

ESSEX COUNTY AAA 20 MILES ROAD RUNNING CHAMPIONSHIPS,2000
ROCHFORD, ESSEX. Sunday 6th February 2000

1.K Blake	UC Cardiff	1.48.07	61.G Corrance (V40)	Royston R	2.21.46
2.G Heslop	Chelmsford	53.05	62.P Johnson (V40)	City of Norwich	.57
3.W Gristwood (V40)	Ealing & SM	54.10	63.O Barder	Serpentine RC	22.38
4.N Berrill	Ilford	55.24	64.S Dorri (L)	"	23.03
5.T Knightley	"	57.02	65.P Ashworth	"	.03
6.R Maddams	Harlow RC	.07	66.R Cole (V40)	Colchester H	.10
7.G Reynolds	Ilford	.13	67.T Vanner (V40)	Gt Bentley RC	.12
8.T Cummings	Thurrock	.31	68.I Willmott	Dartford RR	.15
9.S Murray (V40)	WG & EL	59.05	69.T Alabaster	Witham	24.29
10.M Muir	Ilford	2.00.05	70.S Bird (V40)	Pitsea	.33
11.P Cole	Sittingbourne	01.20	71.T Turner (V40)	Benfleet	.50
12.J Meachen	Harwich R	02.13	72.M Munson (V40)	Havering '90	.59
13.D Marshall	RRC	.23	73.M Lambert	Bishops Stort.	25.03
14.G Mills	Thurrock	.45	74.T Evans	U/A	.08
15.D Collier	Chelmsford	03.13	75.L Bryant	Blackheath H	.22
16.C Applegate (V40)	Tiptree RR	.30	76.P Clegg (V50)	Grange Farm	.39
17.P John	Royal Navy AC	.45	77.T Cottis (L)	Advance Perf.	.40
18.J Goldring (V40)	Colchester H	04.08	78.A Hinds (V40)	Forbanks AC	.50
19.A Smalls	Stour Valley J	.57	79.R Bushby	South Cyprus AC	26.16
20.D Jones	Billericay S.	05.01	80.B Costas	" "	.17
21.D Carr (V40)	Bishops Stort.	06.06	81.A Nicholls	" "	.17
22.S Garnham (V40)	Colchester H	.58	82.P Costas	" "	.19
23 Wallis	WG & EL	07.02	83.P Lightfoot (V40)	U/A	.19
24.S Allen (V40)	Ilford	.08	84.R Clothier	U/A	.20
25.W Murray (V40)	Colchester H	.26	85.R Mortimer	U/A	.54
26.S Fulker (V50)	Billericay S.	08.11	86.N Yevko (LV35)	Southend	.54
27.D Lacy (V50)	Colchester H	.41	87.J Maslinski (V50)	Vets A C	27.05
28.M Byford (V40)	Thrift Gn T	.51	88.D Stewart (V40)	Harlow RC	.13
29.R Tozer (V40)	Barking RC	09.00	89.D Brooks (V50)	Thurrock	.24
30.M Clarke (V40)	Ilford	10.55	90.P Longman	Benfleet	.37
31.C Moody (V40)	Harlow RC	11.05	91.M French (V40)	Colchester H	.49
32.D Wright (V40)	Colchester H	.16	92.P Molyneux	Vestall V	.54
33.G Chandler	U/A	.54	93.M Read (V40)	Billericay S.	.56
34.J Tyler	Havering '90	12.11	94.P Flannigan (V50)	Pitsea	28.03
35.C Crisp	Sittingbourne	.33	95.D Stanley (V40)	Orion H	.08
36.D Adkins	U/A	.42	96.C Connolly (V40)	Castle Point J	29.18
37.K Nilsson	Dunstable RC	13.09	97.P McLaughlin (V40)	Pitsea	.42
38.G Baker (V50)	RRC	14.21	98.E Campbell (V60)	"	.50
39.D Rixon (V50)	Dovedale H	.33	99.S Newton (LV40)	Serpentine RC	.53
40.B Clarke (V40)	Colchester H	.55	100.A Hartley (V40)	Wymondham A C	30.32
41.D Langley (V40)	SLH	15.16	101.E Waring (V40)	Southend	.37
42 Barrett	Colchester H	.29	102.M Poulter (V40)	Witham	.56
43.O Phipps (V50)	Ilford	.41	103.S Beech (V40)	Pitsea	31.04
44.A Lyne	Trent Park T	.50	104.R Flack (V40)	Southend	.31
45.P Ross	Havering '90	16.20	105.D Northcroft (V60)	Maidstone H	32.35
46.P Adkins	U/A	.44	106.B Wright (V40)	Southend	33.29
47.E Rest (L)	Serpentine RC	.55	107.P Lovell (V60)	Blackheath H	.49
48.R Saunders	Barking RC	17.18	108.M Collins (V50)	Sittingbourne	34.02
49.M Osborn (V40)	100Km Assoc.	.41	109.I Fosken	Witham	.27
50.E Newman (L)	Colchester & T	18.18	110.J Adams (LV40)	Northern Vets	.33
51.J Currington	Dunstable RC	.22	111.K Shipp	Harwich R	35.13
52.P Mearns	"	19.18	112.S Baker (LV35)	Tiptree RR	.22
53.C Ainsworth	U/A	.18	113.M Staines (V50)	Castle Point J	.31
54.S Orton	Southend	.28	114.D Sinclair (V40)	Pitsea	.47
55.M Cockbain	RRC	20.18	115.E Knott LV40)	Harwich R	.50
56.K Jacob	Billericay S.	.21	116.M Mitchell	U/A	36.03
57.B Harries (LY)	Cardiff AC	.36	117.D Fellman (V40)	Ipswich J	.27
58.T Lewis	Benfleet RC	21.00	118.G Morris	U/A	.33
59.R Walker (V50)	Vegetarian AC	:07	119.A Kennedy	U/A	.39
60.T Bass (V50)	Vets A C	.21	120.V McCloud (V50)	Benfleet	.43

