

ESSEX COUNTY AMATEUR ATHLETIC ASSOCIATION
20 MILES ROAD RUNNING CHAMPIONSHIPS, CHELMSFORD, ESSEX 11th February 1995

1.R Dzikowski	Woodford Gn.	1.50.51	61.S Haggarty	Barking RR	2.16.38
2.R Gaine	Colchester Jog.	52.36	62.G Clarke(V40)	Colchester Jog.	.54
3.G Heslop	Chelmsford	54.47	63.P Pimental	Thurrock	17.29
4.D Lacy(V50)	Colchester Jog.	.57	64.J Davis	Tiptree RR	.33
5.M Packer	Louth	55.14	65.J Whitley	Dagenham '88	.44
6.P Johnson (V40)	Thurrock	.15	66.A Cowper-Johnson	Fenland RC	.49
7.M Burnstead(V40)	"	58.00	67.A Horrod	U/A	18.04
8.N Camp	Woodford Gn.	59.06	68.J Taylor(V50)	Eastbourne R A C	.17
9.S Mannix	Barking R C	.30	69.J Kalsey	Tiptree RR	.27
10.T Knightley	"	.34	70.C Applegate	"	.51
11.T Cummings	"	.39	71.G Collett	Hillingdon A C	19.05
12.J Russell	Pitsea R C	2.00.47	72.M Longhurst	Colchester Jog.	.11
13.P Richardson(V40)	Tiptree RR	01.11	73.D Keeley	Havering '90	.23
14.C Purse	Chelmsford	.17	74.J Cramphorn(V40)	Dagenham '88	.33
15.P Tullett	"	02.08	75.A Barber(V40)	VPH	.36
16.J Goldring	Woodford Gn.	.45	76.R Barnard-Hill(V40)	Thurrock	.48
17.B Laws(V40)	Eltham H	03.11	77.D Wright	Colchester Jog.	20.00
18.O Phipps(V40)	Barking R C	.23	78.M Herring(V40)	Ilford	.37
19.P Cobden	Witham R C	.28	79.M Dolan	U/A	.38
20.M Waine	Southend	.40	80.G Coates(V40)	Blackheath H	.50
21.J Fitzpatrick	Croydon H	.55	81.C Clarke(V40)	Chelmsford	21.02
22.J Allen	Ilford	04.20	82.D Brooks(V40)	U/A	.21
23.J Carter(V40)	Colchester Jog.	.22	83.J Tennant(V40)	Harlow RC	.29
24.C Moody(V40)	Harlow R C	.32	84.M Burgoyne(V50)	Dartford H	22.01
25.S Coleman(V40)	Havering M.	.45	85.R Sargent	Dagenham '88	.06
26.C Stringer	Newham & EB.	05.05	86.P O'Connor	Thrift Green T	.27
27.P Maddison(V40)	Chelmsford	.07	87.L Stock	U/A	.32
28.G Carey(V40)	Southend	.25	88.R Compton(V40)	Havering '90	.47
29.I Pike	Benfleet RR	.29	89.R Bird	Tiptree RR	.59
30.T Swindell(L)	Thurrock	.29	90.P Bennett	U/A	.59
31.P Smoothy	U/A	.55	91.P Boulderstridge(V40)	Maldon	23.39
32.P Tremain(V40)	Springfield St.	06.26	92.J Bright(LV)	Maidstone H	.48
33.A Fisher(V40)	Tiptree RR	07.51	93.B Millar	FMS Carnegie H	.50
34.J Tyler	Dagenham '88	.57	94.I Hickman	Haringay Jog.	24.02
35.P Binns(V40)	Southend	08.47	95.L Parrott(V50)	Havering M	.04
36.M Byford	Tiptree RR	.49	96.J Kerr	Witham RC	.18
37.D Adkins	U/A	09.00	97.D Hallson(V40)	U/A	.36
38.D Watts(V40)	Tiptree RR	.22	98.P Dipple	U/A	.43
39.A Ferguson	Thurrock	.28	99.R Peacey	Southend	25.13
40.R Bennett(V40)	Cambridge H	.36	100.C Hume(V40)	Bristol	.15
41.L Rogers	U/A	.46	101.A Bater	Southend	.23
42.G Lock	Herts & Ware	10.10	102.J McEwan(V40)	Witham RC	.32
43.P Green	Southend	.14	103.M Askew	U/A	.34
44.E Davies(L)	Bridgend A C	.14	104.R Rodie(V40)	Springfield St.	.40
45.D Papworth	Colchester Jog.	.57	105.D Milton(V40)	"	.40
46.P Barrett	"	11.38	106.A Clarke(LV)	Orion H	.41
47.N Golland	Brentwood	12.16	107.P Clegg(V40)	Halstead RR	.58
48.B Longnan	Orion H	.21	108.B Chisholm	North London A C	26.00
49.W Long	Bishops Stort.	.32	109.M Ainsley(LV)	Colchester Jog.	.02
50.M Delea	Ilford	13.47	110.M Bland	Billericay St.	.05
51.M Muir	U/A	14.01	111.P Swindell	Benfleet RC	.07
52.F Cooke(LV)	March Braza	.03	112.R Heywood(V40)	Dartford H	.10
53.G Howard	Havering M.	.40	113.J Stokoe(V40)	Basildon A C	.31
54.B Hempstead(V50)	Eastern Vets.	15.02	114.S Baker	Haringay Jog.	.55
55.D O'Connor	Haringay Jog.	.04	115.R Mainwaring	East London RC	27.16
56.S Williams	Pitsea RR	.08	116.S Calvert	Haringay Jog.	.24
57.D Warley(V40)	Chelmsford	.17	117.S Patey	Wimbledon Wind.	.25
58.M Trew	Havering '90	.42	118.D Saxby(V40)	Leighton Buzz.	.27
59.L Branch(LV)	Chelmsford	16.00	119.L Edwards(V40)	Ilford	.42
60.L Hislop(V50)	Ilford	.20	120.P Adkins	U/A	.47

