

Essex and Eastern Counties Indoor Championships 2017

Lee Valley

4th and 5th February 2017

As a result of a major power failure in a large part of London N9, the Lee Valley Stadium lost all power soon after 11:30. This meant the loss of computers and photofinish. As there were no lights, athletes and officials were unable to see properly. The toilets at Lee Valley were unable to work because the water is pumped to the toilets, which presented a health hazard. With uncertainty as to how long the power would be off for Lee Valley decided at 12:00 that the meeting would have to be abandoned. The results shown below are those of the events that had been completed. Essex and Eastern apologise for this situation, which was outside their control. Athletes who did not complete their event have been emailed concerning this situation.

Results

ESSEX

Event 1 Senior Men - 60m

Prelims (T12)

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Eniola Oluwasanya	EX VPH & THAC	7.20 Q
2	Alexander McNally	Nene Valley Harriers	7.22 q
3	Mohamed Tamedou	Harlow AC	7.42
4	Sydney Conteh	EX Havering AC	7.68
5	Amr Ziko	EX Braintree & Dist AC	7.85
6	Liam O'Dell	City of Norwich AC	7.97

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
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Heat 2			
1	Ashley Watson	Nene Valley Harriers	7.23 Q
2	Dela Yohuno	EX N & E B	7.24 q
3	Daniel Cousins	EX Basildon AC	7.53
4	Mark Celaire	EX N & E B	8.05

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
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Heat 3			
1	Richard Shingleton	EX Braintree & Dist AC	7.25 Q
2	Andrew Elie	EX N & E B	7.42 q
3	Kaesi Opara	Cambridge UNI AC	7.46
4	Regan Cuthbert	EX Thurrock Harriers AC	7.69

Top 1 places + 3 next fastest times advance to next round

Final (T19)

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
1	Alexander McNally	Nene Valley Harriers	7.14	
2	Eniola Oluwasanya	EX VPH & THAC	7.17	1
3	Ashley Watson	Nene Valley Harriers	7.18	
4	Richard Shingleton	EX Braintree & Dist AC	7.25	2
5	Dela Yohuno	EX N & E B	7.26	3
6	Andrew Elie	EX N & E B	7.47	

Event 2 Senior Men - 200m**Prelims (T110)**

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Kyle Potter	West Suffolk AC	23.3 Q
2	Karl Tucker	EX Havering AC	23.7 q
3	Amr Ziko	EX Braintree & Dist AC	26.2

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2			
1	Richard Shingleton	EX Braintree & Dist AC	23.9 Q
2	Yuan Ming Wang-Koh	Cambridge UNI AC	24.8 q
3	Regan Cuthbert	EX Thurrock Harriers AC	25.4 q
4	James Tufnell	Cambridge UNI AC	26.0
5	Liam O'Dell	City of Norwich AC	27.1

Top 1 places + 3 next fastest times advance to next round

Final (T144)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
---	Regan Cuthbert	EX Thurrock Harriers AC	
---	Yuan Ming Wang-Koh	Cambridge UNI AC	
---	Karl Tucker	EX Havering AC	
---	Richard Shingleton	EX Braintree & Dist AC	
---	Kyle Potter	West Suffolk AC	

Event 3 Senior Men - 400m**Prelims (T128)**

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			

Final (T156)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			

Event 4 Senior Men - 800m**Final (T122)**

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			

Event 5 Senior Men - 1500m**Final (T135)**

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			

Event 6 Senior Men - 60m Hudles**Final (T24)**

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
1	Bradley Reed	EX Chelmsford AC	8.59

2	Liam Hunt	Huntingdonshire AC	8.94	
3	Clint Nicholls	EX Basildon AC	9.10	2
4	Tariq Forde	EX Orion Harriers AC	9.22	3
---	Luke Keteleers	EX Chelmsford AC	FS	

Event 7 Senior Men - High Jump

Final (T123)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
Flight 1				

Event 8 Senior Men - Pole Vault

Final (F116)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
Flight 1				

Event 9 Senior Men - Long Jump

Final (F106)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	
1	John Adekoya	Cambridge & Coleridge	6.42	
2	Alex Law	EX Havering AC	6.35	1
3	Sam Richards	Cambridge & Coleridge	6.35	
4	Charlie Shingleton	EX Braintree & Dist AC	6.26	2
5	Glen Paxman	EX Harlow AC	6.23	3
6	Carl Paxman	EX Harlow AC	5.95	
7	Clint Nicholls 1	EX Basildon AC	5.78	
8	Douglas Buisson	Cambridge UNI AC	5.30	

Event 10 Senior Men - Triple Jump

Final (T118)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
Flight 1				

Event 11 Senior Men - Shot Putt

Final (F13)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	
1	Gintas Degutis	EX N & E B	14.56	1
2	Archie Leeming	EX Basildon AC	14.44	2
3	Aaron Edwards	EX N & E B	13.52	3
4	Angus Lockhart	Cambridge UNI AC	13.36	
5	Hugh Williams	EX W G w E L	12.19	
6	Declan Manning	City of Norwich AC	10.89	
7	Adam Fidgett	Nene Valley Harriers	10.35	
8	Geoffrey Tyler	EX Chelmsford AC	9.52	
9	Jan Barnard	EX Basildon AC	7.73	
10	Mike Hills	EX Braintree & Dist AC	7.19	

Event 12 Senior Men - 1 Mile Walk**Final (T01)**

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
Heat 1				
1	Adam Hills	Bedford Harriers AC	9:06.76	
2	Sebastian Parris	EX Ilford AC	9:26.17	1
3	Keith Palmer	EX Southend AC	10:55.63	2
4	David Ainsworth	EX Ilford AC	12:12.89	3

Event 13 Men Under 20 - 60m**Prelims (T06)**

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
Heat 1				
1	Rashaan Stewart	EX Orion Harriers AC	7.22	Q
2	Lewis Thorn	EX Braintree & Dist AC	7.24	Q
3	Ashley Cooper	City of Norwich AC	7.38	q
4	Robbie Walden	City of Norwich AC	7.42	q
5	Cameron Lindsay	City of Norwich AC	7.69	
6	Sugun Amisu	EX Southend AC	7.85	

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
Heat 2				
1	Shemar Boldizsar	EX Harlow AC	7.10	Q
2	Nyakeh Duwai	EX Chelmsford AC	7.18	Q
3	Tom Starling	EX Basildon AC	7.24	q
4	Myles Kelly-Hyatt	EX Orion Harriers AC	7.28	q
5	Ben Slayman	EX Braintree & Dist AC	7.43	q

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
Heat 3				
1	Jos Farquharson	EX W G w E L	7.23	Q
2	Emmanuel Owolabi	Luton AC	7.37	Q
3	Connor Oliver	EX Colchester Harriers AC	7.37	q
4	Harry Woodall	EX Harlow AC	7.48	
5	Corey Harrison	EX Harlow AC	7.55	
6	Temi Aderoshun	EX Ilford AC	7.58	

