43(13) A Mead 18.45(12) R Aspinall 19.06(11) P Baker 19.13(11) P Pimenter 19.56(11) D Staines 23.46
18.HARWICH RUNNERS	119.40	S Wallace 18.39(10) C Woodhouse 18.46(11) P Clarke 19.40(13) A Thomas 22.04(19) M Welham 19.29(17) I Duggan 21.02
19.HARLOW RUNNING CLUB	121.30	G Morris 18.12(8) D Lomes 20.13(15) J Tennant 21.18(21) N Allen 21.36(23) R Ricketts 20.28(20) L Williams 19.43
20.ILLERICAY STRIDERS	122.47	D Jones 18.42(12) I Farquhar 20.40(22) E Hansen 20.33(22) P Chown 21.21(21) S Perry 20.54(21) M Bland 20.37
21.SPRINGFIELD STRIDERS 'B'	123.22	D Norman 19.40(23) P Claydon 19.52(23) A Wheelhouse 20.53(23) C Cornish 20.52(22) A Coleman 21.23(22) D Littmoden 20.42
22.CHELMSFORD A C 'D'	123.39	R Doe 19.13(18) J Sayers 19.44(18) G Green 20.18(19) C Ross 20.51(20) J Hush 21.13(19) R Sheffield 22.20
23. PITSEA RUNNING CLUB	123.40	G Cardnell 21.12(31) B Hockley 20.07(25) P Adeleke 21.57(27) J Russell 19.16(24) C Gaitley 21.03 P McLaughlin 20.05
24.TIPTREE ROAD RUNNERS	126.15	J Kalsey 20.27(29) G Hadcraft 21.00(26) R Hadcraft 20.40(25) P Bird 20.37(25) C Applegate 20.13(23) B Edmund 23.18
25.COLCHESTER JOGGERS A C 'D'	129.29	G Clarke 20.17(26) G Everett 21.46(29) M Smith 22.39(29) D Simpson 22.40(28) B Clarke 21.57(25) P Willis 20.10
26.ILFORD A C 'B'	129.55	M Herring 20.16(25) S Bennett 23.46(32) G Williams 22.03(30) L Hislop 21.08(27) G Pells 22.24(26) N Sargent 20.18
27.HARWICH RUNNERS	135.53	D Trinder 23.14(34) B Smith 24.18(35) J Morley 24.41(33) J Meachen 23.57(29) J Gibson 20.00(27) P Gooding 19.43

INCOMPLETE TEAMS -

BASILDON A C N Wetheridge 16.41(1) I O'Leary 17.11(2) R Denmark 15.37(1) E Denmark 18.27(2)
COLCHESTER JOGGERS A C 'E' M Davies 21.11(30) C Akehurst 21.46(31)
HARLOW RUNNING CLUB D Stewart 22.17(33) D Conway 24.03(34) A Dean 22.06(31)
HAVERING A C T Pailthorpe 19.36(22) M Robinson 21.15(24) P Gahagan 19.36(24)
NEWHAM & ESSEX BEAGLES D Darnell 21.37(32) I Mahoney 21.17(30)
SOUTHEND A C 'B' B Ansell 20.18(27) D Saunders 21.41(28) R Dawson 22.00(28)
SPRINGFIELD STRIDERS 'B' R Rodie 20.23(28) K Wright 21.12(27) R Neenan 21.14(26) R Neenan 22.40(26)
TIPTREE ROAD RUNNERS T Skinner 23.28(35) D Mullane 22.15(33)

Fastest Lap - R Denmark Basildon A C 15.37 = Record

ESSEX COUNTY AAA wish to thank CHELMSFORD ATHLETIC CLUB for the use of their Clubhouse & Course for today's Championship. We also wish to thank all the Officials & Marshalls.

Howard Williams (Hon Secretary)
84 Tyelands, Billericay,
Essex, CM12 9PB (01277 625294)

Women Essex Road Relay Championship 1995.

Held in conjunction with the Chingford Relay.

Saturday 25th February 1995.