121.D Game(V40)	Witham RC	2.27.57	181.L Matthews(LV)	Basildon A C	2.44.12
122.L Witton(V50)	Dartford H	28.03	182.C Gaitley(V40)	Pitsea RC	.24
123.R Bright	Maldstone H	.40	183.J White(V40)	Thrift Green T	45.05
124.A Redmond	RM Cambridge H	.52	184.D Hole(V40)	Dagenham '88	.27
125.S Coote	Dunstable RR	.54	185.K Skrivener(V40)	U/A	.29
126.R Ford	Haverling '90	29.12	185.G Goode(V40)	Barking RR	.33
127.M Hamings	"	.12	187.T Emery(V40)	Dagenham '88	.34
128.D Moxon(V40)	Springfield St	30.03	188.K Ward	Haringay Jog.	.42
129.B Gould(V40)	Colchester Jog.	.06	189.J Craft(V40)	Trent Park Tr.	46.42
130.A Durkin	Thameside RR	.28	190.K White(LV)	East London RC	48.48
131.B O'Kane	Lensbury RC	.28	191.B Dawson(LV50)	Pitsea RC	.48
132.R Plant(V40)	Southend	31.33	192.T Dawson(V50)	Basildon A C	.48
133.	"	.41	193.A Redondo(V40)	U/A	.52
134.J Potter	Haverling '90	.48	194.P Hayward(V40)	Linford Jog.	.57
135.K Bench(V50)	Thrift Green T	32.06	195.M Mochan(V40)	Barking RR	49.25
136.F Smith	U/A	.23	196.C Russell(V50)	Haverling '90	50.13
137.J Roulstone(V40)	Cherwell RC	33.28	197.J Falli	Barnsley A C	.15
138.V Gannon(V40)	Haringay Jog.	.40	198.K Sankay	Southend	.16
139.R Gibbons(V50)	Duke St. RC	.53	199.R Button(V40)	U/A	51.18
140.W Adams(V40)	Dagenham '88	34.00	200.D Smith(V60)	Mornington Ch.	52.30
141.P Marshall	Dovedale H	.12	201.R Webb	U/A	.51
142.M Bevan	U/A	.30	202.P Sloane	U/A	53.17
143.C Egerton	Felixstowe RR	.40	203.J Thompson(LV)	Serpentine RC	54.02
144.H Dimmock(V50)	Southend	35.13	204.R Blols(V60)	Southend	.02
145.C Hopkins(V50)	Benfleet RC	.28	205.A Eves	Harlow RC	.44
146.R Shaul	U/A	.31	206.K White(V40)	Blackheath H	55.25
147.S Hume(LV)	Bristol	.37	207.A Coy(V40)	U/A	56.13
148.R Barker	Army A C	.43	208.A Doherty	Harlow RC	.28
149.A Gamett	U/A	.51	209.R White(V40)	Southend	57.58
150.D Payton(V40)	BBC RC	36.26	210.D Frazer	Springfield St.	58.06
151.R Pogson(V40)	Harlow RC	.36	211.A McGhie	"	.06
152.V McCloud(V50)	Benfleet RC	37.17	212.M Scott	Colchester Jog.	59.04
153.M Brown(V40)	Newmarket Jog.	.28	213.J Buglen	U/A	3.00.16
154.J Murray(V40)	Slough C	.46	214.R Martin(V50)	East London RC	01.05
155.J Keys(V40)	Ford Fitness	38.30	215.J D'Arcy(V40)	Dagenham '90	03.48
156.T Lancucki(V40)	Veterans A C	.35	216.H Davies(L)	U/A	05.20