ESSEX '20' 6th February 2000 (Cont.)

121.K Macfarlane (V40)	Tunbridge Wells H	2.36.45	181.S Wallace (V40)	Grange Farm T	2.53.55
122.B Butcher	U/A	.47	182.R Bennett (LV35)	Colchester H	54.17
123.K Marsh (V40)	Harlow RC	37.30	183.P Allsop (V60)	Vets A C	55.00
124.D Moxon (V40)	Springfield S.	.36	184.G Howard	U/A	.05
125.L Cudmore (LV50)	Colchester H	38.05	185.R Russell (V60)	Castle Point J	.12
126.D King (V40)	Balckheath H	.34	186.S Tilson	U/A	.39
127.B Johnson (V60)	Harwich R	39.28	187.K Dhaliwal	U/A	56.18
128.T Lewin (V50)	Southend	.29	188.L Anelay	U/A	.32
129.R Hill (V40)	Pitsea	.54	189.R Hume	Benfleet	57.18
130.D Whiteley	U/A	40.04	190.M Horne (L)	U/A	.18
131.B Katochia	U/A	.09	191.J Twitchen (V50)	Vestall V	.28
132.R Winston (V40)	Havering M	.12	192.T Flannigan (LV40)	Pitsea	.42
133.R Lawson (V40)	Dover	.13	193.M Drewitt (V40)	Invecta E Kent	.46
134.R Wheeler (V50)	Lea Valley R	.16	194.G Smith (L)	Serpentine RC	58.24
135.J Gristwood (LV40)	Ealing SM	.18	195.K Scrivener (V50)	Gt Bentley RC	.26
136.J Mondrzejewski (V40)	U/A	.34	196.F Giffen (V50)	RRC	59.24
137.P Jones (LV60)	Ilford	.57	197.R Hutchins (V50)	Colchester H	3.00.38
138.F Sutherland (LV40)	Bishops Stort.	41.15	198.N Kellaway (V40)	Vestall V	01.04
139.M Graham	U/A	.20	199.D Graham	U/A	.08
140.A Read (V60)	Newham & EB	.56	200.K Carey (V50)	Pitsea	.11
141.L Ockwell	Forbanks AC	42.09	201.V Sinclair (LV40)	"	.23
142.P Bouldstridge (V40)	Blackwater H	.29	202.S Macdonald (V40)	Ilford	.41
143.D Walker (V40)	Forbanks AC	.48	203.J Mills (LV35)	Pitsea	.48
144.G Luke (V40)	Enfield H	43.24	204.G Browne (L)	U/A	05.06
145.M Ivatt	St Edmunds S.	.47	205.G Moore (V40)	U/A	.44
146.T Wood (V40)	Blackheath H	.53	206.W Davies	U/A	.49
147.J Hurst-Smith (L)	Springfield	44.06	207.C Parker	U/A	.49
148.H Johnson	U/A	.21	208.C Bassett (LV40)	Thurrock	.58
149.G Fivash	U/A	.23	209.J Thompson (LV50)	Serpentine RC	06.06
150.G Williams (V60)	Ilford	.55	210.A Green (L)	Tiptree	.28
151.J Judge (V40)	RRC	.58	211.K Broekhof (L)	Serpentine RC	07.05
152.M Popock	Billericay S	45.07	212.S Bishop	Vestall V	.05
153.S Honey (LV40)	Ilford	.07	213.G Warren (LV40)	Bishops Stort.	.34
154.J Hunt (V50)	Vestall V	.10	214.L Evans (LV40)	" "	08.00
155.P Jackson (V50)	"	.10	215.D Bonish (LV40)	Dartford RC	.55
156.N Bailey (V40)	Springfield	.52	216.D Bernie (V50)	Vestall V	11.48
157.P Richey	U/A	46.00	217.K Porter (V50)	"	.48
158.C Macdonald (LV40)	Ilford	.30	218.R Armstrong	U/A	16.26
159.S Teevan (L)	Serpentine RC	47.30	219.P Lloyd (V50)	U/A	17.05
160.J Reynolds (V40)	Blackheath H	.43	220.B Rowell	WG & EL	.13
161.M Oestreicher	Muswell Hill R	.59	221.A Wakefield (V70)	Castle Point J	.50
162.J Cork (V40)	Oddfellows AC	48.00	222.R Kent (V60)	Bishops Stort.	19.28
163.D Turk	Springfield	.01	223.S Kemp (L)	Thurrock	22.00
164.D Hurley	U/A	.14	224.G Wiseman	"	.02
165.I Mayhew	Metro Police	49.09	225.M Suggate	U/A	23.50
166.H Kelly	U/A	.29	226.P Cannell (V50)	Vestall V	25.18
167.T Bates	U/A	.34	227.L Gloyne (LV50)	"	.18
168.A Taylor (L)	Old Selbornians (RSA)	.40	228.D Moles (V40)	Dovedale H	.53
169.S Horracks (L)	Serpentine RC	.55	229.M Bristow (L)	Metro Police	26.45
170.R Hage11 (V50)	"	.55	230.J Dutch (V50) (Marathon)	Crawley AC	27.45
171.G Petersen (L)	"	.55	231.G Melotti	U/A	31.05
172.T Wenlock	U/A	50.18	232.R White	Vestall V	36.21
173.C Perry (L)	U/A	.32	233.C Jones (LV35)	U/A	38.08
174.C Logier (V40)	Forbanks AC	51.20	234.K Bearwish	U/A	.09
175.C Webb (V40)	Chris Lane T	.54	235.P Martin	U/A	.40
176.C Huggins	Pitsea	52.22	236.N Cornelius	U/A	45.47
177.M Bliss	U/A	.55			
178.S Cragg (L)	U/A	53.16			
179.D James	U/A	.41			
180.D Thomas (V50)	Havering M	.46			

