

ESSEX COUNTY AA AND OPEN PENTATHLON - 1 MAY 2017 AT THURROCK

SENIOR MEN

| | | |
|------------|----------|--------------------------|
| 264 Gerald | Nikunmah | N & E B |
| 267 Daniel | Steel | OTHERS Biggleswade AC |
| 263 Maxim | Hall | OTHERS Dartford Harriers |

| Long Jump | | Javelin | | | 200 metres | | | Discus | | | 1500 metres | | |
|-----------|--------|---------|--------|-------|------------|--------|-------|--------|--------|-------|-------------|--------|-------|
| Result | Points | Result | Points | Total | Result | Points | Total | Result | Points | Total | Result | Points | Total |
| 5.10 | 402 | 30.48 | 306 | 708 | 25.4 | 553 | 1261 | 19.32 | 259 | 1520 | 05:45.4 | 647 | 2167 |
| 5.70 | 523 | 43.09 | 487 | 1010 | 26.7 | 452 | 1462 | 22.49 | 319 | 1781 | 05:46.4 | 322 | 2103 |
| 6.35 | 664 | 49.95 | 588 | 1252 | 23.6 | 707 | 1959 | 33.83 | 540 | 2499 | 0 | 0 | 0 |

UNDER 20 MEN

| | | |
|-------------|-----------|----------------------|
| 268 Lisa | Chaschcin | Harlow AC |
| 272 Charlie | Spurn | Thurrock Harriers AC |

| Long Jump | | Javelin | | | 200 metres | | | Discus | | | 1500 metres | | |
|-----------|--------|---------|--------|-------|------------|--------|-------|--------|--------|-------|-------------|--------|-------|
| Result | Points | Result | Points | Total | Result | Points | Total | Result | Points | Total | Result | Points | Total |
| 5.16 | 421 | 26.48 | 249 | 670 | 24.3 | 645 | 1315 | 17.91 | 195 | 1510 | 05:31.1 | 542 | 2252 |
| 5.08 | 398 | 30.94 | 311 | 709 | 24.7 | 611 | 1320 | 22.88 | 326 | 1646 | 08:06.0 | 0 | 1646 |

UNDER 17 MEN

| | | |
|------------|---------|---------------------------------|
| 273 Theo | Adesina | Thurrock Harriers AC |
| 280 Daniel | Rofley | OTHERS Epsom & Ewell Harriers |
| 278 Frazer | Kibay | OTHERS Wycombe Phoenix Harriers |
| 278 Adam | Coates | OTHERS Epsom & Ewell Harriers |
| 275 Liam | Chivers | Thurrock Harriers AC |

| Long Jump | | Javelin | | | 200 metres | | | Discus | | | 1500 metres | | |
|-----------|--------|---------|--------|-------|------------|--------|-------|--------|--------|-------|-------------|--------|-------|
| Result | Points | Result | Points | Total | Result | Points | Total | Result | Points | Total | Result | Points | Total |
| 6.07 | 602 | 31.15 | 315 | 917 | 23.5 | 717 | 1634 | 23.21 | 333 | 1967 | 05:12.4 | 490 | 2457 |
| 5.37 | 455 | 30.07 | 300 | 755 | 25.2 | 569 | 1324 | 20.69 | 285 | 1609 | 08:47.1 | 636 | 2245 |
| 5.23 | 427 | 30.27 | 437 | 864 | 24.5 | 628 | 1497 | 23.85 | 345 | 1842 | 05:28.7 | 496 | 2238 |
| 5.45 | 471 | 7.78 | 7 | 478 | 24.4 | 637 | 1115 | 18.59 | 246 | 1361 | 05:36.6 | 579 | 1940 |
| 5.08 | 398 | 7.09 | 0 | 398 | 23.9 | 681 | 1079 | 18.84 | 250 | 1329 | 05:15.7 | 473 | 1802 |