157.N Cesterton	U/A	.59	217.I Willmott	Dartford H	.21
158.N Fuller	Barking RR	39.04	218.R Brown(V40)	Swanley & D A C	.21
159.R Hill(V40)	Pitsea RC	.27	219.M Howell(V40)	Thrift Green Tr.	.40
160.C Heap(V40)	Carbridge H	40.17	220.I McAndrew	U/A	06.18
161.D Adams(V40)	Dagenham '88	.36	221.G Rowe	U/A	.53
162.M Ahern(V40)	Haringay Jog.	.48	222.G Miller(LV)	Barking RR	.53
163.A Coleman	Springfield St	41.27	223.D Tobin(V50)	Pitsea RR	.55
164.G Moore	Southend	.47	224.G Gibbons(LV50)	Duke St RC	07.15
165.W Wilsher(V50)	Dovedale H	.52	225.G Brice	U/A	.31
166.N Bailey	Chelmsford	42.02	226.N Hazel(V40)	Colchester Jog.	.41
167.P Jones(LV50)	Ilford	.16	227.J Newton(L)	Haverling '90	.51
168.A Lovett(V50)	"	.17	228.K Franklin(LV50)	Ilford	08.09
169.N Loughton	U/A	.21	229.T Darcy(V40)	Rand A C	.49
170.P Abbott	Dartford H	.30	230.H Kelleway(V40)	Southend	09.02
171.D Cook(V40)	Eastern Vets.	.30	231.E Oddie(LV)	Southend	.02
172.G Glendon	U/A	.37	232.C Pennell(L)	Milton Keynes A C	.43
173.M Marks(V40)	Bishops Stort.	.48	233.A Syson(V60)	Veterans A C	12.45
174.B Hatch(V40)	Carbridge H	43.12	234.A Pearson(L)	Castle Point Jog.	17.12
175.T O'Donoghue	Haringay Jog.	.15	235.H Donee	U/A	19.20
176.B Holland(V40)	Barking RR	.16	236.J Wing(LV)	Medway A C	20.19
177.C Mulkerrins(V40)	"	.26	237.A Rowe	U/A	21.00
178.T Jopson	Springfield St.	.41	238.S Irving(L)	Ilford	23.08
179.D Jones	U/A	.43	239.K Brewster(L)	Dartford H	31.07
180.J Hunt(V40)	Southend	.55	240.S Wing(V40)	Medway A C	34.20
			241.N Willmott(L)	Dartford H	36.29

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MENS TEAM CHAMPIONSHIP

1. WOODFORD GREEN A C	23pts	6. TIPTREE R R R	71	11. HAVERING '90 JOGGERS	161
2. COLCHESTER JOGGERS A C	26	7. SOUTHEND A C	73	12. WITHAM R C	162
3. BARKING R R	27	8. ILFORD A C	104	13. SPRINGFIELD STRIDERS	168
4. CHELMSFORD A C	30	9. DAGENHAM '88 JOGGERS	134	14. HARLOW R C	176
5. THURROCK H	44	10. PITSEA R C	146	15. BENFLEET R R	183
				16. THRIFT GREEN TROTTERS	251

LADIES TEAM CHAMPIONSHIP

1. ILFORD A C 27pts.

On behalf of ESSEX COUNTY AAA I would like to thank all the Officials and Marshalls and CHELMSFORD ATHLETIC CLUB Officials and helpers who assisted in staging these Championships.

Howard Williams (Hon Secretary)
84 Tyelands, Billericay,
Essex, CM12 9PB. (01277 625294)