Top 2 places + 6 next fastest times advance to next round

Semis (T14)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
Heat 1				
1	Shemar Boldizsar	EX Harlow AC	7.10	Q
2	Nyakeh Duwai	EX Chelmsford AC	7.12	Q
3	Lewis Thorn	EX Braintree & Dist AC	7.21	Q
4	Myles Kelly-Hyatt	EX Orion Harriers AC	7.25	
5	Connor Oliver	EX Colchester Harriers AC	7.27	
6	Ben Slayman	EX Braintree & Dist AC	7.38	

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
Heat 2				
1	Rashaan Stewart	EX Orion Harriers AC	7.14	Q

2	Jos Farquharson	EX W G w E L	7.17 Q
3	Ashley Cooper	City of Norwich AC	7.31 Q
4	Robbie Walden	City of Norwich AC	7.39
---	Emmanuel Owolabi	Luton AC	FS
---	Tom Starling	EX Basildon AC	FS

Top 3 places + 0 next fastest times advance to next round

Final (T42)

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
1	Shemar Boldizar	EX Harlow AC	7.05	1
2	Rashaan Stewart	EX Orion Harriers AC	7.15	2
3	Nyakeh Duwai	EX Chelmsford AC	7.16	3
4	Jos Farquharson	EX W G w E L	7.21	
5	Lewis Thorn	EX Braintree & Dist AC	7.28	
6	Ashley Cooper	City of Norwich AC	7.45	

Event 14 Men Under 20 - 200m

Prelims (T109)

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Charlie Dobson	EX Colchester Harriers AC	22.6 Q
2	Michael Oku-Ampofo	EX N & E B	22.7 q
3	Shemar Boldizar	EX Harlow AC	22.8 q
4	Lewis Thorn	EX Braintree & Dist AC	23.0 q
5	Jos Farquharson	EX W G w E L	23.1
6	Uche Egbon	EX Ilford AC	24.6

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2			
1	Kelechi Okorie	EX VPH & THAC	23.4 Q
2	Ashley Cooper	City of Norwich AC	24.0
3	Ben Slayman	EX Braintree & Dist AC	24.0
4	Shandell Taylor	EX Havering AC	24.2
5	Daniel Mitchell	EX Basildon AC	25.2
---	Nyakeh Duwai	EX Chelmsford AC	DQ

Top 1 places + 3 next fastest times advance to next round

Final (T125)

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
---	Lewis Thorn	EX Braintree & Dist AC	
---	Shemar Boldizar	EX Harlow AC	
---	Michael Oku-Ampofo	EX N & E B	
---	Kelechi Okorie	EX VPH & THAC	
---	Charlie Dobson	EX Colchester Harriers AC	

Event 15 Men Under 20 - 400m

Final (T129)

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
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Heat 1

Event 16 Men Under 20 - 800m

Final (T115)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
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Heat 1

Event 17 Men Under 20 - 1500m

Final (T138)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
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Heat 1

Event 18 Men Under 20 - 60m Hurdles

Final (T33)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
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Heat 1

1	Mayowa Osunsami	EX N & E B	8.38	1
2	Jack Broadbent	EX Basildon AC	8.75	2

Event 19 Men Under 20 - High Jump

Final (T124)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
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Flight 1

Event 20 Men Under 20 - Pole Vault

Final (F117)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
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Flight 1

Event 21 Men Under 20 - Long Jump

Final (F101)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
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1	Shandell Taylor	EX Havering AC	6.41	1
2	Ashley Cooper	City of Norwich AC	5.92	
3	Emmanuel Ogunleye	EX Colchester & Tendring	5.84	2
4	Leo Chashchin	EX Harlow AC	5.66	3
5	Joey Harrison	Stevenage & North Herts	5.12	

Event 22 Men Under 20 - TripleJump

Final (F119)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
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Flight 1

Event 23 Men Under 20 - Shot Putt

Final (F14)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
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1	Bhishan Naeck-Boolaiky	EX Cecil Jones College	9.92	1
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Event 25 Men Under 17 - 60m**Prelims (T07)**

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Joseph Eggleton	Chiltern Harriers	7.37 Q
2	William Adeyeye	EX Thurrock Harriers AC	7.42 q
3	Lewis Golding	EX Chelmsford AC	7.48
4	Freddie Martin	EX Braintree & Dist AC	7.66
5	Jude Burley	EX Southend AC	7.97

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2			
1	Thomas Cooney	EX VPH & THAC	7.30 Q
2	Toby Makoyawo	Watford Harriers	7.32 q
3	Akin Akinboh	EX Colchester & Tendring	7.51
4	Oliver Jackson	EX W G w E L	7.84
5	Anthony George	EX Ilford AC	7.88

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 3			
1	Callum Mckay	EX Colchester Harriers AC	7.27 Q
2	Adam Cross	Cambridge & Coleridge	7.45 q
3	Jairzinho Morris	EX Havering AC	7.56
4	Oliver Martin	Hertford & Ware	7.62
5	Tobi Idowu	EX Havering AC	7.73

Top 1 places + 3 next fastest times advance to next round

Final (T41)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
1	Thomas Cooney	EX VPH & THAC	7.15	1
2	William Adeyeye	EX Thurrock Harriers AC	7.18	2
3	Callum Mckay	EX Colchester Harriers AC	7.20	3
4	Toby Makoyawo	Watford Harriers	7.27	
5	Joseph Eggleton	Chiltern Harriers	7.31	
6	Adam Cross	Cambridge & Coleridge	7.45	

Event 26 Men Under 17 - 200m**Prelims (T108)**

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Thomas Cooney	EX VPH & THAC	23.4 Q
2	Zac Islam-Moore	EX W G w E L	24.3 q
3	Louis Palmer	City of Norwich AC	24.5 q
4	Oliver Jackson	EX W G w E L	25.0
5	Akin Akinboh	EX Colchester & Tendring	25.1

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2			
1	Ben Lloyd	Herts Phoenix AC	23.2 Q

2	Callum Mckay	EX Colchester Harriers AC	23.6 q
3	Owen Fookes	EX Colchester & Tendring	24.6
4	Leo Regis-Findlay	EX N & E B	25.5
---	Oliver Martin	Hertford & Ware	DNS

Top 1 places + 3 next fastest times advance to next round

Final (T148)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
---	Louis Palmer	City of Norwich AC	
---	Callum Mckay	EX Colchester Harriers AC	
---	Ben Lloyd	Herts Phoenix AC	
---	Thomas Cooney	EX VPH & THAC	
---	Zac Islam-Moore	EX W G w E L	

Event 27 Men Under 17 - 400m

Prelims (T130)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			

Final (T155)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			

Event 28 Men Under 17 - 800m

Final (T116)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			

Event 29 Men Under 17 - 1500m

Final (T139)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			

Event 30 Men Under 17 - 60m Hurdles

Prelims (T23)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Sam Bennett	EX Basildon AC	8.33 Q
2	Rotimi Osunsami	EX N & E B	8.78 q
3	Ralph Williams	Dacorum & Tring AC	8.88 q
4	Kit Kerr	Stevenage & North Herts	8.88 q
5	Theo Adesina	EX Thurrock Harriers AC	9.06

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2			
Wind: NWI			
1	Daniel Knight	EX Enfield & Haringey AC	8.27 Q
2	William Adeyeye	EX Thurrock Harriers AC	8.64 q
3	Dylan Baines	Stevenage & North Herts	10.00
4	Cameron Crowe	Stevenage & North Herts	11.57
---	Josh Pratt	EX Woodlands School	DNS