ESSEX CHAMPIONSHIP - Individuals

SENIOR MEN 1. G Heslop Chelmsford 1.53.05 2.N Berrill Ilford 1.55.24 3.T Knightley Ilford 1.57.02
 Vet '40 1.S Murray WG & EL 1.59.05 2.C Applegate Tiptree 2.03.30 3.J Goldring Col.H.2.04.08
 Vet '50 1.S Fulker Bill. 2.08.11 2.D Lacy Col.H 2.08.41 3.G Baker RRC 2.14.21
 Vet '60 1.E Campbell Pitsea 2.29.50 2.B Johnson Harwich 2.39.28 3.A Read NEB 2.41.56

SENIOR WOMEN 1.E Newman Col.& T 2.18.18 2.T Cottis Advance Perf.2.25.40 3.N Yevko Southend 2.26.54
 Vet '35 1.N Yevko Southend 2.26.54 2.S Baker Tiptree 2.35.22 3.E Knott Harwich 2.35.50
 Vet '50 1.L Cudmore Col.H 2.38.05 2. P Jones Ilford 2.40.57

TEAM RESULTS

MEN

1.ILFORD A C 10pts
 2.COLCHESTER H 46
 3.ILFORD A C 'B' 48
 4.THURROCK H 65
 5.BILLERICAY S. 68

WOMEN

1.ILFORD A C 26pts
 2.PITSEA R C 39

Other Mens Team positions will be calculated later.

ESSEX COUNTY AAA would like to thank SOUTHEND ATHLETIC CLUB for staging today's Championships. We would also like to thank All the OFFICIALS & MARSHALLS & ST JOHNS & ESSEX POLICE for their assistance.

CONTACT

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Continued -

6.COLCHESTER H 'B'	73pts	11.SOUTH CYPRUS FLYERS R C	135
7.HARLOW R C	76	12.PITSEA R C	151
8.HAVERING '90 J	99	13.WITHAM R C	168
9.WOODFORD GN & EL A C	120	14.CASTLE POINT J.	208
10.BENFLEET R C	127	15.VESTAL VERGINS R C	211

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