

ESSEX COUNTY AMATEUR ATHLETIC ASSOCIATION
President: The Lord Lieutenant of Essex, Admiral Sir Andrew Lewis, KCB JP.
20 Miles Road Running Championship, at Clacton-on-Sea, Essex. 26th March 1983

INDIVIDUAL CHAMPIONSHIP

		<u>FINISH</u>	<u>5 miles</u>	<u>10 miles</u>	<u>15 miles</u>
1.	P. BRYAN	HAVERING	1.48.09	27.30	54.16
2.	P. RICHARDSON	CHELMSFORD	49.26	27.30	55.03
3.	A. BARDEN	BASILDON	50.28	27.42	55.05
4.	B. NASH	DARTFORD (GUEST)	51.40	27.49	56.21
5.	P. DOBBS	THURROCK	53.15	28.49	57.42
6.	D. NORMAN	CHELMSFORD	53.26	27.49	56.29
7.	M. HERRING	ILFORD	53.32	27.55	56.42
8.	P. STOCKINGS	WOODFORD GN.	54.40	28.06	56.51
9.	D. MULLANE	CHELMSFORD	55.09	28.06	57.07
10.	P. WELLS	SOUTHEND	56.43	28.55	58.25
11.	R. BARTON	CHELMSFORD	56.45	29.02	58.25
12.	A. KIMBER	DARTFORD (G)	56.48	28.40	58.25
13.	R. TURNER	WOODFORD GN.	57.32	29.20	59.14
14.	R. GOAD	BASILDON	58.10	28.35	58.16
15.	F. THOMAS	CHELMSFORD	58.23	29.02	58.25
16.	R. CONNOLLY	ORION	59.10	29.03	58.26
17.	J. MOUNTAIN	CHELMSFORD	2.00.09	30.06	60.15
18.	D. WATTS	CHELMSFORD	00.25	30.36	60.35
19.	D. STANLEY	BASILDON	01.14	29.04	58.25
20.	J. FITTON	DARTFORD (G)	01.29	30.41	61.01
21.	P. COBDEN	CHELMSFORD	01.51	30.06	61.10
22.	G. CARPENTER	COLCHESTER	01.59	31.02	62.21
23.	L. HISLOP	ILFORD	02.53	30.06	60.15
24.	C. CHALK	COLCHESTER	02.57	30.25	61.20
25.	R. WADE	THURROCK	03.41	30.36	61.08
26.	R. HOWE	WALTHAMSTOW	03.43	31.30	63.00
27.	S. HERINGTON	WOODFORD GN.	06.35	30.06	60.18
28.	C. ADAMS	ORION	06.53	31.23	64.04
29.	R. SNOW	UNATTACHED	07.39	32.42	64.52
30.	W. MARTIN	UNATTACHED	07.39	32.42	64.52
31.	C. WINWARD	WALTHAMSTOW	08.58	31.30	63.00
32.	D. JONES	WOODFORD GN.	09.02	33.25	65.44
33.	D. OCHILTREE	WOODFORD GN.	09.08	33.26	65.44
34.	R. HANKS	COLCHESTER	09.19	31.02	63.15
35.	BURGESS	WOODFORD GN.	09.29	33.04	65.44
36.	J. CHAPMAN	CANVEY ISLAND	11.50	31.02	63.15
37.	B. ALLEN	UNATTACHED	12.04	33.25	65.44
38.	T. NEILD	THURROCK	12.14	36.35	67.12
39.	J. PETERS	DARTFORD (G)	12.44	32.33	65.39
40.	J. HOY	ORION	14.02	33.04	66.55
41.	A. MONDAY	DARTFORD (G)	14.13	30.56	62.56
42.	P. SOUTHERN	OCL RUNNING CLUB	14.37	33.56	67.50
43.	B. ARMSTRONG	ILFORD	15.36	31.30	63.41
44.	P. WEST	BASILDON	17.57	33.27	67.30
45.	J. OSBOURNE	UNATTACHED	18.27	33.04	66.45
46.	D. JONES	ILFORD	18.33	33.28	68.41
47.	C. BRITTAIN	UNATTACHED	18.48	33.04	67.11
48.	W. ARCHER	DARTFORD (G)	19.47	33.17	67.35
49.	P. MORDEY	CHELMSFORD	19.53	34.27	69.37
50.	P. GOODFELLOW	CHELMSFORD	20.57	34.26	69.37