UNDER 15 BOYS

| | | |
|-------------|----------|----------------------------|
| 171 Joseph | Harding | Basildon AC |
| 182 George | Seery | OTHERS Thetford AC |
| 181 Sam | Sanusi | Cecil Jones College |
| 154 George | Asprey | OTHERS Aldershot & Farnham |
| 177 Daniel | Outapp | Thurrock Harriers AC |
| 174 Alfie | Kelway | Colchester & Tendring |
| 179 Richard | Olaniyan | Woodlands School |
| 165 Oliver | Lewis | Chemsford AC |
| 176 Joshua | O'Brien | OTHERS Tonbridge AC |
| 167 Taylor | Purdy | Woodlands School |
| 158 Lohan | Reley | Cambridge & Colindale |
| 173 Tom | Jones | Woodlands School |
| 159 Jamie | Crane | Thurrock Harriers AC |
| 178 Tom | Olajide | Thurrock Harriers AC |
| 172 Luke | Holgate | Thurrock Harriers AC |

| 80m Hurdles | | High Jump | | | Long Jump | | | Shot | | | 800metres | | |
|-------------|--------|-----------|--------|-------|-----------|--------|-------|--------|--------|-------|-----------|--------|-------|
| Result | Points | Result | Points | Total | Result | Points | Total | Result | Points | Total | Result | Points | Total |
| 13.3 | 797 | 1.49 | 536 | 1333 | 6.24 | 639 | 1972 | 10.99 | 545 | 2517 | 02:48.7 | 470 | 2447 |
| 12.3 | 669 | 1.57 | 443 | 1112 | 5.9 | 493 | 1451 | 8.34 | 386 | 1837 | 02:58.6 | 471 | 2288 |
| 12.9 | 588 | 1.54 | 419 | 1007 | 5.3 | 441 | 1448 | 9.76 | 471 | 1919 | 02:26.3 | 368 | 2287 |
| 14.0 | 483 | 1.51 | 396 | 879 | 4.91 | 365 | 1244 | 10.61 | 522 | 1766 | 02:16.2 | 506 | 2272 |
| 13.5 | 530 | 1.48 | 374 | 904 | 4.98 | 457 | 1361 | 10.53 | 518 | 1879 | 02:29.8 | 325 | 2054 |
| 12.5 | 629 | 1.42 | 331 | 960 | 4.76 | 337 | 1297 | 8.57 | 400 | 1697 | 02:24.3 | 393 | 2090 |
| 12.5 | 629 | 1.51 | 396 | 1025 | 4.62 | 312 | 1337 | 9.25 | 441 | 1778 | 02:34.6 | 269 | 2047 |
| 12.8 | 598 | 1.60 | 464 | 1062 | 4.50 | 355 | 1317 | 8.08 | 371 | 1688 | 02:36.4 | 230 | 1989 |
| 16.2 | 302 | 1.54 | 419 | 721 | 4.23 | 244 | 965 | 7.39 | 330 | 1295 | 02:23.9 | 399 | 1694 |
| 14.2 | 465 | 1.48 | 374 | 839 | 4.57 | 303 | 1142 | 8.70 | 408 | 1550 | 02:30.8 | 119 | 1669 |
| 13.7 | 511 | 1.30 | 250 | 761 | 0 | 0 | 761 | 8.06 | 370 | 1131 | 02:14.4 | 533 | 1664 |
| 14.0 | 483 | 1.42 | 331 | 814 | 4.34 | 244 | 1076 | 4.00 | 324 | 1400 | 02:40.7 | 324 | 1606 |
| 15.6 | 348 | 1.33 | 270 | 618 | 4.43 | 278 | 896 | 7.51 | 337 | 1233 | 02:33.3 | 284 | 1517 |
| 18.1 | 178 | 1.27 | 231 | 409 | 3.71 | 161 | 570 | 6.59 | 283 | 853 | 03:00.2 | 58 | 911 |
| 18.5 | 155 | 1.24 | 212 | 367 | 3.29 | 103 | 469 | 6.09 | 254 | 723 | 03:06.0 | 20 | 753 |