Top 1 places + 4 next fastest times advance to next round

Final (T32)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
1	Sam Bennett	EX Basildon AC	8.11	1
2	Daniel Knight	EX Enfield & Haringey AC	8.26	2
3	William Adeyeye	EX Thurrock Harriers AC	8.29	3
4	Kit Kerr	Stevenage & North Herts	8.81	
5	Rotimi Osunsami	EX N & E B	8.82	
6	Ralph Williams	Dacorum & Tring AC	9.10	

Event 31 Men Under 17 - High Jump

Final (F121)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Flight 1			

Event 32 Men Under 17 - Pole Vault

Final (F107)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
---	Dylan Baines	Stevenage & North Herts	
---	Cameron Crowe	Stevenage & North Herts	

Event 33 Men Under 17 - Long Jump

Final (F102)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	
1	Taro Hitzeroth	EX Maltings Academy	5.55	1
2	Anthony George	EX Ilford AC	5.46	2
3	Oliver Martin	Hertford & Ware	5.38	

Event 34 Men Under 17 - Triple Jump

Final (F120)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Flight 1			

Event 35 Men Under 17 - Shot Putt

Final (F15)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	
1	Tom Milton	EX Cecil Jones College	11.54	1
2	Kit Kerr	Stevenage & North Herts	10.88	
3	Daniel Gregory	EX Cornelius Vermuyden School	10.88	2
4	Ramzan Moshan	EX N & E B	10.53	3
5	Samuel Larkins	EX Braintree & Dist AC	10.00	

Event 37 Boys Under 15 - 60m

Prelims T11)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Mario Dobrescu	EX Ilford AC	7.63 Q
2	Edward Brown	EX Braintree & Dist AC	7.72 q
3	Luhan Bely	EX Cambridge & Coleridge	7.96
4	Alfie Kelway	EX Colchester & Tendring	8.32
5	Ruben Hedman	EX Braintree & Dist AC	8.50
6	Nikolaos Tirchineci	Peterborough AC	8.82

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2			
1	Cameron Ellis	EX Woodlands School	7.65 Q
2	William Wilshere	EX Orion Harriers AC	7.90 q
3	Daniel Fielding	Hertford & Ware AC	8.00
4	James Petty	EX Harlow AC	8.10
5	Josh Mcguire	Thetford AC	9.13
6	Dylan Phillips	Nene Valley Harriers	9.30

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 3			
1	Graig Anya-Joseph	EX Colchester Harriers AC	7.36 Q
2	Selasi Tay	EX N & E B	7.57 q
3	Henry Paul	EX Basildon AC	7.95
4	John Ryan	EX Havering AC	8.24
5	Zye Loker	EX Southend AC	8.33
6	Damilare Odelusi	EX Brentwood School	9.34

Top 1 places + 3 next fastest times advance to next round

Final (T39)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
1	Graig Anya-Joseph	EX Colchester Harriers AC	7.37	1
2	Mario Dobrescu	EX Ilford AC	7.66	2
3	Selasi Tay	EX N & E B	7.73	3
4	Cameron Ellis	EX Woodlands School	7.74	
5	Edward Brown	EX Braintree & Dist AC	7.86	
6	William Wilshere	EX Orion Harriers AC	8.01	

Event 38 Boys Under 15 - 200m

Prelims (T107)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Daniel Ogutuga	EX Thurrock Harriers AC	25.1 Q
2	Jimi Sijuwola	EX Colchester & Tendring	25.2 q
3	Joe Purbrick	Huntingdonshire AC	25.4
4	Luhan Bely	EX Cambridge & Coleridge	25.5
5	Regan Lawrence	EX Harlow AC	27.8
Heat 2			
1	Graig Anya-Joseph	EX Colchester Harriers AC	24.6 Q

2	Mario Dobrescu	EX Ilford AC	24.9 q
3	Edward Brown	EX Braintree & Dist AC	25.2 q
4	Daragh Thomas	EX Havering AC	28.0
5	Jamie Crane	EX Thurrock Harriers AC	28.2

Top 1 places + 3 next fastest times advance to next round

Final (T149)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
Wind: NWI			
---	Jimi Sijuwola	EX Colchester & Tendring	
---	Mario Dobrescu	EX Ilford AC	
---	Graig Anya-Joseph	EX Colchester Harriers AC	
---	Daniel Ogotuga	EX Thurrock Harriers AC	
---	Edward Brown	EX Braintree & Dist AC	

Event 39 Boys Under 15 - 300m

Final (T134)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			

Event 40 Boys Under 15 - 800m

Final (T117)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			

Event 41 Boys Under 15 - 60m Hurdles

Prelims (T22)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Alfie Kelway	EX Colchester & Tendring	9.49 Q
2	Tom Jones	EX Woodlands School	9.64 q
3	Regan Lawrence	EX Harlow AC	10.08 q
4	Sam Sanusi	EX Cecil Jones College	10.18

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2			

1	Joseph Harding	EX Basildon AC	8.27 Q	CBP
2	Kai Alland	St Albans AC	9.62 q	
3	Matt Fuller	EX Woodlands School	9.88 q	
4	Ruben Hedman	EX Braintree & Dist AC	10.22	
5	Dylan Phillips	Nene Valley Harriers	12.70	

Top 1 places + 4 next fastest times advance to next round

Final (T31)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>		
1	Joseph Harding	EX Basildon AC	8.26	CBP	1 CBP
2	Alfie Kelway	EX Colchester & Tendring	9.38		2
3	Kai Alland	St Albans AC	9.46		3
4	Matt Fuller	EX Woodlands School	9.64		
5	Tom Jones	EX Woodlands School	9.71		

6 Regan Lawrence EX Harlow AC 10.14

Event 42 Boys Under 15 - High Jump

Final (F109)

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Flight 1			

Event 43 Boys Under 15 - Pole Vault

Final (F108)

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	
1	Sam Tremelling	EX Chelmsford AC	3.11	1 CBP
2	Sebastian Clatworthy	EX Chelmsford AC	2.30	2

Event 44 Boys Under 15 - Long Jump

Final (F12)

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	
1	Joseph Harding	EX Basildon AC	6.30	1
2	Daniel Ogutuga	EX Thurrock Harriers AC	6.19	2
3	Sam Sanusi	EX Cecil Jones College	5.44	3
4	Somto Okpalauko	EX Havering AC	5.28	
4	Mario Dobrescu	EX Ilford AC	5.28	
6	Cameron Ellis	EX Woodlands School	5.20	
7	Daniel Fielding	Hertford & Ware AC	4.96	
8	Henry Paul	EX Basildon AC	4.72	
9	Luhan Bely	EX Cambridge & Coleridge	4.63	
10	William Wilshere	EX Orion Harriers AC	4.61	
11	Nikolaos Tirchineci	Peterborough AC	4.59	
12	Ashton Thatcher	EX Havering AC	4.18	
13	Josh Mcguire	Thetford AC	3.60	

Event 45 Boys Under 15 - Shot Putt

Final (F17)