1. Colchester & Tendring AC.	52:40	S. McCann 17:48(4) J. Carswell 17:34(3) G. Greenhalgh 17:18.
2. Colchester Joggers 'A'.	52:53	N. Everett 17:27(3) A. Oakman 17:42(1) A. Sloane 17:44.
3. Thurrock H.	53:09	<u>T. Swindell 16:22(1)</u> A. Cook 19:50(4) S. Bridger 16:57.
4. Orion H.	53:31	J. Franklin 18:21(7) V. Sewell(V) 18:05(5) M. Joyce(V) 17:05.
5. Chelmsford AC.	55:08	<u>L. Branch 17:01(2)</u> S. Wells 18:19(2) J. Marie 19:48.
6. Ilford AC'A'.	55:44	M. Cambridge 18:57(9) P. Tester 18:18(6) J. Critchley 18:10.
7. Harwich AC.	58:00	C. Tisbury 18:11(6) E. Kivott 19:30(7) K. Snowling 20:19.
8. Tiptree AC'A'.	60:00	J. Adcock 20:37(12) B. Wallen 20:24(12) S. Baker 18:59.
9. Woodford Green AC.	60:34	K. Burns 21:33(17) K. Horswood 19:06(10) A. Wardle 19:55.
10. Barnet AC.	60:51	K. Henderson 20:24(11) S. Alexander 19:27(9) P. Wylie 21:00.
11. Colchester Joggers 'B'.	62:10	I. Firth 18:54(8) C. Scordis 22:33(14) L. Cudmore 20:43.
12. Ilford 'C'.	63:02	A. Spooner 20:45(13) S. Chambers 20:12(11) A. White 22:05.
13. Southend AC.	63:18	M. Williams 21:03(15) S. West 22:22(17) J. Candler 19:53.
14. Ilford 'B'.	63:47	P. Jones 19:39(10) C. Gains 22:36(15) W. Meader 21:32.
15. Billericay Striders.	63:53	C. Perry 17:53(5) L. Brosnan 20:41(8) S. Quinlivan 25:19.
16. Pitsea AC'A'.	64:06	T. Lewis 21:49(19) S. Carter 22:10(18) B. Dawson 20:07.
17. Pitsea 'B'.	69:53	L. Bates 22:43(20) J. Frake 25:30(20) S. Hockley 21:40.
18. Tiptree 'B'.	72:08	A. Mills 21:22(16) W. Hadgraft 25:10(19) E. Lorraine 24:36.
19. Pitsea 'C'.	73:59	J. Mills 24:15(21) R. Stevens 26:06(21) C. Weald 23:38.

Incomplete Teams.

Barnet 'B' M. Shirley 20:58(14) P. Anderson 20:08(13).
Ilford 'D' K. Franklin 21:49(18) L. Morgan 20:29(16).

Fastest Leg.

16:22 Tracy Swindell (Thurrock).

RV.

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Essex Veterans Road Relay Championships 1995.

Held in conjunction with the Chingford Relay. Saturday 25th February 1995.

1. Thurrock H. 'A'.	94:03	F. Johnson 18:22(1) T. Burton 20:05(3) F. Palmer 18:59(4) H. Bumstead 17:48(1) B. Sewell 18:49.
2. Chelmsford AC. 'A'.	96:08	R. Doe 19:30(5) P. Maddison 18:51(1) M. Fletcher 18:56(3) J. Sayers 19:51(4) B. Thorpe 19:00.
3. Ilford AC. 'A'.	96:52	S. May 19:17(3) G. Murdock 19:17(4) <u>A. Catton 17:44(1)</u> M. Herring 20:46(2) J. Mackenzie 19:48.
4. Tiptree AC. 'A'.	100:46	R. Richardson 18:55(2) A. Fisher 19:28(2) M. Beckett 18:47(20) D. Watts 19:55(3) B. Edmonds 23:41.
5. Orion H. 'A'.	101:41	B. Read 20:26(10) D. Warner 19:26(9) C. Finney 20:45(7) P. Cressy 19:55(5) K. Ward 21:09.
6. Billericay Striders.	103:09	S. Fulker 19:36(6) J. Wilson 21:32(7) D. Anderson 20:28(8) B. Cowling 22:05(7) J. Barber 19:28.
7. Loughton AC.	105:15	J. Whiffin 20:15(10) I. Hollyer 21:25(9) J. Cash 21:52(8) S. Hall 21:12(9) J. Hart 20:31.
8. Basildon AC.	105:34	A. Smith 20:31(14) K. Jackson 21:49(12) J. Stokoe 21:33(9) T. Dawson 19:47(6) J. Keys 21:54.
9. Eton Manor AC 'A'.	106:24	T. Everitt 20:27(12) G. Sayer 19:52(7) R. Pitcher 20:03(6) M. Fitzgibbon 23:25(8) T. Casey 22:37.
10. Ilford 'B'.	108:11	A. Nichol 21:13(17) B. McStocker 21:31(12) B. Corbett 22:34(1) G. Williams 21:07(11) B. Whitehead 21:46.
11. Woodford Green AC 'A'.	110:00	R. Green 20:33(15) V. Wilson 21:30(10) D. Prior 22:19(10) D. Chapman 20:25(10) J. Baker 25:13.
12. Colchester Joggers.	112:41	G. Clarke 20:28(13) J. Rushmer 21:42(11) T. Cudmore 24:56(13) D. Randall 22:59(13) C. Akehurst 22:36.
13. Pitsea AC 'A'.	113:18	R. Hill 22:59(18) R. Hurley 20:47(14) C. Gaitley 21:03(11) D. Shoosmith 24:57(12) P. Kellett 23:32.
14. Ilford 'C'.	119:56	A. Lovett 23:36(19) F. Heaney 24:19(17) J. McNamee 27:20(17) L. Roworth 19:56(15) G. Pells 24:45.
15. Harwich AC.	120:15	J. Gibson 24:04(21) R. Feavieour 23:45(16) J. Rogers 23:32(15) B. Arscott 24:34(16) R. Knott 24:20.
16. Pitsea 'B'.	124:23	K. Carey 24:42(23) D. Tobin 23:30(18) B. Wadsworth 23:30(16) G. Warwick 25:00(17) R. Frake 27:41.

