

ESSEX COUNTY AMATEUR ATHLETIC ASSOCIATION
 20 MILES ROAD RUNNING CHAMPIONSHIP, ORION HARRIERS H.Q.
 CHINGFORD, ESSEX. 30th MARCH 1985

Individual Result

		<u>20 Miles</u>	<u>5 Miles</u>	<u>10 Miles</u>	<u>15 Miles</u>
1. A. BARDEN	Basildon	1. 53.32	27.41(2)	55.57(2)	84.11(2)
2. G. WEBB	Ilford	57.44	29.48(17)	58.47(8)	87.59(7)
3. M. BOND	Colchester	57.46	29.06(8)	58.48(9)	87.59(5)
4. P. STOCKINGS	Woodford Green	59.29	27.56(5)	57.36(5)	87.08(4)
5. P. WEST	Colchester	2.00.28	29.07(9)	58.47(7)	87.59(6)
6. D. CRIPPS	Basildon	01.01	28.08(6)	58.18(6)	88.32(8)
7. R. MAYNARD	Orion	02.32	29.26(14)	59.34(13)	90.14(10)
8. J. MADDEN	Ilford	03.54	29.18(12)	59.19(11)	89.38(9)
9. M. O'CONNOR	Harlow	04.13	28.54(7)	59.08(10)	90.40(12)
10. D. LEAHY	Orion	04.32	30.57(31)	62.19(24)	92.50(18)
11. J. STELFOX	Thurrock	05.06	29.09(10)	59.52(15)	91.40(14)
12. R. BARTON	Chelmsford	05.18	29.57(18)	61.14(18)	92.44(17)
13. G. COBDEN	Braintree	05.46	29.10(11)	59.38(14)	90.50(13)
14. R. HOGG	Woodford Green	06.33	29.18(13)	59.20(12)	90.28(11)
15. B. HEMPSTEAD	Colchester	06.43	30.34(22)	62.05(21)	93.38(19)
16. J. MOUNTAIN	Chelmsford	07.03	30.51(29)	62.31(27)	94.24(23)
17. J. MERCER (Guest)	Boro. of Enfield	07.10	31.50(41)	63.34(36)	95.02(27)
18. S. WALLACE	Tendring	07.30	30.06(19)	61.51(20)	93.48(21)
19. T. READ	Orion	07.33	31.09(38)	63.17(34)	94.45(25)
20. L. PARROTT	Havering	09.24	30.21(20)	62.14(23)	94.20(22)
21. P. WEST	Basildon	09.49	30.26(21)	62.13(22)	94.25(26)
22. R. HOWE	Walthamstow	09.53	30.38(24)	62.22(25)	95.06(28)
23. C. ADAMS	Orion	10.03	31.08(36)	63.04(33)	95.11(29)
24. R. WARNER	Orion	10.10	31.59(47)	64.37(41)	97.07(35)
25. B. CONCANNON	Harlow	10.26	30.36(23)	61.45(19)	92.44(16)
26. T. RHODES	Harlow	10.33		63.34(35)	96.10(31)
27. C. CHALK	Colchester	10.38	31.00(34)	62.40(28)	94.52(26)
28. P. McLELLAND	Harwich	10.51	30.40(25)	62.50(29)	96.06(30)
29. B. BAKER	Havering	11.02	30.45(28)	63.03(32)	96.12(33)
30. A. STEVENS	Woodford Green	11.24		62.53(31)	96.10(32)
31. R. CONNOLLY	Orion	11.33	29.36(15)	60.12(16)	92.04(15)
32. KIM WEBB (Guest)	Ilford	12.39	31.54(44)	65.22(44)	98.57(42)
33. L. ROWARTH	Ilford	12.39	31.55(45)	65.22(43)	98.57(41)
34. B. PERRY	Woodford Green	12.45	31.45(39)	64.30(40)	98.03(37)
35. C. FINNEY	Ilford	13.04	31.54(43)	65.22(45)	98.57(43)
36. P. COBDEN	Chelmsford	15.36	29.40(16)	61.14(17)	93.44(20)
37. I. EDWARDS	LRRC	15.44	31.09(38)	64.58(42)	98.30(40)
38. T. WHEELER (Guest)	Harlow	16.11	32.11(49)	65.38(48)	99.59(47)
39. J. WINWARD	Walthamstow	17.00	32.43(51)	66.22(50)	100.30(48)
40. K. PARRY	Brentwood	17.15	32.44(53)	66.41(51)	100.30(49)
41. J. MOORE	Ilford	18.50	32.03(48)	65.30(46)	99.50(46)
42. E. BUTCHER	Colchester	19.16		66.47(53)	101.41(50)
43. J. DOWNS	Ilford	20.25	34.27(70)	69.58(62)	104.45(57)
44. R. GRAHAM	Braintree	20.56	31.55(46)	66.12(49)	101.53(51)
45. R. COBDEN	Braintree	21.12	31.08(36)	64.09(38)	99.37(44)
46. J. CLARK	Colchester	21.28	33.04(59)	68.19(57)	103.26(54)
47. D. PRIOR	Woodford Green	22.09	32.18(50)	65.38(47)	98.26(39)
48. D. COOPER	Canvey Island	23.09	32.56(55)	66.58(54)	102.41(52)
49. R. KEBBELL	Basildon	23.59	33.38(63)	68.29(58)	103.58(56)
50. H. RHYS	Ilford	24.22	30.51(29)	62.52(30)	98.07(38)
51. R. SNOW	Harwich	24.56	32.56(56)	66.41(52)	102.50(53)
52. R. MALCOLM	Ilford	25.05	33.25(61)	68.36(60)	105.18(59)
53. J. WILLIAMS	Harlow	26.13	30.59(33)	63.46(36)	99.42(45)
54. G. WATSON	Canvey Island	26.35	34.41(73)	70.57(70)	107.35(63)
55. P. GRANT	Orion	27.37	34.35(71)	70.23(66)	107.37(64)
56. G. PELLIS	Ilford	28.28	33.54(65)	70.11(64)	107.23(62)
57. G. ROBERTSON	Tendring	29.01	34.11(67)	70.28(68)	108.23(65)
58. W. FRENCH	Orion	29.34	34.53(74)	70.59(71)	108.39(66)
59. K. JONES	Orion	30.29	34.23(69)	70.57(73)	107.22(61)
60. PAM JONES (Guest)	Ilford	30.59	35.54(83)	73.55(77)	112.42(75)