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	
1	Daniel Ogutuga	EX Thurrock Harriers AC	12.00	1
2	Frank Wright	EX Woodlands School	11.16	2
3	John Ryan	EX Havering AC	10.31	3
4	Georgie Acraman	EX Woodlands School	9.77	
5	Sam Sanusi	EX Cecil Jones College	8.39	
6	Owen Dodge	EX Basildon AC	6.80	

Event 47 Boys Under 13 - 60m

Final (T09)

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
1	George Gutteridge	EX Chelmsford AC	8.46	1

2	Joel Burgess	Waveney Valley AC	8.85	
3	Henry Fayahun	EX Woodlands School	9.02	2
4	Harry Ottley	EX Woodlands School	9.02	3
5	Teddy Kingsley	EX Woodlands School	9.07	
6	Cobi Stewart	EX Woodlands School	9.28	
7	Henry Dover	EX Colchester & Tendring	9.44	

Event 48 Boys Under 13 - 200m

Final (T106)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
Heat 1		Wind: NWI		
1	Jacob Blanc	EX Havering AC	28.3	1
2	Joel Burgess	Waveney Valley AC	28.5	
3	Jack Botha	EX Havering AC	31.0	2

Event 50 Boys Under 13 - 800m

Final (T119)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
Heat 1				

Event 51 Boys Under 13 - 60m Hurdles

Final (T26)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
1	Henry Fayahun	EX Woodlands School	10.80	1
2	Onyekachukwu Okoh	EX Chelmsford AC	10.88	2
3	Harry Ottley	EX Woodlands School	11.12	3
4	Peter Ringwood	EX Maltings Academy	11.50	

Event 53 Boys Under 13 - High Jump

Final (F110)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
Flight 1				

Event 54 Boys Under 13 - Long Jump

Final (F01)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	
1	George Gutteridge	EX Chelmsford AC	4.02	1
2	Harry Ottley	EX Woodlands School	3.99	2
3	Henry Fayahun	EX Woodlands School	3.71	3
4	Peter Ringwood	EX Maltings Academy	3.27	

Event 55 Boys Under 13 - Shot Putt

Final (F18)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	
1	Joshua Shannon	EX Maltings Academy	7.73	1

2	Charlie Hopkins	EX Woodlands School	7.06	2
3	Joseph Hanks	EX Maltings Academy	6.75	3
4	Cobi Stewart	EX Woodlands School	6.58	
5	Larry Anao	EX Woodlands School	6.56	
6	Samuel Evans	EX St Katherine's School	5.08	

Event 57 Vet Men - 60m

Final (T18)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
1	Jan Barnard	EX Basildon AC	7.57	1
2	Clint Nicholls	EX Basildon AC	7.77	2
3	Alan James	EX W G w E L	8.10	3
4	Robert Maggio	EX Eton Manor AC	11.27	

Event 58 Vet Men - 300m

Prelims (T131)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			

Final (T153)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			

Event 59 Vet Men - 1500m

Final (T137)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			

Event 60 Senior Women - 60m

Prelims (T10)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Aleasha Kiddle	EX Chelmsford AC	7.60 Q
2	Hephzibah Adeosun	Cambridge UNI AC	7.93 q
3	Kehinde Ademola	EX N & E B	8.28 q
4	Toyin Olufemi	EX Thurrock Harriers AC	8.57

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2			

1	Ella Delucis	Peterborough AC	8.08 Q
2	Jessica Fox	Cambridge & Coleridge	8.11 q
3	Victoria Staines	EX Southend AC	8.37 q
4	Katy Sealy	Ipswich Harriers AC	8.39
5	Tiffany Ammar	N & E.B.	8.62

Top 1 places + 4 next fastest times advance to next round

Final (T47)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>		
1	Aleasha Kiddle	EX Chelmsford AC	7.53	CBP	1 CBP

2	Hephzibah Adeosun	Cambridge UNI AC	7.91	
3	Jessica Fox	Cambridge & Coleridge	8.06	
4	Ella Delucis	Peterborough AC	8.14	
5	Kehinde Ademola	EX N & E B	8.27	2
6	Victoria Staines	EX Southend AC	8.45	3

Event 61 Senior Women - 200m

Final (T103)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
1	Hayley McLean	EX Chelmsford AC	25.76	1
2	Natalie Le Beau	EX Thurrock Harriers AC	29.43	2
3	Victoria Staines	EX Southend AC	30.56	3
4	Jolekha Shasha	EX Orion Harriers AC	36.22	

Event 62 Senior Women - 400m

Prelims (T126)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
Heat 1				

Final (T157)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
Heat 1				

Event 63 Senior Women - 800m

Final (T113)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
Heat 1				

Event 64 Senior Women - 1500m

Final (T140)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
Heat 1				

Event 65 Senior Women - 60m Hurdles

Final (T30)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
1	Holly Thomas	EX N & E B	8.97 CBP=	1
2	Ella Delucis	Peterborough AC	9.12	
3	Lucinda Bailey	EX Havering AC	9.30	2
4	Stephanie Ugbo	EX N & E B	9.30	3
5	Tayla Benson	Thames Valley Harriers	9.34	
6	Katy Sealy	Ipswich Harriers AC	9.48	

Event 66 Senior Women - High Jump

Final (F103)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	
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1	Katherine Prutz	Cambridge UNI AC	1.55	
1	Stephanie Ugbo	EX N & E B	1.55	1
3	Natalie Le Beau	EX Thurrock Harriers AC	1.50	2

Event 67 Senior Women - Pole Vault

Final (F06)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	
1	Jemma Eastwood	Bedford & County AC	3.10	
2	Imogen Mulliner	Cambridge UNI AC	2.80	
3	Rebecca Martin	Cambridge UNI AC	2.50	
4	Tina Quinlivan	EX Havering AC	2.30	1

Event 68 Senior Women - Long Jump

Final (F112)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Flight 1			

Event 69 Senior Women - Triple Jump

Final (F125)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Flight 1			

Event 70 Senior Women - Shot Putt

Final (F02)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
1	Katy Sealy	Ipswich Harriers AC	10.91
2	Emmaliine Okafor	Cambridge UNI AC	8.69

Event 71 Senior Women - 1 Mile Walk

Final (T02)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
1	Pamela Abbott	Enfield & Haringey AC	11:31.35

Event 72 Women Under 20 - 60m

Prelims (T17)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Modupe Shokunbi	EX Blackheath & Bromley	7.75 Q
2	Rosa Pitt	Oaklands College	8.05 q
3	Amrita Panesar	Cambridge UNI AC	8.19
4	Lauren Bradfield	City of Norwich AC	8.70
5	Laura Satahoo	Biggleswade AC	9.20
Heat 2			
1	Caitlin O'Reilly	EX Chelmsford AC	7.98 Q

2	Alexandra Pullan	Nene Valley Harriers	8.18 q
3	Jasmine Okoye	N & E.B.	8.18 q
4	Lauren Powers	City of Norwich AC	9.35

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
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Heat 3

1	Remi Jessop	Dacorum & Tring AC	8.10 Q
2	Eloise Lewis	EX Southend AC	8.25
3	Sophia Mullings	EX Basildon AC	8.25
4	Karina Hope-Bruce	EX W G w E L	8.50

