



ESSEX COUNTY ATHLETIC ASSOCIATION

Incorporating: Essex CAAA Formed 1883 & Essex CWAAA Formed 1947

WEB: <http://www.essexcountyaa.org.uk>

EMAIL: essexaa1@btinternet.com

The Pentathlon county championships will follow the same format as last year and open entries are invited. The high jump component might be in a slightly different order but all the pentathlons will finish with the 800m/1500m

The County Championships are being held on Saturday/Sunday 13th May and 14th May 2017 at Chelmsford

Entry forms for the relays will be sent out in May 2017.

The provisional LIST OF EVENTS is attached showing which day the events are on. The 10k will be separate as last year and there is no 10k walk. There is only one steeplechase event for Senior men, U20 and U17 men over 2000m and the women event will be over 1500m both on 14th May. Confirmation will be sent out at least one week before the event. However, you are asked to check the website prior to the championships for the final timetable.

The CLOSING DATE for entries for the May championships, by post is Friday 14th April 2017 and on-line **THURSDAY 20th APRIL 2017. LATE ENTRIES WILL NOT BE ACCEPTED.**

A reminder that entries must be in accordance with IAAF and UKA rules. You **MUST** now be registered with England Athletics to enter unless you enter through a school. Only competitors who were born in Essex, who have lived in Essex for the past 9 months or qualify under UKA Rule 21 S6 are eligible to take part in the championships.

Entries can be made on-line (see notes on website) and are required to quote your England Athletics registration number or if entering through a school add SCHOOL. The fee for Pentathlon is £10 and all other events £7 per event.

If entering by post please ensure that the application form is fully completed and signed by the competitor if over 18 or the parent/guardian if under 18 .

You should be aware of the UK Athletics policy on 'Use of Photographic and Video Images of children/young persons under the age of 18', which can be seen on the website

APPLICATION FORMS should be sent to, Championship Secretary, Essex AA, 5 Manwood Avenue, Canterbury, Kent CT2 7AE

Entries must be sent by ordinary mail, it is possible that special delivery and recorded delivery will be delayed and not received in time. If necessary get a certificate of postage, which is free.

If you have any **PROBLEMS**, then you should contact the club secretary, who will be able to contact the championship secretary.



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UNDER IAAF and UKA RULES

EMAIL: essexaa1@btinternet.com

Name (BLOCK CAPITALS)..... Date of Birth.....

Address.....

..... Post Code.....

Email Address..... Telephone No.

Club.....EA Registration (Clubs Only).....

School..... EA Registration SCHOOL

- ☐ Senior Men ☐ U/20 Men ☐ U/17 Men ☐ U/15 Boys ☐ U/13 Boys ☐ Vet Men
☐ Senior Women ☐ U/20 Women ☐ U/17 Women ☐ U/15 Girls ☐ U/13 Girls ☐ Vet Women

Fully completed FORMS TO BE SENT TO: Championship Secretary, Essex AA, 5 Manwood Avenue, Canterbury, Kent CT2 7AE by the Friday 14th April 2017.

NO EMAIL ENTRIES ACCEPTED

| Day | Event | Best time in last year | (official use) |
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☐ I was born in Essex **OR** ☐ I have lived in Essex since.....

I enclose a cheque/postal order (**made payable to Essex County AA**) for £..... being the entrance fee for Pentathlon of £10 and all other events £7 per event. (Please write name and address on reverse of cheque)

I declare that I am an amateur qualified to compete under the laws of IAAF and UKA

Signed..... Date.....

Athlete (over 18) or Parent/Guardian if under 18

You should receive confirmation of the entry at least 1 week before the event. If you do not receive this please email immediately. You should check the details and advise of any mistakes immediately.

| Official Use | Date Recd..... | Amount Recd £.... | SAE enc..... | Reply Sent..... |
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