Incomplete Teams.

Chelmsford 'B'. C. Ross 21:08(16) J. Taylor 22:47(15) J. Clark 25:25(14) P. Harris 22:47(14).
Woodford 'B'. L. Butcher 24:25(22) B. Hughes 25:06(19).
Southend AC. D. West 23:52(20) M. Seaman 31:14(20).
Havering AC. T. Pailthorpe 19:57(9).
Eton Manor 'B'. G. Smith 25:38(24).

RV.

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ESSEX COUNTY AMATEUR ATHLETIC ASSOCIATION - YOUNG ATHLETES ROAD RELAY CHAMPIONSHIPS,
THURROCK, ESSEX. 26th March 1995

All Championships approx.3 x 3000metres

UNDER 13 BOYS

1.Barking Abbey School 'A'	31.15	D Allen(3) 10.53 <u>G Coppin(1) 9.51</u> C Sykes 10.31
2.Basildon A C	32.20	A Lingard(2) 10.41 R Hallett(2) 11.07 D Singh 10.32
3.Orion H 'B'	32.52	K King(1) 10.40 P Holder(3) 11.15 T Pounds 10.57
4.Havering Mayesbrook A C 'A'	33.37	T Dymond(7) 11.03 N Hagan(5) 11.33 I Wellman 11.01
5.Thurrock H 'A'	33.52	D Bullen(4) 10.55 P Roast(8) 12.17 S Frost 10.40
6.Woodford Green A C 'A'	34.31	J Cromie(5) 11.02 A Abley(4) 11.03 J Wright 12.26
7.Orion H 'B'	34.43	J Donhou(8) 11.26 A Hicken(7) 11.44 M Clarke 11.33
8.Havering Mayesbrook A C 'B'	34.47	L Hallmark(10) 11.48 G Osborne(6) 11.17 D Hallmark 11.42
9.Newham & Essex Beagles A C 'A'	35.33	M Wilson(18) 12.34 D Hoey(13) 11.54 J Ball 11.05
10.Barking Abbey School 'B'	35.56	J Davis(9) 11.44 B Mayo(9) 11.47 B Hudson 12.25
11.Orion H 'C'	36.05	D Holder(11) 12.01 T Gaul(12) 12.15 A Williamson 11.49
12.Thurrock H 'B'	36.06	D Crispin(14) 12.22 M Bumstead(10) 11.20 C Hutton 12.24
13.Colchester Joggers A C 'A'	36.12	H Longhurst(12) 12.11 D Bridgeman(11) D King 12.04
14.Havering Mayesbrook A C 'C'	37.21	S Murphy(15) 12.29 C Healey(15) 12.54 A Sanderson 11.58
15.Colchester Joggers A C 'B'	38.22	G Robson(16) 12.34 D King(14) 12.29 A Wheat 13.19
16.Havering Mayesbrook A C 'D'	39.06	J Smith(13) 12.20 M Dalby(16) 13.22 D Osborne 13.24
17.Chelmsford A C	39.47	C Standon(21) 13.38 A Owen(19) 12.59 T Nunn 13.10
Incomplete Teams -		
Halstead Road Runners		P Graham(17) 12.33 D Richardson(17) 13.25
Colchester Joggers A C 'C'		M Ager(23) 14.43 R Garnham(21) 13.36
Newham & Essex Beagles A C 'B'		S Slater(19) 12.45 I Bennett(22) 16.42
Woodford Green A C 'B'		S Gilligan(20) 13.12 T Heales(18) 12.56