Top 1 places + 3 next fastest times advance to next round

Final (T40)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
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1	Modupe Shokunbi	EX Blackheath & Bromley	7.76	1
2	Caitlin O'Reilly	EX Chelmsford AC	7.97	2
3	Rosa Pitt	Oaklands College	8.04	
4	Remi Jessop	Dacorum & Tring AC	8.10	
5	Alexandra Pullan	Nene Valley Harriers	8.20	
6	Jasmine Okoye	N & E.B.	8.24	

Event 73 Women Under 20 -200m

Prelims (T104)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
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Heat 1

1	Rebecca Jeggo	EX Colchester Harriers AC	25.2 Q	CBP
2	Zoe Thompson	EX N & E B	25.4 q	
3	Tia Wood	EX Basildon AC	26.7 q	
4	Bethany Harley	Stevenage & North Herts	26.9	
5	Rebecca Pickard	Stevenage & North Herts	28.6	

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
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Heat 2

1	Sophie Rickner	EX Southend AC	26.3 Q
2	Imogen Walker	Herts Phoenix AC	26.8 q
3	Katy Short	EX Basildon AC	26.9
4	Emma Clarke	Cambridge & Coleridge	29.7
---	Caitlin O'Reilly	EX Chelmsford AC	DQ

Top 1 places + 3 next fastest times advance to next round

Final (T145)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
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---	Imogen Walker	Herts Phoenix AC	
---	Tia Wood	EX Basildon AC	
---	Zoe Thompson	EX N & E B	
---	Sophie Rickner	EX Southend AC	
---	Rebecca Jeggo	EX Colchester Harriers AC	

Event 74 Women Under 20 - 400m

Prelims (T127)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
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Heat 1

Final (T154)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
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Heat 1

Event 75 Women Under 20 - 800m**Final (T114)**

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
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Heat 1

Event 76 Women Under 20 - 1500m**Final (T143)**

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
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Heat 1

Event 77 Women Under 20 - 60m Hurdles**Final (T29)**

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
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1	Finlay Marriott	Cambridge & Coleridge	9.00	
2	Nicole Parcell	Enfield & Haringey AC	9.19	
3	Megan Sims	Peterborough AC	9.25	
4	Jamelia Henson	Peterborough AC	9.51	
5	Hannah Badger	EX Chelmsford AC	10.01	1
---	Lauren Bradfield	City of Norwich AC	DNS	

Event 78 Women Under 20 - High Jump**Final (F104)**

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
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1	Megan Porter	Peterborough AC	1.60	
2	Rebecca Hawtin	Luton AC	1.55	
3	Hannah Badger	EX Chelmsford AC	1.45	1

Event 79 Women Under 20 - Pole Vault**Final (F07)**

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>
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1	Chloe Billingham	Cambridge UNI AC	3.20
2	Imogen Walker	Herts Phoenix AC	2.95
3	Alix Stagg	Enfield & Haringey AC	2.50
---	Holly Brown	Peterborough AC	DQ

Event 80 Women Under 20 - Long Jump**Final (F113)**

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
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Flight 1

Event 81 Women Under 20 - Triple Jump

Final (F126)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
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Flight 1

Event 82 Women Under 20 - Shot Putt

Final (F03)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	
1	Nicole Parcell	Enfield & Haringey AC	10.46	
2	Megan Larkins	EX Braintree & Dist AC	10.13	1
3	Elysha Thatcher	EX Havering AC	9.27	2
4	Octavia Cavill	Bedford & County AC	9.22	

Event 84 Women Under 17 - 60m

Prelims (T05)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
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Heat 1

1	Joy Ogunleye	EX Colchester & Tendring	7.97 Q
2	Mia Hopson	City of Norwich AC	8.32 Q
3	Amy Fix	EX Southend AC	8.37 q
4	Holly Field	EX Braintree & Dist AC	8.58
5	Savanna Harrison	EX Colchester Harriers AC	8.73

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
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Heat 2

1	Eve Wright	EX Braintree & Dist AC	7.95 Q
2	Felicity Wall	EX Chelmsford AC	8.35 Q
3	Larrisa Anipa	EX W.G w E.L.	8.45
4	Megan Stevens	EX Colchester Harriers AC	8.49
5	Hannah Smith	EX Braintree & Dist AC	8.55
6	Amelia Day	EX Chelmsford AC	8.82

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
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Heat 3

1	Jazmin Whitehead-Shakes	EX N & E B	8.03 Q
2	Yasmin Robinson	EX Southend AC	8.30 Q
3	Abbie Hawkins	Cambridge & Coleridge	8.31 q
4	Lauren Strutt	EX Colchester Harriers AC	8.65
5	Mary Igbinoso-Ighile	EX Havering AC	8.80
6	Lydia Mwanza	EX Havering AC	8.80

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
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Heat 4

1	Skye Wicks	EX Hertford & Ware	7.87 Q
2	Dolita Shaw	EX N & E B	7.95 Q
3	Kira Wealls	EX Colchester & Tendring	8.34 q
4	Denesha Rocastle	EX W G w E L	8.35 q
5	Molly Brown	St Albans AC	8.66

6 Shakkira Sikiru EX W G w E L 8.73

Top 2 places + 4 next fastest times advance to next round

Semis (T13)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Skye Wicks	EX Hertford & Ware	7.85 Q
2	Jazmin Whitehead-Shakes	EX N & E B	7.97 Q
3	Dolita Shaw	EX N & E B	7.98 Q
4	Amy Fix	EX Southend AC	8.33
5	Felicity Wall	EX Chelmsford AC	8.34
6	Abbie Hawkins	Cambridge & Coleridge	8.39

Event 84 Women Under 17 - 60m

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2			
1	Eve Wright	EX Braintree & Dist AC	7.79 Q
2	Joy Ogunleye	EX Colchester & Tendring	7.81 Q
3	Yasmin Robinson	EX Southend AC	8.25 Q
4	Mia Hopson	City of Norwich AC	8.33
5	Kira Wealls	EX Colchester & Tendring	8.35
6	Denesha Rocastle	EX W G w E L	8.43

Top 3 places + 0 next fastest times advance to next round

Final (T43)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
1	Joy Ogunleye	EX Colchester & Tendring	7.71	1
2	Eve Wright	EX Braintree & Dist AC	7.75	2
3	Skye Wicks	EX Hertford & Ware	7.86	3
4	Dolita Shaw	EX N & E B	7.98	
5	Jazmin Whitehead-Shakes	EX N & E B	8.14	
6	Yasmin Robinson	EX Southend AC	8.30	

Event 85 Women Under 17 - 200m

Prelims (T111)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
---	Katie Rice	EX Colchester Harriers AC	
---	Brogan Ravenall	EX Southend AC	
---	Kira Wealls	EX Colchester & Tendring	
---	Megan Stevens	EX Colchester Harriers AC	
---	Madeline Hurley	Stevenage & North Herts	
---	Joy Ogunleye	EX Colchester & Tendring	
<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2			
---	Mary Igbinosa-Ighile	EX Havering AC	
---	Ella Gray	EX Colchester & Tendring	
---	Felicity Wall	EX Chelmsford AC	
---	Charlotte Grant	EX Orion Harriers AC	