ESSEX COUNTY AMATEUR ATHLETIC ASSOCIATION
20 Miles Road Running Championship, 1983, continued

		FINISH	5 miles	10 miles	15 miles	
51.	J. GILL	CHELMSFORD	2.22.19	34.26	69.37	104.45
52.	R. KEBBELL	BASILDON	23.40	33.26	67.35	102.08
53.	D. BAKER	DARTFORD (G)	25.49	34.03	70.01	107.33
54.	G. KILL	BASILDON	26.13	35.16	71.35	108.22
55.	J. RANDALL	ORION	26.58	36.35	67.35	106.35
56.	G. PELLIS	ILFORD	27.23	35.30	72.13	107.50
57.	J. WRIGHT	TENDRING	27.38	36.35	74.16	110.49
58.	D. WHEATON	THURROCK	27.48	37.07	73.45	110.39
59.	L. MATHIESON	TENDRING	27.52	36.35	74.16	110.52
60.	M. PAICE	WALTHAMSTOW	29.26	35.05	71.11	108.10
61.	G. CLARK	TENDRING	30.43	36.35	74.16	111.15
62.	H. DUHAUT	TENDRING	33.24	36.35	74.16	111.15
63.	PAM JONES (G)		33.25	37.32	75.49	114.10
64.	D. MOLES	CHELMSFORD	33.31	34.26	72.09	110.44
65.	J. PAYNE	TENDRING	34.19	36.35	74.44	114.10
66.	W. SMITH	TENDRING	34.19	36.35	74.44	114.10
67.	R. PRUDENCE	CHELMSFORD	40.36	39.02	79.35	119.19
68.	C. SAUNDERS	OCL RUNNING CLUB	44.51	38.43	79.36	120.50
69.	D. WEST	OCL RUNNING CLUB	47.53	40.06	81.34	123.05
70.	P. NEWTON	OCL RUNNING CLUB	53.33	36.35	74.32	115.39
71.	A. POYNTER	WALTHAMSTOW	54.33	41.11	85.15	129.48
72.	C. DANDO	SOUTHEND	58.50	38.09	77.15	121.57

NON-FINISHERS

C. TURNER	WOODFORD GN.	29.20	59.14	88.58
D. ABBOTT	CHELMSFORD	29.47	64.22	
D. WARNER	ORION	33.04	66.55	
S. MILBURN	OCL RUNNING CLUB	36.20	75.02	
C. PLASTER	OCL RUNNING CLUB	36.35		
R. CORKER	OCL RUNNING CLUB	35.10		

TEAM CHAMPIONSHIP

1. CHELMSFORD A.C. (2,5,8) = 15 pts.	6. COLCHESTER A.C. (19,21,31) = 71 pts.
2. BASILDON A.A.C. (3,12,17) = 32	7. ORION H. (14,25,36) = 75
3. WOODFORD GREEN A.C. (7,11,24) = 42	8. WALTHAMSTOW A.C. (23,28,53) = 104
4. THURROCK H. (4,22,35) = 61	9. TENDRING A.C. (50,52,54) = 156
5. ILFORD A.C. (6,20,38) = 64	10. OCL RUNNING CLUB (37,60,61) = 158

ESSEX COUNTY A.A.A. wish to thank TENDRING ATHLETIC CLUB, all their Officials and Course Marshalls and other helpers and the County Officials for the organisation and promotion of the event. Our thanks are also due to our sponsors - Messrs. FARRAN(CONSTRUCTION) LTD. and THE COLCHESTER BUILDING SOCIETY.

Howard Williams
(Hon. Road Secretary)
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