

ESSEX COUNTY 20 MILES ROAD CHAMPIONSHIP 2nd MAY 1970
at THURROCK

POSN.	NAME	CLUB	5miles	10miles	15miles	20miles
1	D.Staines	Thurrock	26.27	53.20	81.00	1.47.43
2	T.Pailthorpe	Havering	26.27	53.17	80.52	1.48.09
3	M.Prosser	Ilford	26.27	53.17	81.47	1.50.28
4	M.Coleman	"	27.08	54.12	82.16	1.51.40
5	M.Emms	Woodford	27.39	56.27	85.27	1.52.52
6	D.Prior	"	27.39	56.27	85.27	1.52.52
7	S.Walker	Thurrock	27.08	54.36	84.18	1.53.45
8	P.Bryan	Havering	27.08	54.14	83.05	1.54.09
9	L.Parrott	"	27.39	56.27	84.18	1.54.30
10	A.Alderson	Ilford	27.39	56.27	85.37	1.55.43
11	D.Watts	Essex Bles.	28.59	57.35	86.11	1.56.05
12	S.Webb	"	29.35	60.17	90.51	2.00.54
13	S.Lloyd	Ilford	29.31	60.18	91.18	2.01.17
14	E.Andrews	Havering	28.31	59.03	90.59	2.05.31
15	D.Cooper	"	29.33	60.24	92.47	2.06.01
16	R.Blois	Basildon	30.17	61.09	93.18	2.06.03
17	D.Todd	Havering	28.58	59.02	91.14	2.06.45
18	R.Bond	Orion	29.29	60.24	94.04	2.07.42
19	J.Mountain	Chelms'd.	29.40	61.35	94.53	2.08.01
20	G.Sargeant	Essex Bgls.	29.31	60.18	93.30	2.10.34
21	A.Aishford	W'stow.	31.13	63.50	98.15	2.11.59
22	F.Devenald	Ilford	33.21	67.12	100.39	2.12.26
23	D.Minns	Basildon	30.17	61.09	94.48	2.19.18
24	K.Winger	Ilford	30.14	64.59	101.20	2.20.58
25	A.Pointer	W'stow.	35.55	73.40	107.25	2.32.40

Non-Finishers

D.Hardy	Woodford	28.53	58.53	89.47
A.Spratt	Ilford	31.31	62.07	92.32
R.Campbell	Essex Beagles	29.59	63.22	97.29
D.Jones	Ilford	29.23	60.08	
R.Howe	W'stow.	26.27	53.48	
B.Dunn	Ilford	29.21	60.17	
D.Holland	Havering	29.39	61.07	
J.Kinch	Ilford	31.13	67.42	
J.Godfrey	T.V.H.	32.07	67.45	

H.Williams.
Hon.Race Secretary.

TEAM RESULT

1. ILFORD A.C. 17 PTS.
2. HAVERING A.C. 19 "
3. ESSEX BEAGLES 43 "