

► Colchester Joggers AC 20mile MALE RESULTS 1994

ESSEX CHAMPS MALES

POS	NUM	NAME	TIME	CAT.	TEAM OR CLUB NAME	FLAGS
1	46	R Dzikowski	1:51:44	M	Ilford AC	EC
2	19	P Jones	1:52:16	M	Thurrock Harriers	EC
3	13	M Bumstead	1:52:54	M40	Thurrock Harriers	EC
4	461	S Young	1:55:02	M	Thurrock Harriers	EC
5	17	P Johnson	1:55:16	M40	Thurrock Harriers	EC
6	131	E Brown	1:55:40	M	Basildon AC	E
7	18	M Packer	1:55:53	M	Thurrock Harriers	EC
8	66	D Lacy	1:56:49	M40	Colchester Jogg. AC	E
9	180	D Norman	1:57:39	M	Chelmsford AC	E
10	199	T Jason	1:57:43	M	East London Runners	EC
11	28	K Marley	1:57:45	M	Witham Running Club	EC
12	181	P Tullett	1:58:05	M	Chelmsford AC	EC
13	201	P Chapman	1:58:14	M	Bishops Stortford RC	E
14	99	O Phipps	1:59:04	M40	Barking Road Runners	EC
15	20	B Sewell	1:59:13	M40	Thurrock Harriers	EC
16	369	P Beatty	1:59:18	M	Bishops Stortford RC	EC
17	194	S Coleman	1:59:35	M40	Havering	E
18	100	T Cummings	2:00:39	M	Barking Road Runners	EC
19	92	M Beckett	2:01:10	M40	Tiptree Road Runners	E
20	157	S Allen	2:01:53	M	Ilford AC	E
21	10	N Camp	2:02:30	M	Woodford Green AC	EC
22	16	P Goodyear	2:03:30	M	Thurrock Harriers	E
23	122	J Cobbett	2:03:34	M	Dagenham 88	E
24	170	C Moody	2:03:53	M40	Harlow Running Club	E
25	74	C Murdoch	2:04:25	M40	Colchester Jogg. AC	E
26	51	D Wright	2:04:42	M	Ilford AC	E
27	21	P Dobbs	2:04:45	M50	Thurrock Harriers	E
28	81	J Carter	2:05:19	M40	Colchester Jogg. AC	E
29	133	A Mead	2:05:26	M	Benfleet RC	EC
30	6	J Burgess	2:07:24	M	East London Runners	E
31	87	M Byford	2:07:51	M	Tiptree Road Runners	E
32	121	J Tyler	2:08:05	M	Dagenham 88	E
33	104	T Knightly	2:08:09	M	Barking Road Runners	EC
34	200	S Cousins	2:08:19	M	Bishops Stortford RC	E
35	209	B Hempstead	2:11:06	M50	Eastern Vets AC	EC
36	399	G Statter	2:11:34	M	Bishops Stortford RC	EC
37	24	D Game	2:11:39	M40	Witham Running Club	EC
38	93	S Dobson	2:11:49	M	Tiptree Road Runners	E
39	61	P Barret	2:12:00	M	Colchester Jogg. AC	E
40	70	S Garnam	2:12:08	M	Colchester Jogg. AC	E
41	101	L Heath	2:12:42	M	Barking Road Runners	EC
42	192	J Russell	2:12:42	M	Pitsea Running Club	E
43	203	R Mabbett	2:12:46	M	Blackpool & Fylde AC	EC
44	89	D Kingsnorth	2:13:13	M40	Tiptree Road Runners	E
45	153	C Heapy	2:13:19	M	Havering 90 Joggers	E
46	208	R Green	2:14:36	M40	Woodford Green AC	E
47	45	G Atkins	2:14:41	M	Ilford AC	E
48	91	T Price	2:14:59	M	Tiptree Road Runners	E
49	486	R Graham	2:15:35	M40	Halstead Rd Runners	EC
50	152	C Hayman	2:15:47	M	Havering 90 Joggers	E
51	42	L Parrott	2:15:49	M50	Havering Mayesbrook	E
52	85	G Clarke	2:16:02	M40	Colchester Jogg. AC	E
53	210	N Andrews	2:16:06	M	Braintree & Dist. AC	E
54	124	D Stevens	2:16:45	M	Dagenham 88	E
55	151	D Keeley	2:16:58	M	Havering 90 Joggers	E
56	108	M Ryan	2:17:17	M	Ford Fitness Centre	E
57	448	D Warley	2:17:29	M40	Chelmsford AC	EC
58	44	L Edwards	2:19:33	M40	Ilford AC	E
59	146	R Compton	2:20:13	M40	Havering 90 Joggers	E
60	31	W Wilsher	2:20:49	M40	Dovedale Harriers	E