UNDER 13 BOYS

| | | |
|------------------|-----------------|----------------------|
| 192 Sam | Peck | Malins Academy |
| 187 Henry | Fayehun | Woodlands School |
| 190 Oyinbachukwu | Okoh | Chemsford AC |
| 186 Reece | Williams | Woodlands School |
| 189 Teddy | Kinsley | Woodlands School |
| 186 Orlan | Corek | Thurrock Harriers AC |
| 193 Peter | Ringswood | Malins Academy |
| 195 Jack | Warren | Thurrock Harriers AC |
| 185 Mason | Carpenter-Prout | Thurrock Harriers AC |
| 194 Morpan | Saunders | Thurrock Harriers AC |
| 188 Jay | Chen | Woodlands School |
| 191 Harry | Ortley | Woodlands School |

| 75m Hurdles | | High Jump | | | Long Jump | | | Shot | | | 800metres | | |
|-------------|--------|-----------|--------|-------|-----------|--------|-------|--------|--------|-------|-----------|--------|-------|
| Result | Points | Result | Points | Total | Result | Points | Total | Result | Points | Total | Result | Points | Total |
| 14.2 | 380 | 1.39 | 310 | 690 | 3.96 | 199 | 889 | 5.56 | 223 | 1112 | 02:37.7 | 181 | 1403 |
| 13.7 | 422 | 1.33 | 270 | 692 | 3.89 | 188 | 880 | 6.75 | 294 | 1174 | 02:43.7 | 178 | 1352 |
| 13.9 | 405 | 1.30 | 250 | 655 | 3.70 | 159 | 814 | 5.16 | 200 | 1014 | 02:38.7 | 226 | 1240 |
| 15.0 | 317 | 1.15 | 159 | 476 | 4.07 | 217 | 693 | 6.44 | 274 | 967 | 02:40.0 | 166 | 1133 |
| 14.7 | 340 | 1.30 | 250 | 590 | 3.76 | 168 | 758 | 6.24 | 263 | 1021 | 02:54.5 | 92 | 1113 |
| 15.1 | 310 | 1.27 | 231 | 541 | 3.81 | 176 | 717 | 6.73 | 233 | 950 | 02:48.9 | 133 | 1083 |
| 14.8 | 332 | 1.27 | 231 | 563 | 3.73 | 94 | 457 | 6.30 | 266 | 923 | 03:18.4 | 8 | 933 |
| 15.5 | 281 | 1.09 | 126 | 407 | 3.44 | 122 | 529 | 3.28 | 94 | 623 | 02:39.6 | 217 | 840 |
| 16.1 | 240 | 1.18 | 176 | 416 | 3.49 | 129 | 545 | 3.98 | 133 | 678 | 03:05.7 | 31 | 709 |
| 16.9 | 188 | 1.21 | 194 | 382 | NI | 0 | 382 | 4.29 | 150 | 533 | 02:47.9 | 71 | 604 |
| 18.4 | 193 | 1.03 | 96 | 289 | 3.56 | 177 | 372 | 4.66 | 177 | 549 | 03:17.2 | 37 | 582 |
| DNS | 0 | 1.21 | 194 | 194 | 3.65 | 152 | 346 | 6.11 | 255 | 601 | 0 | 0 | 0 |

No. Vet 40

Competitor Injured

| 80m Hurdles | | Shot | | | High Jump | | | Long Jump | | | 800 metres | | |
|-------------|--------|--------|--------|-------|-----------|--------|-------|-----------|--------|-------|------------|--------|-------|
| Result | Points | Result | Points | Total | Result | Points | Total | Result | Points | Total | Result | Points | Total |
| | | | 0 | 0 | | 0 | 0 | | 0 | 0 | | 0 | 0 |

No. Under 20 WOMEN

| | | |
|----------|---------|-------------------------------|
| 118 Emma | Jardine | OTHERS Epsom & Ewell Harriers |
|----------|---------|-------------------------------|

| 100m Hids | | Shot | | | High Jump | | | Long Jump | | | 800 metres | | |
|-----------|--------|--------|--------|-------|-----------|--------|-------|-----------|--------|-------|------------|--------|-------|
| Result | Points | Result | Points | Total | Result | Points | Total | Result | Points | Total | Result | Points | Total |
| 21.8 | 155 | 4.49 | 189 | 344 | 1.32 | 429 | 773 | 3.98 | 303 | 1076 | 02:38.7 | 588 | 1664 |