---	Jasmine Cant	Ipswich Harriers AC	
<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>

Heat 3

---	Felicity Galbally	EX Southend AC	
---	Connie Andrews	Stevenage & North Herts	
---	Christy Nicolas	Watford Harriers	
---	Emily Foster	EX Chelmsford AC	
---	Amy Fix	EX Southend AC	
---	Eve Wright	EX Braintree & Dist AC	

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
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Heat 4

---	Dolita Shaw	EX N & E B	
---	Samanta Bendaraviciute	EX W G w E L	
---	Abena Oteng	EX Southend AC	
---	Hannah Smith	EX Braintree & Dist AC	
---	Rebecca Barnes	Cambridge & Coleridge	

Top 1 places + 6 next fastest times advance to next round

Semis (T124)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
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Heat 1

Final (T146)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
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Heat 1

Event 86 Women Under 17 - 300m

Prelims (T101)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
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Heat 1

1	Maisey Snaith	Cambridge & Coleridge	41.99 Q
2	Connie Forman	EX Chelmsford AC	44.07
3	Katie Liptrot	Hertford & Ware	44.15
4	Mia Thomas	EX Orion Harriers AC	45.79
5	Olivia Cooper	EX Braintree & Dist AC	50.46

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
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Heat 2

1	Kiera Bainsfair	EX Basildon AC	42.35 Q
2	Emily Sharpe	EX Orion Harriers AC	43.08 q
3	Felicity Galbally	EX Southend AC	44.95
4	Rebecca Barnes	Cambridge & Coleridge	45.98
5	Savanna Harrison	EX Colchester Harriers AC	50.45

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
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Heat 3

1	Grace Gentry	Hertford & Ware AC	41.74 Q
2	Yasmin Robinson	EX Southend AC	43.85 q
3	Emily Quinn	EX Braintree & Dist AC	44.96
4	Jessica Whiley	EX Chelmsford AC	46.60
5	Amma Apau	EX Havering AC	51.83

Top 1 places + 2 next fastest times advance to next round

Final (T133)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
---	Yasmin Robinson	EX Southend AC	
---	Emily Sharpe	EX Orion Harriers AC	
---	Kiera Bainsfair	EX Basildon AC	
---	Maisey Snaith	Cambridge & Coleridge	
---	Grace Gentry	Hertford & Ware AC	

Event 87 Women Under 17 - 800m

Final (T118)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			

Event 88 Women Under 17 - 1500m

Final (T142)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			

Event 89 Women Under 17 - 60m Hurdles

Prelims (T21)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Mia Hopson	City of Norwich AC	9.23 Q
2	Olivia Smith	EX Hertford & Ware	9.48 Q
3	Jessica Whiley	EX Chelmsford AC	9.71 q
4	Anna Clatworthy	EX Harlow AC	10.31
---	Jessica Smith	EX Enfield & Haringey AC	DNS

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2			
1	Mayi Hughes	EX Havering AC	9.06 Q
2	Grace Newson	EX Havering AC	9.31 Q
3	Ellie Forrest	Peterborough AC	9.66 q
4	Melissa Gurteen	EX Braintree & Dist AC	9.87
5	Katie Rice	EX Colchester Harriers AC	10.39

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 3			
1	Marissa Sims	EX Enfield & Haringey AC	9.14 Q
2	Megan Penfold	EX Orion Harriers AC	9.57 Q
3	Isabella Purdie	EX Havering AC	9.68 q
4	Millie Hodges	EX Havering AC	9.74 q
5	Lucy Smith	Harlow AC	10.97
---	Mia Chantree	EX Chelmsford AC	FS

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 4			
1	Kiera Bainsfair	EX Basildon AC	8.94 Q
2	Jessica Hopkins	EX Maltings Academy	9.14 Q

3	Hannah Smith	EX Braintree & Dist AC	9.91
4	Amelia Day	EX Chelmsford AC	9.96
5	Charlotte Grant	EX Orion Harriers AC	10.52

Top 2 places + 4 next fastest times advance to next round

Semis (T28)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Kiera Bainsfair	EX Basildon AC	8.87 Q
2	Jessica Hopkins	EX Maltings Academy	9.20 Q
3	Mia Hopson	City of Norwich AC	9.25 Q
4	Megan Penfold	EX Orion Harriers AC	9.68
5	Ellie Forrest	Peterborough AC	9.68
6	Millie Hodges	EX Havering AC	9.76

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2			
1	Mayi Hughes	EX Havering AC	9.13 Q
2	Marissa Sims	EX Enfield & Haringey AC	9.18 Q
3	Grace Newson	EX Havering AC	9.28 Q
4	Olivia Smith	EX Hertford & Ware	9.60
5	Jessica Whiley	EX Chelmsford AC	9.67
6	Isabella Purdie	EX Havering AC	9.81

Top 3 places + 0 next fastest times advance to next round

Final (T38)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
1	Kiera Bainsfair	EX Basildon AC	8.81	1
2	Jessica Hopkins	EX Maltings Academy	8.99	2
3	Mayi Hughes	EX Havering AC	9.03	3
4	Marissa Sims	EX Enfield & Haringey AC	9.06	
5	Grace Newson	EX Havering AC	9.23	
6	Mia Hopson	City of Norwich AC	9.34	

Event 90 Women Under 17 - High Jump

Final (F105)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	
1	Shaka Egbo	Herts Phoenix AC	1.70	
2	Mia Chantree 1	EX Chelmsford AC	1.65	1
3	Bethany Harryman	EX Harlow AC	1.60	2
4	Jessica Hopkins	EX Maltings Academy	1.60	3
5	Anna Clatworthy	EX Harlow AC	1.50	

Event 91 Women Under 17 - Pole Vault

Final (F08)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	
1	Jessica Smith	EX Enfield & Haringey AC	2.90	1

2	Abigail Pickard	Stevenage & North Herts	2.80
3	Holly Nichols	Bedford & County AC	2.60
4	Molly Gardner	Stevenage & North Herts	2.30

Event 92 Women Under 17 - Long Jump

Final (F111)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Flight 1			

Event 93 Women Under 17 - Triple JUmP

Final (T122)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Flight 1			

Event 94 Women Under 17 - Shot Putt

Final (F04)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>		
1	Jessica Hopkins	EX Maltings Academy	13.11	CBI	1 CBP
2	Laura Runciman	EX Chelmsford AC	11.30		2
3	Philippa Gill	EX Havering AC	10.92		3
4	Mia Chantree	EX Chelmsford AC	10.69		
5	Kim English	EX Maltings Academy	10.67		
6	Megan Penfold	EX Orion Harriers AC	10.38		
7	Jessica Whiley	EX Chelmsford AC	10.28		
8	Ellie Forrest	Peterborough AC	9.89		
9	Chimdi Okpalauko	EX Havering AC	9.06		

