

ESSEX COUNTY AMATEUR ATHLETIC ASSOCIATION

President: S.T. HART, ESQ.

20 Miles Road Running Championship at Thurrock, Essex. 6th May 1979

INDIVIDUAL RESULT

		<u>FINISH</u>	<u>5 Miles</u>	<u>10 Miles</u>	<u>15 Miles</u>
1. P. RICHARDSON	HAVERING A.C.	1. 42.46	25.38	50.54	76.20
2. A. ETCHELLS	Guest	44.38	25.38	50.54	77.00
3. P. BRYAN	HAVERING A.C.	45.32	26.20	52.08	77.50
4. B. DISS	"	45.46	25.38	51.31	78.04
5. R. GILL	ILFORD A.C.	47.43	26.11	53.02	80.07
6. M. HERRING	"	50.48	26.20	53.02	80.07
7. I. MCKENZIE	Guest	51.38	27.20	54.54	82.48
8. G. VALENTINE	BASILDON A.A.C.	52.45	27.20	54.54	83.14
9. F. THOMAS	CHELMSFORD A.C.	52.47	27.20	54.54	83.14
10. R. GOAD	BASILDON A.A.C.	53.07	26.58	54.40	83.19
11. K. GILL	ESSEX BEAGLES A.C.	53.53	26.46	54.29	83.10
12. J. HALLIDAY	Guest	54.41	28.42	57.54	85.52
13. K. WARD	LOUGHTON A.C.	55.48	27.26	55.11	84.12
14. P. DOBBS	THURROCK H.	56.10	27.20	54.56	84.14
15. G. MESSENGER	LOUGHTON A.C.	56.12	27.40	56.12	85.44
16. A. THOMAS	Guest	56.16	27.22	56.12	85.44
17. B. THOMAS	SOUTHEND-ON-SEA A.C.	56.51	28.35	57.29	86.32
18. T. HOYLES	HAVERING A.C.	56.51	28.35	57.29	86.32
19. D. PRIOR	WOODFORD GREEN A.C.	56.56	29.22	58.18	87.12
20. S. HERRINGTON	" "	57.30	29.22	58.18	87.12
21. M. PEEL	Guest	58.43	29.36	60.02	89.40
22. P. FILLER	ORION H.	58.48	29.25	59.06	88.18
23. C. TURNER	WOODFORD GREEN A.C.	59.14	29.36	60.02	89.40
24. K. WILKINSON	CHELMSFORD A.C.	59.23	27.20	56.04	86.28
25. R. SMITH	WOODFORD GREEN A.C.	59.24	29.36	59.06	88.33
26. M. BURGESS	BASILDON A.A.C.	59.38	28.42	58.12	88.02
27. A. LOVETT	ILFORD A.C.	2. 01.31	29.22	58.18	87.43
28. M. ROSBROOK	BASILDON A.A.C.	02.38	29.22	58.47	89.52
29. L. DUNBAR	ILFORD A.C.	02.51	28.35	57.38	87.52
30. C. MOLD	HAVERING A.C.	04.45	29.27	59.31	90.52
31. T. SANUELS	"	05.24	29.51	60.32	91.47
32. J. MOUNTAIN	CHELMSFORD A.C.	06.48	30.39	61.52	93.21
33. R. MAYNARD	LOUGHTON A.C.	09.04	30.21	60.59	92.35
34. D. JONES	ILFORD A.C.	09.53	30.39	61.52	93.58
35. B. SMART	ORION H.	11.22	30.59	63.02	96.19
36. S. VANE	THURROCK H.	11.31	29.28	60.15	93.00
37. D. JONES	WOODFORD GREEN A.C.	13.01	32.31	65.51	99.13
38. D. HARRIS	COLCHESTER A.C.	13.17	30.59	63.02	96.38
39. R. WARNER	ORION H.	13.30	31.02	62.48	95.00
40. M. BRIDGES	CHELMSFORD A.C.	16.58	31.41	65.51	99.13
41. A. STEVENS	WOODFORD GREEN A.C.	17.29	32.31	66.19	101.03
42. J. CRAFER	LOUGHTON A.C.	19.30	32.22	66.09	101.03
43. B. HOBBS	MAYLANDS A.C.	20.24	32.01	64.55	99.44
44. D. WARNER	ORION H.	21.05	30.59	62.48	95.09
45. D. TAYLOR	Guest	23.04	32.31	66.19	102.05
46. D. WHEATON	THURROCK H.	24.10	32.39	66.58	102.41
47. R. CARTER	MAYLANDS A.C.	26.21	30.58	63.09	99.00
48. B. WILLIAMS	Guest	49.25	34.25	73.37	117.33
49. Miss M. THOMAS	Guest	52.12	38.11	77.38	118.47

NON-FINISHERS

D. WATTS	ESSEX BEAGLES A.C.	26.22		
G. KILL	BASILDON A.A.C.	32.31	66.19	104.01
K. JONES	ORION H.	29.36		
D. BARRETT	THURROCK H.	29.27	60.25	94.31
J. STEVENS	MAYLANDS A.C.	34.16	74.28	
L. MATHIESON	BASILDON A.A.C.	31.49	63.32	
B. HICKS	WALTHAMSTOW A.C.	29.22	58.23	88.08
P. DARBY	BASILDON A.A.C.	29.28	59.34	

TEAM CHAMPIONSHIP

1. HAVERING A.C.	(1,2,3)	6 pts.	5. LOUGHTON A.C.	(10,12,28)	50
2. ILFORD A.C.	(4,5,22)	31	6. CHELMSFORD A.C.	(7,19,32)	58