

INDIVIDUAL CHAMPIONSHIP

		FINISH	5 Miles	10 Miles	15 Miles
TAN	HAVERING A.C.	1. 48.32	27.42	54.51	81.36
SS	"	49.52	27.42	55.21	82.45
CHARDSON	"	55.11	28.33	57.17	85.54
LLANE	CHELMSFORD A.C.	55.33	28.33	57.25	85.57
INS	BASILDON A.A.C.	57.56	29.42	59.32	88.18
RD	LOUGHTON A.C.	58.12	29.04	59.13	88.52
LENTINE	BASILDON A.A.C.	58.51	29.04	59.13	88.36
BROOK	"	2. 01.23	30.37	61.00	91.07
RPENTER	COLCHESTER A.C.	03.40	30.37	61.32	92.18
PTS	UNATTACHED	06.19	31.35	62.52	94.28
UNTAIN	CHELMSFORD A.C.	06.41	31.35	63.09	94.47
ELLS	"	07.52	31.35	63.25	95.36
ANLEY	BASILDON A.A.C.	08.12	31.46	64.11	96.11
VIES	ORION H.	10.46	33.12	66.38	99.10
DREWS	HAVERING A.C.	12.36	34.21	68.36	100.22
EVENS	WOODFORD GREEN A.C.	14.32	33.04	66.48	100.25
ART	ORION H.	14.51	33.12	67.27	101.45
STRONG	ILFORD A.C.	15.12	33.04	65.41	97.40
MUELS	HAVERING A.C.	15.45	32.12	64.49	97.30
GRIE	HARLOW A.C.	16.17	34.58	69.25	103.17
DIS	BASILDON A.A.C.	17.51	33.46	68.28	103.08
RNER	ORION H.	17.57	32.33	65.41	99.24
IGHT	TENDRING A.C.	20.18	33.20	66.57	101.29
VES	ILFORD A.C.	21.01	35.12	70.57	106.15
EDGES	CHELMSFORD A.C.	22.03	31.50	65.18	102.42
DDEN	LOUGHTON A.C.	24.59	31.10	64.06	99.31
FFORD	ORION H.	27.30	35.17	72.52	110.35
PHIESON	TENDRING A.C.	33.17	36.06	73.36	111.43
PTER	CHELMSFORD A.C.	34.56	36.34	74.49	114.40

NON-FINISHERS

DKISS	COLCHESTER A.C.	32.04	66.11	109.12
CKMAN	HARLOW A.C.	35.04	71.58	109.55

TEAM CHAMPIONSHIP

1. HAVERING A.C. (1,2,3) = 6 pts.
2. BASILDON A.A.C. (5;7,8) = 20
3. CHELMSFORD A.C. (4,11,12) = 27
4. ORION H. (14,17,22) = 53

ESSEX COUNTY A.A.A. wish to express their thanks to FARRANS(CONSTRUCTION) LTD. for their sponsorship of Today's Championships, and to TENDRING ATHLETIC CLUB and their many helpers for the organisation and promotion of the event.

Howard Williams  
(Hon. Road Secretary)