

RACE FOR LIFE in ESSEX 2018 DATES AND VENUES

Full details including entry cost on Race for Life website <https://raceforlife.cancerresearchuk.org>

Harlow 5k / 10k

Date : SUNDAY 13 MAY 2018

Time: 11:00

Venue: Harlow Town Park, Fifth Avenue, Harlow, CM20 2AG

Southend-On-Sea 5K

Date : SUNDAY 20 MAY 2018

Time: 11:00

Venue: Garon Park, Eastern Avenue, Southend-on-Sea, SS2 4FA

Brentwood 5k / 10k

Date : SATURDAY 26 MAY 2018

Time: 11:00

Venue: Weald Country Park, South Weald, Brentwood, CM14 5QF

Pretty Muddy Basildon 5k

Date : SATURDAY 17 JUNE 2018

Time: 11:00

Venue: Gloucester Park, Cranes Farm Road, Basildon, SS14 3GR

Pretty Muddy Basildon 5k

Date : SUNDAY 18 JUNE 2018

Time: 11:00

Venue: Gloucester Park, Cranes Farm Road, Basildon, SS14 3GR

Epping 5k / 10k

Date : WEDNESDAY 11 JULY 2018

Time: 19:00 (7.00pm)

Venue: North Weald Airfield, Merlin Way, North Weald, Epping, CM16 6HR

Colchester 5k

Date : SUNDAY 15 JULY 2018

Time: 11:00

Venue: Lower Castle Park, High Street, Colchester, CO1 1XN [View map](#)

Chelmsford 5k / 10k

Date : SUNDAY 22 JULY 2018

Time: 11:00

Venue: Hylands Park, Greenbury Way, Chelmsford, CM1 3PJ

Pretty Muddy Chelmsford 5k

Date : SUNDAY 22 JULY 2018

Time: 11:45

Venue: Hylands Park, Greenbury Way, Chelmsford, CM1 3PJ

Lee Valley 5k, 10k, Half Marathon or Marathon

Date : SUNDAY 7 OCTOBER 2018

Time: 11:00

Venue: Lee Valley, The Showground, River Lee Country Park, Station Road, Waltham Cross, EN9 1AB

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