Event 96 Girls Under 15 - 60m

Prelims T04)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Leah Duncan	EX Braintree & Dist AC	8.05 Q
2	Amber Whitehorne	EX Braintree & Dist AC	8.23 Q
3	Freya Witheat	Watford Harriers	8.60 q
4	Sky Fay	EX Braintree & Dist AC	8.72
5	Zoe Williams	EX Woodlands School	8.81
<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2			
1	Aleeya Sibbons	EX N & E B	8.00 Q
2	Kayley Earl	Great Yarmouth & Dist	8.45 Q
3	Faith Ezelue	EX N & E B	8.46 q
4	Anna South	Watford Harriers	8.59 q
5	Tymeera Mannix	EX Woodlands School	8.60 q
6	Sophie Harris	Watford Harriers	9.14
<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 3			
1	Shakira Idris	EX Chingford Foundation	8.29 Q

2	Toni-ann Barron	EX Robert Clack School	8.48 Q
3	Ann-Marie Ibiabuo	EX Orion Harriers AC	8.58 q
4	Serena Thomas	St Albans AC	8.60 q
5	Eleanor Hopgood	EX Colchester Harriers AC	8.66 q
6	Alice Lord	Cambridge & Coleridge	9.16

Plac Name Affiliation Time

Heat 4

1	Marli Jessop	Dacorum & Tring AC	8.10 Q
2	Leisha Hunt	EX Thurrock Harriers AC	8.36 Q
3	Kate Sheppard	EX Braintree & Dist AC	8.62 q
4	Louise Chance	Peterborough AC	9.22
5	Rosie Field	EX Braintree & Dist AC	9.32

Plac Name Affiliation Time

Heat 5

1	Nicole Alves	EX W G w E L	8.31 Q
2	Enya Davies'Collins	EX Southend AC	8.38 Q
3	Isabella Smith	EX Havering AC	8.67
4	Elisha Elliston	EX Braintree & Dist AC	8.83
5	Jessica Cooke	Biggleswade AC	9.10

Top 2 places + 8 next fastest times advance to next round

Semis (T15)

Plac Name Affiliation Time

Heat 1

1	Aleeya Sibbons	EX N & E B	7.89 Q	CBP
2	Amber Whitehorne	EX Braintree & Dist AC	8.19 Q	
3	Leisha Hunt	EX Thurrock Harriers AC	8.33	
4	Anna South	Watford Harriers	8.57	
5	Ann-Marie Ibiabuo	EX Orion Harriers AC	8.65	
6	Eleanor Hopgood	EX Colchester Harriers AC	8.80	

Plac Name Affiliation Time

Heat 2

1	Leah Duncan	EX Braintree & Dist AC	7.95 Q
2	Nicole Alves	EX W G w E L	8.24 Q
3	Enya Davies'Collins	EX Southend AC	8.36
4	Faith Ezelue	EX N & E B	8.48
5	Freya Witheat	Watford Harriers	8.55
6	Kate Sheppard	EX Braintree & Dist AC	8.67

Plac Name Affiliation Time

Heat 3

1	Marli Jessop	Dacorum & Tring AC	8.09 Q
2	Shakira Idris	EX Chingford Foundation	8.33 Q
3	Kayley Earl	Great Yarmouth & Dist	8.36
4	Tymeera Mannix	EX Woodlands School	8.58
5	Toni-ann Barron	EX Robert Clack School	8.62
6	Serena Thomas	St Albans AC	8.64

Top 2 places + 0 next fastest times advance to next round

Final (T44)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>		
1	Leah Duncan	EX Braintree & Dist AC	7.85	CBP	1
2	Aleeya Sibbons	EX N & E B	8.01		2
3	Marli Jessop	Dacorum & Tring AC	8.01		
4	Amber Whitehorne	EX Braintree & Dist AC	8.30		3
5	Nicole Alves	EX W G w E L	8.32		
6	Shakira Idris	EX Chingford Foundation	8.40		

Event 97 Girls Under 15 - 200m

Prelims (T112)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			

Semis (T123)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			

Final (T150)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			

Event 98 Girls Under 15 - 300m

Prelims (T102)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Becky Richards	EX Orion Harriers AC	44.47 Q
2	Ndidikama Okoh	EX Chelmsford AC	47.36 q
3	Jessica Krise	EX Basildon AC	49.36
4	Jennifer Palmer	EX Colchester & Tendring	50.08

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2			
1	Leisha Hunt	EX Thurrock Harriers AC	45.04 Q
2	Sky Fay	EX Braintree & Dist AC	46.28 q
3	Poppy Selmes	EX Braintree & Dist AC	46.80 q

Top 1 places + 3 next fastest times advance to next round

Final (T135)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
---	Ndidikama Okoh	EX Chelmsford AC	
---	Poppy Selmes	EX Braintree & Dist AC	
---	Sky Fay	EX Braintree & Dist AC	
---	Leisha Hunt	EX Thurrock Harriers AC	
---	Becky Richards	EX Orion Harriers AC	

Event 99 Girls Under 15 - 800m

Final (T121)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			

Event 100 Girls Under 15 - 60m Hurdles**Prelims (T20)**

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Marli Jessop	Dacorum & Tring AC	9.54 Q
2	Becky Richards	EX Orion Harriers AC	9.61 q
3	Madeleine Waite	Stevenage & North Herts	9.62
4	Maisy Armstrong	Ipswich Harriers AC	10.05
5	Shannon Beeching	EX Cornelius Vermuyden School	11.14
6	Eleanor Brown	City of Norwich AC	13.34

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2			
1	Ruby Bridger	EX Thurrock Harriers AC	9.44 Q
2	Lily Parris	EX Chelmsford AC	9.52 q
3	Sola Taiwo	EX Thurrock Harriers AC	9.57 q
4	Holly Lawrence	EX Chelmsford AC	9.84
5	Kirsty Sait-Stewart	City of Norwich AC	9.99
6	Holly Taylor	Shaftsbury Barnet AC	10.03

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 3			
1	Elize Bonning	EX Havering AC	9.64 Q
2	Kate Sheppard	EX Braintree & Dist AC	9.80
3	Emily Knight	EX Enfield & Haringey AC	9.98
4	Jessica Nathan	Shaftsbury Barnet AC	10.27
5	Bailey Bunn	EX Woodlands School	10.54
6	Louise Chance	Peterborough AC	13.46

Top 1 places + 3 next fastest times advance to next round

Final (T27)

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
1	Marli Jessop	Dacorum & Tring AC	9.15	
2	Lily Parris	EX Chelmsford AC	9.34	1
3	Becky Richards	EX Orion Harriers AC	9.46	2
4	Sola Taiwo	EX Thurrock Harriers AC	9.51	3
5	Elize Bonning	EX Havering AC	9.67	
6	Ruby Bridger	EX Thurrock Harriers AC	9.98	

Event 101 Girls Under 15 - High Jump**Final (F114)**

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Flight 1			

Event 102 Girls Under 15 - Pole Vault**Final (F09)**

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	
1	Emily Knight	EX Enfield & Haringey AC	2.10	1