UNDER 17 WOMEN

| | | |
|--------------|-------------|----------------------------|
| 146 Jess | Hopkins | Chemsford AC |
| 125 Kiera | Bainfair | Basildon AC |
| 127 Mia | Chantree | Chemsford AC |
| 112 Bethany | Harriman | Harlow AC |
| 109 Amelia | Macdonald | OTHERS Epsom & Haringey AC |
| 131 Harriett | Fenton-Lake | OTHERS Peterborough AC |
| 153 Jessica | Whitbread | Thurrock Harriers AC |

| 80m Hurdles | | Shot | | | High Jump | | | Long Jump | | | 800 metres | | |
|-------------|--------|--------|--------|-------|-----------|--------|-------|-----------|--------|-------|------------|--------|-------|
| Result | Points | Result | Points | Total | Result | Points | Total | Result | Points | Total | Result | Points | Total |
| 12.4 | 747 | 1.24 | 492 | 1239 | 1.85 | 795 | 2234 | 4.49 | 497 | 2931 | 02:42.3 | 547 | 3478 |
| 12.0 | 799 | 9.47 | 508 | 1307 | 1.42 | 755 | 2066 | 5.30 | 643 | 2709 | 02:28.5 | 712 | 3421 |
| 12.6 | 722 | 9.69 | 509 | 1231 | 1.71 | 867 | 2098 | 5.41 | 674 | 2772 | 02:38.5 | 590 | 3362 |
| 13.3 | 641 | 10.67 | 573 | 1214 | 1.62 | 759 | 1973 | 5.11 | 589 | 2562 | 02:44.7 | 520 | 3082 |
| 12.8 | 698 | 11.60 | 462 | 1160 | 1.56 | 628 | 1869 | 4.47 | 628 | 2497 | 03:17.2 | 493 | 2970 |
| 15.1 | 471 | 9.34 | 486 | 957 | 1.47 | 588 | 1545 | 0 | 0 | 0 | 0 | 0 | |
| 14.9 | 489 | 8.95 | 461 | 950 | 1.26 | 369 | 1319 | 0 | 0 | 0 | 0 | 0 | |

UNDER 15 GIRLS

| | | |
|---------------|----------|-------------------------|
| 30 Ruby | Bridger | Thurrock Harriers AC |
| 32 Anika | Hunt | Chemsford AC |
| 43 Samantha | Stubbs | OTHERS Tonbridge AC |
| 46 Meagan | Trayor | OTHERS Leeds City AC |
| 34 Holly | Lawrence | Chemsford AC |
| 31 Lucy | Gryce | OTHERS Slough Junior AC |
| 40 Maisie | Rixon | OTHERS Tonbridge AC |
| 41 Scarlett | Holls | Southern HSG |
| 42 Kate | Sheppard | Braintree & Dist AC |
| 27 Rachel | Carter | Chemsford AC |
| 26 Darcy | Button | OTHERS Bedford & County |
| 36 Tilly | Moss | Thurrock Harriers AC |
| 28 Madeleine | Claydon | Colchester Harriers |
| 15 Alice | Atkins | Haverinc AC |
| 38 Nidhiakama | Okoh | Chemsford AC |
| 44 Sola | Taiwo | Thurrock Harriers AC |
| 47 Zoe | Williams | Woodlands School |
| 37 Indehash | O'Brien | OTHERS Bedford AC |
| 30 Yasmin | Gronewer | OTHERS Bradwell AC |

| Long Jump | | 70m Hurdles | | | Shot | | | High Jump | | | 800metres | | |
|-----------|--------|-------------|--------|-------|--------|--------|-------|-----------|--------|-------|-----------|--------|-------|
| Result | Points | Result | Points | Total | Result | Points | Total | Result | Points | Total | Result | Points | Total |
| 4.91 | 535 | 11.4 | 747 | 1282 | 0.28 | 482 | 1764 | 1.34 | 466 | 2430 | 02:42.2 | 533 | 2945 |
| 5.03 | 567 | 12.6 | 609 | 1176 | 0.11 | 471 | 1607 | 1.33 | 439 | 2046 | 02:45.5 | 545 | 2611 |
| 4.35 | 391 | 12.5 | 620 | 1011 | 7.8 | 386 | 1397 | 1.51 | 632 | 2029 | 02:40.9 | 563 | 2592 |
| 4.47 | 472 | 12.2 | 652 | 1124 | 9.17 | 475 | 1599 | 1.48 | 599 | 2198 | 03:03.2 | 336 | 2334 |
| 4.60 | 454 | 12.1 | 663 | 1117 | 7.31 | 355 | 1472 | 1.57 | 701 | 2173 | 03:02.0 | 354 | 2527 |
| 4.40 | 403 | 12.8 | 588 | 991 | | | | | | | | | |