UNDER 15 BOYS

1.Newham & Essex Beagles A C	30.45	L Samrter(4) 10.24 C Daly(3) 10.34 <u>M Church 9.47</u>
2.Thurrock H	31.13	L Crispin(9) 11.13 A Stops(5) 10.12 N Bangs 9.48
3.Havering Mayesbrook A C 'A'	31.29	J Deacon(1) 10.03 K Benton(2) 10.40 M Cooper 10.46
4.Southend A C 'A'	32.07	A Conway(2) 10.14 J Church(1) 10.00 T Al-Salihi 11.53
5.Colchester Joggers A C 'A'	32.32	P Garnham(6) 10.27 C Jones(4) 10.49 J Longhurst 11.16
6.Woodford Green A C 'A'	32.58	J Isaacs(5) 10.25 M Sharkey(6) 11.00 S Thompson 11.33
7.Havering Mayesbrook A C 'B'	33.14	N Fordyce(7) 10.58 S Walker(8) 11.06 G Tattam 11.10
8.Barking Abbey School	33.49	R Lloyd(3) 10.18 C Hawkins(7) 11.15 T Pearce 12.16
9.Woodford Green A C 'B'	33.55	J Lodge(10) 11.15 S Nash(10) 11.09 M Allison 11.31
10.Woodford Green A C 'C'	35.06	M Warne(12) 11.56 M Box(11) 11.07 N Robinson 12.03
Incomplete Team -		
Havering Mayesbrook A C 'C'		J Eve(13) 12.03 P Hardy(13) 13.13
Southend A C 'B'		K McGill(8) 11.01 M Sheem(9) 11.13

UNDER 17 MEN

1. Basildon A C	28.47	D Carroll(2) 9.50	G Riddell(1) 9.21	S Sterling 9.36
2. Woodford Green A C 'A'	29.14	S Haynes(1) 9.46	P Munday(2) 10.01	S Austin 9.27
3. Havering Mayesbrook A C 'A'	30.11	P Hagan(5) 10.13	R Dickenson(3) 10.01	J Ives 9.57
4. Havering Mayesbrook A C 'B'	31.31	P Grange(3) 10.07	A Estcourt(4) 10.11	D Wardrop 11.13
5. Woodford Green A C 'B'	32.09	S Ashley(6) 10.33	D Sharpstone(5) 10.06	J Pribul 11.30
6. Colchester Joggers A C	32.20	R Davies(7) 10.47	J Cudmore(6) 10.50	G Copley 10.43
7. Southend A C	32.47	D Buckley(4) 10.08	S Taylor(7) 11.30	P Barry 11.09
Incomplete Team - Woodford Green A C 'C'		M Houghton(8) 11.16		

UNDER 13 GIRLS

1. Chelmsford A C	35.17	L Walland(12) 12.51	L Williams(2) 10.58	L Winter 11.28
2. Basildon A C 'A'	35.30	E Childs(3) 11.49	V Harris(1) 11.59	H Brook 11.42
3. Thurrock H 'A'	35.44	L Gorin(1) 11.38	L Bailey(5) 12.26	L Green 11.40
4. Havering Mayesbrook A C 'B'	35.53	F Fullerton(4) 11.53	S Humphries(3) 12.05	L Claridge 11.55
5. Southend A C 'A'	36.11	L Biscoe(2) 11.43	K Sheern(6) 12.48	R Taylor 11.40
6. Harlow R C 'A'	36.40	J Edwards(7) 12.03	C Latchford(4) 11.58	R Conway 12.39
7. Havering Mayesbrook A C 'A'	37.20	S Sullivan(9) 12.16	N Isaacs(9) 12.52	E Wallace 12.12
8. Basildon A C 'B'	37.23	L Butterworth(6) 11.56	H Nutt(7) 12.41	D Thomas 12.46
9. Orion H	37.50	H Stubbs(5) 11.54	K Waldrab(8) 13.01	L Holder 12.55
10. Colchester & Tendring A C 'A'	39.38	A Holland(14) 13.03	S Aspinall(13) 13.30	G Smith 13.05
11. Harlow R C 'B'	40.05	K Moss(13) 12.59	K Hawkins(15) 13.55	A Martin 13.11
12. Colchester & Tendring A C 'B'	40.33	J Northover(21) 13.35	M Hearsun(16) 13.52	B Goodman 13.06
13. Ilford A C	41.15	K Walker(22) 14.10	S Macdonald(18) 13.53	A Wallace 13.12
14. Thurrock H 'B'	41.31	C Gorin(10) 12.18	S Ford(12) 14.14	N George 14.59
15. Havering Mayesbrook A C 'C'	41.32	A Toogood(15) 13.13	S Duboos(11) 13.07	L Deadman 15.12
16. Barking Abbey School	41.37	Z Mayo(11) 12.46	C O'Malley(14) 14.07	L Lloyd 14.44
17. Woodford Green A C	41.42	E Rockett(16) 13.14	J Munday(17) 14.33	S Grant 13.55
18. Halstead R R	42.20	M Lane(18) 13.21	H Fuggle(20) 15.31	J Ludlum 13.28
19. Southend A C 'B'	42.50	R Smith(17) 13.17	A Simpson(19) 15.30	H Candler 14.03
20. Colchester Joggers A C 'A'	43.28	D Bacon(19) 13.23	N Wheat(21) 16.18	D Guemari 13.47
21. Colchester Joggers A C 'B'	46.30	C Kerble(23) 14.23	H Stuart(22) 15.54	N Wren 16.13
22. Newham & Essex Beagles A C 'A'	49.42	L Dunsdon(25) 18.20	C Fayers(23) 17.08	M Daly 14.14
Incomplete Teams - Basildon A C 'C'		G Low(8) 12.13	S Phipps(10) 13.59	
Newham & Essex Beagles A C 'B'		H Bennett(24) 16.09		
Woodford Green A C 'B'		E Wells(20) 13.31		