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POS	NUM	NAME	TIME	CAT.	TEAM OR CLUB NAME	FLAGS
61	38	R Davis	2:21:02	M	BBC Running Club	E
62	86	T Ford	2:21:27	M	Tiptree Road Runners	E
63	197	D Gudgion	2:21:41	M	Linford Joggers	E
64	140	P Andrews	2:22:21	M	Benfleet RC	EC
65	67	B Gould	2:22:27	M40	Colchester Jogg. AC	E
66	150	J Cramphorn	2:22:27	M	Havering 90 Joggers	E
67	193	T Hall	2:23:30	M	Pitsea Running Club	E
68	112	P Ireson	2:23:57	M	Linford Joggers	E
69	135	P Norton	2:24:50	M40	Benfleet RC	EC
70	110	J Keys	2:25:17	M	Ford Fitness Centre	E
71	147	R Dobie	2:26:20	M	Havering 90 Joggers	E
72	184	R Hill	2:27:26	M40	Pitsea Running Club	E
73	149	M Trew	2:27:37	M	Havering 90 Joggers	E
74	30	J Kerr	2:27:51	M	Witham Running Club	EC
75	494	A Edmeades	2:28:15	M40	Havering 90 Joggers	EC
76	62	P Thomas	2:28:17	M50	Colchester Jogg. AC	E
77	136	V McCloud	2:28:27	M50	Benfleet RC	EC
78	102	P McQuillen	2:28:30	M40	Barking Road Runners	EC
79	154	R Barton	2:28:47	M	Havering 90 Joggers	E
80	29	C Short	2:29:16	M40	Witham Running Club	EC
81	174	M Miller	2:29:31	M50	Harlow Running Club	E
82	25	J McEwan	2:29:34	M40	Witham Running Club	EC
83	63	G Noble	2:29:37	M	Colchester Jogg. AC	E
84	469	E Johnson	2:30:28	M50	Chelmsford AC	EC
85	195	C Hodges	2:30:52	M	East London Runners	E
86	76	N Jerrett	2:31:05	M	Colchester Jogg. AC	E
87	95	G Pells	2:31:19	M50	Ilford AC	E
88	90	P Harvey	2:31:33	M	Tiptree Road Runners	E
89	125	S Cheal	2:32:05	M	Dagenham 88	E
90	59	C Akehurst	2:32:07	M40	Colchester Jogg. AC	E
91	139	C Hopkins	2:32:23	M50	Benfleet RC	EC
92	111	D Hill	2:32:33	M	Ford Fitness Centre	E
93	43	A Lovett	2:32:34	M50	Ilford AC	E
94	137	P Swindell	2:33:47	M	Benfleet RC	EC
95	177	N Allen	2:34:02	M	Harlow Running Club	E
96	65	N Mison	2:34:45	M	Colchester Jogg. AC	E
97	138	P O'Leary	2:35:02	M40	Benfleet RC	EC
98	78	J Rushmer	2:35:05	M	Colchester Jogg. AC	E
99	103	M Moohan	2:35:28	M40	Barking Road Runners	EC
100	162	R Pooson	2:36:45	M40	Harlow Running Club	E
101	97	D Payne	2:38:29	M	Braintree & Dist. AC	E
102	165	J Tennant	2:41:04	M40	Harlow Running Club	E
103	115	J Mirams	2:41:10	M	Linford Joggers	E
104	179	T Augustine	2:41:46	M40	Bishops Stortford RC	E
105	27	D Jobling	2:41:53	M	Witham Running Club	EC
106	148	J D'Arcy	2:41:54	M40	Havering 90 Joggers	E
107	198	T Brame	2:43:26	M50	East London Runners	E
108	164	D Stewart	2:44:46	M	Harlow Running Club	E
109	171	G O'Nions	2:45:19	M	Harlow Running Club	E
110	80	R Malseed	2:45:29	M40	Colchester Jogg. AC	E
111	107	P Hall	2:45:33	M	Ford Fitness Centre	E
112	96	C Richer	2:47:13	M50	Halstead Rd Runners	EC
113	83	S King	2:48:13	M	Colchester Jogg. AC	E
114	182	J Lack	2:48:32	M	East London Runners	E
115	75	L Mathison	2:49:29	M40	Colchester Jogg. AC	E
116	167	C Reeves	2:50:22	M40	Harlow Running Club	E
117	113	J McTaggart	2:51:35	M50	Linford Joggers	E
118	168	H Woodward	2:52:17	M50	Harlow Running Club	E
119	26	R Cumberland	2:53:26	M40	Witham Running Club	EC
120	166	J Kaminski	2:54:31	M50	Harlow Running Club	E