2	Olivia Simon	EX Colchester Harriers AC	2.00	2
3	Madeleine Claydon	EX Colchester Harriers AC	1.85	3

Event 103 Girls Under 15 - Long Jump

Final (F05)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	
1	Ruby Bridger	EX Thurrock Harriers AC	5.11	1
2	Leisha Hunt	EX Thurrock Harriers AC	5.06	2
3	Marli Jessop	Dacorum & Tring AC	5.02	
4	Eleanor Brown	City of Norwich AC	5.01	
5	Amber Whitehorne	EX Braintree & Dist AC	4.96	3
6	Holly Taylor	Shaftsbury Barnet AC	4.75	
7	Sola Taiwo	EX Thurrock Harriers AC	4.73	
8	Lily Parris	EX Chelmsford AC	4.64	
9	Ndidikama Okoh	EX Chelmsford AC	4.58	
10	Anna South	Watford Harriers	4.27	
11	Ann-Marie Ibiabuo	EX Orion Harriers AC	4.21	
12	Louise Chance	Peterborough AC	4.18	
13	Madeleine Claydon	EX Colchester Harriers AC	4.16	
14	Maisy Armstrong	Ipswich Harriers AC	4.13	
15	Tymeera Mannix	EX Woodlands School	3.84	
16	Eleanor Hopgood	EX Colchester Harriers AC	3.81	
17	Shannon Beeching	EX Cornelius Vermuyden School	3.65	
18	Zoe Williams	EX Woodlands School	3.53	
19	Rosie Field	EX Braintree & Dist AC	3.53	
20	Alice Lord	Cambridge & Coleridge	3.48	

Event 104 Girls Under 15 - Shot Putt

Final (F10)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	
1	Maisie Warman	EX Thurrock Harriers AC	9.62	1
2	Zoe Powers	City of Norwich AC	9.58	
3	Sade Cowan	EX Orion Harriers AC	9.14	2
4	Ruby Bridger	EX Thurrock Harriers AC	9.01	3
5	Holly Taylor	Shaftsbury Barnet AC	8.68	
6	Amella Mathieson	EX Woodlands School	8.44	
7	Leisha Hunt	EX Thurrock Harriers AC	8.15	
8	Ella Chantree	EX Chelmsford AC	8.09	
9	Freya Witheat	Watford Harriers	7.96	
10	Jessica Nathan	Shaftsbury Barnet AC	7.48	
11	Alice Lord	Cambridge & Coleridge	7.27	
12	Megan Wilson	EX Orion Harriers AC	5.89	

Event 105 Girls Under 15 - 1 Mile Walk

Final (T03)

Plac Name Affiliation Time

Entrant withdrew from event

Event 106 Girls Under 13 - 60m

Prelims (T08)

Plac Name Affiliation Time

Heat 1

1	Shona Vincent	EX W G w E L	8.65 Q
2	Karis Thomas	EX Maltings Academy	8.76 q
3	Zarah Okakah	EX Braintree & Dist AC	8.85 q
4	Cara Duncan	EX Braintree & Dist AC	8.86 q
5	Zowie Dodge	EX Basildon AC	9.76

Plac Name Affiliation Time

Heat 2

1	Paige Stephens	EX Woodlands School	8.84 Q
2	Ifeoma Nneka Okoh	EX Chelmsford AC	9.20 q
3	Kristen Balmforth	EX Maltings Academy	9.49
4	Rosie Moore	Watford Harriers	9.76
---	Carlie Dinham	EX Woodlands School	DNS

Top 1 places + 4 next fastest times advance to next round

Final (T48)

Plac Name Affiliation Time

1	Shona Vincent	EX W G w E L	8.74	1
2	Cara Duncan	EX Braintree & Dist AC	9.00	2
3	Zarah Okakah	EX Braintree & Dist AC	9.02	3
4	Paige Stephens	EX Woodlands School	9.02	
4	Karis Thomas	EX Maltings Academy	9.02	
6	Ifeoma Nneka Okoh	EX Chelmsford AC	9.30	

Event 107 Girls Under 13 - 200m

Prelims (T105)

Plac Name Affiliation Time

Heat 1

1	Scarlett Gammell	Watford Harriers	28.9 Q
2	Shona Vincent	EX W G w E L	29.2 q
3	Sadie Frater-White	EX Braintree & Dist AC	29.9 q
4	Madelyn Schneider	EX Southend AC	30.2 q
5	Cara Duncan	EX Braintree & Dist AC	31.0
6	Olivia Sorrell	EX Havering AC	31.1

Plac Name Affiliation Time

Heat 2

1	Zarah Okakah	EX Braintree & Dist AC	30.6 Q
2	Sophie Nugent	EX Basildon AC	31.3
3	Karina Hudson	EX Havering AC	31.8
4	Lexi Flockhart	Huntingdonshire AC	31.9
5	Mia Rowan	EX Harlow AC	32.1

Top 1 places + 3 next fastest times advance to next round

Final (T151)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
---	Madelyn Schneider	EX Southend AC	
---	Sadie Frater-White	EX Braintree & Dist AC	
---	Shona Vincent	EX W G w E L	
---	Zarah Okakah	EX Braintree & Dist AC	
---	Scarlett Gammell	Watford Harriers	

Event 108 Girls Under 13 - 800m**Final (T120)**

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			

Event 109 Girls Under 13 - 60m Hurdles**Final (T25)**

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
Heat 1				
1	Paige Stephens	EX Woodlands School	10.79	1
2	Carlie Dinham	EX Woodlands School	10.86	2
3	Charley Hills	EX Woodlands School	11.87	3
4	Eloise Dickins	Watford Harriers	12.19	
5	Chloe Dornan	EX Woodlands School	12.43	
6	Tia Bradley	EX Woodlands School	12.48	
7	Mia Rowan	EX Harlow AC	12.54	

Event 110 Girls Under 13 - High Jump**Final (F115)**

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Flight 1			

Event 111 Girls Under 13 - Long Jump**Final (F16)**

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	
1	Paige Stephens	EX Woodlands School	3.88	1
2	Scarlett Gammell	Watford Harriers	3.83	
3	Ciara Pearce	EX Orion Harriers AC	3.76	2
4	Carlie Dinham	EX Woodlands School	3.52	3
5	Zowie Dodge	EX Basildon AC	3.39	
6	Eloise Dickins	Watford Harriers	3.35	
7	Kristen Balmforth	EX Maltings Academy	3.22	
8	Cara Duncan	EX Braintree & Dist AC	3.17	
9	Uche Okpalauko	EX Havering AC	3.12	
10	Rosie Moore	Watford Harriers	3.09	
11	Chloe Dornan	EX Woodlands School	3.08	
12	Tia Bradley	EX Woodlands School	3.06	

13	Karis Thomas	EX Maltings Academy	2.90
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Event 114 Girls Under 13 - Shot Putt

Final (F11)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	
1	Olivia Raffle	EX Maltings Academy	6.43	1

Event 120 Vet Women - 60m

Final (T16)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	
1	Heidi Nicholas	EX Basildon AC	8.84	1
2	Clare St John-Coleman	EX Chelmsford AC	9.41	2
3	Amanda Dodge	EX Eastern Vet AC	9.83	3
4	Alexandra Rutishauser-Perera	EX East London Runners	10.27	
5	Maud Hodson	EX East London Runners	10.48	

Event 121 Vet Women - 300m

Final (T132)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			

Event 122 Vet Women - 1500m

Final (T141)

<u>Plac</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			

ned and the stadium cleared