ESSEX COUNTY 20 MILES CHAMPIONSHIPS 1985 (Continued)

		<u>20 Miles</u>	<u>5 Miles</u>	<u>10 Miles</u>	<u>15 Miles</u>
61. M. CARR	Woodford Green	2.33.47	35.31(76)	73.11(74)	112.30(71)
62. D. JONES	Ilford	35.06	35.53(82)	73.55(78)	112.42(74)
63. P. RAPLEY	Harlow	35.27	35.28(75)	73.08(73)	112.40(73)
64. R. THOMPSON	Orion	36.09	35.39(79)	73.32(75)	112.34(72)
65. A. PORTER	Ilford	36.51	34.38(72)	70.28(78)	111.30(68)
66. P. WINSTON	Walthamstow	37.06	35.39(78)	71.54(72)	110.11(67)
67. J. WATTS	Harwich	39.05	32.57(57)	67.07(55)	106.00(60)
68. G. DUNN	Braintree	39.33	36.10(83)	74.59(81)	116.05(77)
69. P. STEWARD	Harwich	39.55	33.12(60)	70.23(65)	111.56(69)
70. L. MONK	Havering	43.52	37.17(89)	76.54(84)	117.37(78)
71. A. PARSONS	Chelmsford	52.29	36.24(85)	75.37(82)	121.01(80)
72. V. BURLEY	Basildon	53.32	36.23(84)	74.28(80)	118.38(79)
73. A. POYNTER	Walthamstow	3.14.30	40.59(91)	86.57(87)	137.17(83)

P. WHYMARK (Guest) Colchester 1.52.44 27.16(1) 55.14(1) 83.25(1)

Non-Finishers -

J. BISHOP	Chelmsford		27.48(3)	56.58(4)	
D. OCHILTREE	Woodford Green		35.47(80)	73.55(79)	
T. LIGGINS	Brentwood		32.44(54)		
R. PRUDENCE	Chelmsford		42.07(92)	88.25(88)	
R. TUFFIN	Chelmsford		43.00(93)	93.04(89)	
B. DISS	Havering		27.51(4)	56.58(3)	86.56(3)
D. PIZZEY	Canvey Island		36.49(86)	76.29(83)	
C. RATCLIFF	Chelmsford		40.26(90)	80.51(86)	125.38(82)
C. CAUNT	Woodford Green		35.49(80)	73.32(76)	
M. JONES	Harlow		35.29(75)	78.32(85)	
I. HETHERINGTON	Harwich		33.02(58)	69.47(61)	121.23(81)

TEAM CHAMPIONSHIP

1. COLCHESTER A.C.	23pts.	7. CHELMSFORD A.C.	62pts.
2. BASILDON A.A.C.	27	8. BRAINTREE A.C.	100
3. ORION H.	35	9. HAVERING A.C.	114
4. ILFORD A.C.	41	10. WALTHAMSTOW A.C.	121
5. WOODFORD GREEN A.C.	47	11. HARWICH R.C.	140
6. HARLOW A.C.	58		

ESSEX COUNTY A.A.A. wish to thank all the Officials and Marshalls who assisted in promoting todays Championship, and ORION HARRIERS for the course and the use of their Headquarters.

H. Williams
(Hon. Road Sec.)
84 Tyelands, Billericay,
Essex, CM12 9PB. (02774 25294)