UNDER 15 GIRLS

1.Havering Mayesbrook A C 'A'	34.36	L Nevills(3) 11.07 S Osborne(2) 11.56 V Tester 11.33
2.Basildon A C 'A'	35.14	J Lawford(7) 11.46 K Smith(3) 11.40 D Sterling 11.48
3.Havering Mayesbrook A C 'B'	36.05	M Gambererdella(8) 12.08 L Naylor(4) 12.05 L Fair 11.52
4.Thurrock H	36.11	J Eckersley(2) 11.04 D Taylor(5) 13.29 V Purkiss 11.38
5.Essex Ladies A C	36.22	R Connelly(16) 12.59 K Reilly(9) 11.51 K Gasper 11.32
6.Ilford A C	36.49	<u>H Matthew(1) 10.56</u> S Chambers (1) 12.04 C Wilson 13.49
7.Basildon A C 'B'	37.33	R Dangerfield(10) 12.35 D Carroll(8) 12.13 L Cole 12.45
8.Chelmsford A C	37.55	M Hewlett(14) 12.53 E Hendle(11) 12.41 E Allen 12.21
9.Southend A C	38.12	L Harris(4) 11.19 Z Storrar(12) 14.26 L Williams 12.27
10.Barking Abbey School	38.44	G Gladden(6) 11.38 J Plant(7) 13.08 K Smith 13.58
11.Orion H	38.51	J Martin(5) 11.33 L Semerdak(6) 13.06 E Holmes 14.12
12.Colchester & Tendring A C	38.57	C Vicary(11) L Burfoot(15) 14.47 S Goodnan 11.32
13.Newham & Essex Beagles A C 'A'	38.59	S Fayers(15) 12.57 C Taylor(14) 13.49 N Cessay 12.13
14.Woodford Green A C	40.03	E Courcha(13) 12.43 V Lincoln(13) 13.56 L Houghton 13.24
15.Colchester Joggers A C	44.09	A Wyatt(17) 14.16 D Kemble(16) 13.53 L Rushmer 16.00
()Newham & Essex Beagles A C 'B'	44.35	L Polius(18) 14.51 S Shams(17) 16.04 S Ball 13.40
Incomplete Teams -		
Basildon A C 'C'		S Patient(9) 12.22 K Willis(10) 12.42
Harlow R C		E Turvey(12) 12.41

UNDER 17 WOMEN

1.Colchester & Tendring A C	34.42	J Carswell(1) 11.27 H Bloomfield(1) 12.23 <u>G Greenhalgh 10.52</u>
2.Essex Ladies A C	36.56	T Mordecia(3) 12.31 C Murrey(2) 12.07 K Thurston 12.18
3.Basildon A C	38.56	A Richards(4) 13.40 H Wingrove(3) 12.28 L Huxen 12.48
Incomplete Team -		
Thurrock H		L Rickett(3) 12.34

() ESSEX COUNTY AAA would like to thank THURROCK HARRIERS for the use of their course and Clubhouse for today's Championships. We also wish to thank all the Officials & Marshalls for their assistance.

Howard Williams(Hon Secretary)
84 Tyelands,Billericay,
Essex,CM12 9PB (01277 625294)

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