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121	71	B Beards	2:54:39	M40	Colchester Jogg. AC	E
122	186	G Furguson	2:56:13	M50	Pitsea Running Club	E
123	191	G Watts	2:56:28	M	Pitsea Running Club	E
124	79	A Copley	2:58:14	M40	Colchester Jogg. AC	E
125	84	W McMellon	2:58:53	M	Colchester Jogg. AC	E
126	33	P Goodwin	3:00:28	M40	Dovedale Harriers	E
127	394	A Bore	3:02:07	M50	Harlow Running Club	EC
128	32	D Nevill	3:06:47	M40	Dovedale Harriers	E
129	173	K Evans	3:08:45	M	Harlow Running Club	E
130	188	D Tobin	3:09:28	M50	Pitsea Running Club	E
131	50	J Miller	3:12:57	M50	Billericay Striders	E
132	163	A Keen	3:31:13	M40	Harlow Running Club	E
133	34	M Layzell	3:49:15	M	Ilford AC	E

20mile MALE TEAM RESULTS

POS	TEAM NAME	SCORE	FINISHERS
1	Thurrock Harriers (A)	9	3
2	Thurrock Harriers (B)	27	3
3	Ilford AC (A)	47	3
4	Colchester Jogg. AC (A)	61	3
5	Bishops Stortford RC (A)	63	3
6	Barking Road Runners (A)	65	3
7	Chelmsford AC (A)	78	3
8	Tiptree Road Runners (A)	88	3
9	Dagenham 88 (A)	109	3
10	Witham Running Club (A)	122	3
11	East London Runners (A)	125	3
12	Colchester Jogg. AC (B)	131	3
13	Havering 90 Joggers (A)	150	3
14	Tiptree Road Runners (B)	154	3
15	Benfleet RC (A)	162	3
16	Pitsea Running Club (A)	181	3
17	Ilford AC (B)	192	3
18	Havering 90 Joggers (B)	196	3
19	Harlow Running Club (A)	200	3
20	Barking Road Runners (B)	218	3
21	Ford Fitness Centre (A)	218	3
22	Colchester Jogg. AC (C)	224	3
23	Havering 90 Joggers (C)	227	3
24	Linford Joggers (A)	234	3
25	Benfleet RC (B)	262	3
26	Witham Running Club (B)	267	3
27	Colchester Jogg. AC (D)	272	3
28	Harlow Running Club (B)	310	3
29	Dovedale Harriers (A)	314	3
30	Colchester Jogg. AC (E)	321	3
31	Harlow Running Club (C)	343	3
32	Colchester Jogg. AC (F)	360	3
33	Pitsea Running Club (B)	375	3
34	Harlow Running Club (D)	376	3
35	Thurrock Harriers (C)	49	2
36	Woodford Green AC (A)	67	2
37	Bishops Stortford RC (B)	140	2
38	Braintree & Dist. AC (A)	154	2
39	Halstead Rd Runners (A)	161	2
40	East London Runners (B)	221	2
41	Ilford AC (C)	226	2
42	Basildon AC (A)	6	1
43	Havering (A)	17	1
44	Eastern Vets AC (A)	35	1
45	Blackpool & Fylde AC (A)	43	1
46	Havering Mayesbrook (A)	51	1
47	BBC Running Club (A)	61	1
48	Chelmsford AC (B)	84	1
49	Tiptree Road Runners (C)	88	1
50	Dagenham 88 (B)	89	1
51	Benfleet RC (C)	97	1
52	Havering 90 Joggers (D)	106	1
53	Ford Fitness Centre (B)	111	1
54	Linford Joggers (B)	117	1
55	Witham Running Club (C)	119	1
56	Colchester Jogg. AC (G)	125	1
57	Billericay Striders (A)	131	1
58	Harlow Running Club (E)	132	1

ESSEX CHAMPS MEN'S
TEAMS: