

ESSEX COUNTY AAA 20 MILES ROAD RUNNING CHAMPIONSHIP 2003 , ROCHFORD, ESSEX
2nd FEBRUARY 2003

1. H Lobb	Bedford & Co		1. 49. 17	61. M Kisbee (V50)	U/A		2. 19. 24
2. R Maddams	London Irish	E	53. 51	62. G Baker (V50)	R R C	E	. 33
3. P West	Colchester H	E	58. 35	63. G Rayner (V40)	Springfield	E	. 35
4. T Berg	Mornington C.		. 52	64. G Gorrance	FV Spartan		. 47
5. G Reynolds	Ilford AC	E	59. 12	65. D Adkins	U/A		20. 03
6. T Cummings (V40)	Thurrock	E	2. 00. 51	66. P Adkins	U/A		. 03
7. A Smalls	Colchester H	E	01. 33	67. B Costas (V40)	South Cyprus	E	. 25
8. C Lewin	"	E	. 40	68. D Gridley	Havering '90	E	. 39
9. K Purvis (V40)	Eastern V	E	02. 05	69. D Ross	Sutton R		. 48
10. M Rea	Springfield	E	. 28	70. T Kelly (V40)	Bishops Stort.		21. 12
11. S Williams (V40)	Thurrock	E	. 49	71. D Dell'oro	Thrift Gn	E	. 35
12. G Mills	"	E	03. 38	72. B Weir	U/A		. 58
13. J Wallis	Woodford Gn	E	04. 34	73. R Clarke (V40)	Colchester H	E	22. 03
14. G Collier	Chelmsford	E	. 47	74. R Steer	London Heath.		. 09
15. J Mancer	Benfleet	E	. 47	75. G Barron (V50)	Bishops Stort.		. 20
16. A Broughton	Harlow	E	05. 12	76. A Mann (V40)	Les Croupier		. 39
17. J Lendon	Havering M	E	06. 43	77. S Spong (LV40)	Havering '90	E	. 46
18. I Godden	South Kent	E	07. 21	78. C Thompson	Edmonton R		23. 08
19. V Mills (V40)	Billericay	E	. 29	79. T Panayiotou	U/A		. 08
20. P Jones	Thurrock	E	08. 19	80. R Langley (V40)	Halstead	E	. 30
21. S Coleman (V50)	Thrift Gn	E	. 44	81. S Fulker (V50)	Billericay	E	. 39
22. J Meachen	Harwich	E	. 55	82. C Custiff (LV40)	S L H		. 41
23. J Cottis	Gt Bentley	E	09. 00	83. G Chandler	U/A		24. 10
24. G McDowell	Colchester H	E	. 08	84. S Ellis (V40)	Thrift Gn	E	. 17
25. C Moody (V50)	Harlow	E	. 24	85. 646			. 30
26. R Bushby	South Cyprus	E	. 29	86. A Nichols (V40)	South Cyprus	E	. 37
27. S Crombie-Hicks (L)	Mornington C		. 31	87. D Bostock	R R C		. 50
28. M Hall	Hastings AC	E	. 45	88. D Mannion	West Wight R		25. 08
29. S Ketteridge	Colchester H	E	. 55	89. E Van Caster	U/A		. 13
30. G Collins	Thurrock	E	. 58	90. D Symons (V50)	Billericay	E	. 38
31. A Collins	S L H		10. 34	91. A Wilmot (V50)	Halstead	E	26. 06
32. P Todd	Benfleet	E	. 55	92. O Barder	Serpentine		. 22
33. P Ross	Havering '90	E	11. 29	93. G Doel	Colchester H	E	. 24
34. D Wright (V40)	Colchester H	E	. 43	94. J Watson (L)	Benfleet	E	. 26
35. D Lacy (V50)	"	E	. 48	95. M Delea	Ilford	E	. 30
36. G Lock (V40)	Fairlands V		12. 02	96. M Staines (V50)	Castle Pt.	E	27. 01
37. C Applegate (V40)	Thurrock	E	. 18	97. D Hall	U/A		. 04
38. G McCann	Cambridge H		. 24	98. B Newton	T V H		. 09
39. T Jason (V40)	Woodford Gn	E	. 46	99. J Palmer (LV40)	Benfleet	E	. 28
40. G Crisp (V40)	R R C		13. 23	100. D Fellman (V40)	Ipswich J		. 54
41. S Cable	Istead & I		. 48	101. I Forrest	Maidstone H		28. 01
42. V Spain (V40)	Springfield	E	. 50	102. A Stranger-Jones (V50)	Serpentine		. 04
43. J Mujinga (V40)	Trec. RC		. 56	103. S Wakeford (V40)	Kent AC		. 04
44. C Primas	T V H		14. 27	104. D King (V40)	Blackheath		. 27
45. S Briggs	U/A		. 46	105. R Cahrlton (V40)	Springfield	E	. 34
46. R Everard (V50)	Pitsea	E	15. 13	106. C Harbron	Thanet RR		. 41
47. E Engdahl (LV35)	Thurrock	E	. 50	107. A Barnes	Heather RR		. 43
48. L Cowley (L)	Herts Ph		. 58	108. P Cleef (V50)	Grange Fm	E	29. 33
49. J Catmull	Springfield	E	16. 03	109. F Leistner	U/A		. 47
50. T Knightley (V40)	Ilford	E	. 14	110. C Tate (V40)	Bishops Stort.		30. 27
51. S Watkinson	Pitsea	E	. 34	111. L Stock (V40)	N E J		. 28
52. J Delano	East Ldn Tri		17. 08	112. P McClelland	Harwich	E	. 44
53. P Preston	Ipswich J		. 22	113. C White	U/A		. 44
54. J Tyler (V40)	Havering '90	E	. 53	114. M Smith	Southend	E	. 48
55. P P ELLECCHIA (V50)	Harlow	E	18. 09	115. S Newton (LV40)	Serpentine		31. 01
56. R Smith (V40)	Woodbridge S		. 29	116. C Milne	U/A		. 06
57. T Vanner (V40)	Colchester H	E	. 39	117. A White	U/A		. 52
58. S Dobson	Colchester & T	E	. 42	118. S Cornforth	U/A		32. 18
59. K Jacobs	Billericay	E	19. 07	119. P Cross	U/A		. 18
60. D Brown (V50)	Sittingbourne			120. E Jenson	Benfleet	E	. 44

121. P Barnett (V40)	Colchester H	E	2.	32.	51	181. M Dobson (V35)	Serpentine	2.	51.	44
122. G Arnell	U/A			33.	33	182. T Clarke (LV35)	Thurrock		52.	09
123. A Bent (LV50)	Pitsea	E			52	183. F Gardner (V40)	Gt Bentley			09
124. J Murphy	Borehamwood			34.	16	184. L Horton (LV35)	" "			27
125. G Jackets	East End R	E		35.	03	185. J Weston	U/A		53.	22
126. M Mack	Woodford Gn	E			08	186. E Chapman (V40)	Sutton R			34
127. S Siggers	U/A				31	187. J Cramphorn (V50)	Havering '90			44
128. P Jackson	U/A				37	188. A Scanlon	U/A			50
129. D Vine (V40)	South Cyprus	E	338.	08	189. C Almond	Springfield		55.	04	
130. A Bear (LV45)	Wymondham				11	190. J McAvoy (V50)	Ford Fitness			05
132. M Calvert	U/A				39	191. A Newton (L)	Serpentine			11
133. D Johnstone	Wirbleton W				56	192. C Stephens	E L R			50
134. A Bussey (LV35)	Southend	E	39.	15	193. A Prestons (LV40)	Gravesend				57
135. L Cahill (LV35)	Colchester H	E			17	194. J Cordwell (V40)	Harwich		56.	14
136. R Radcliffe(V50)	Stowmarket				33	195. G Jones	U/A			41
137. D Chatburn	Deal				37	196. B Law LV50)	Gt Bentley			44
138. J Conquest (V50)	Havering '90	E			40	197. S Iles (V40)	U/A			59
139. B Wright (V50)	Southend	E			54	198. C Marsh	U/A		57.	15
140. I Jordan	Blackheath		40.	57	199. E Mason (L)	Barking RR				29
141. D Northcroft (V60)	Maidstone H		41.	14	200. M Mason	"				31
142. J Roberts (V70)	Witham	E			29	201. R Griffin	Blackheath		58.	09
143. C Prance (V35)	East End R	E			31	202. R Richardson-Wright(LV40)	Colchester H			11
144. M Mullins (V40)	Southend	E			38	203. J Gavin	Serpentine			13
145. M Ling (LV40)	"	E			44	204. D Martin	Ilford			16
146. S Beech (V50)	Pitsea	E	42.	11	205. R Russell (V60)	Castle Pt				19
147. T Mickleburgh	U/A				44	206. D Turk (V40)	Springfield			55
148. L Conquest (L)	Havering '90	E	43.	22	207. L Clappett (LV50)	Louth		59.	01	
149. R Harvey	Wymondham				27	208. P Woodford	U/A			02
150. M Bailey (V60)	Aylesham RR				40	209. A Robinson	U/A			04
151. S Clark	Benfleet	E			50	210. T Flannigan (LV50)	Pitsea			04
152. G Moore	"	E			55	211. D James (V40)	U/A			18
153. P Lovell (V60)	Blackheath		44.	07	212. M Hawkins	Maidstone				26
154. J Ling (V40)	Southend	E			35	213. P Row	Bishops Stort.	3.	01.	57
155. A Berleen	Ilford	E	45.	11	214. M Broekhof (L)	Serpentine		02.	07	
156. J Morsley	U/A				14	215. G Sheward (V60)	Gt Bentley			59
157. L Thomas	Ilford	E			15	216. G Hughes (V50)	Pitsea		03.	11
158. J Crozier (V50)	Sittingbourne				16	217. K Porter (V60)	Vestall V			52
159. K Cadman	Benfleet	E			36	218. D Gridley (V40)	Springfield		04.	30
160. D Dobbie	St Albans S				44	219. L Evans (LV40)	Bishops Stort.			58
161. B Jordaan	U/A		46.	10	220. T Rout (LV35)	U/A		05.	41	
162. I Glover	Southend	E			29	221. J Jobey (LV35)	U/A			42
163. S Banks (V40)	Barking RR	E			33	222. F Wright (LV35)	Serpentine		06.	55
164. P Cahill (L)	East Ldn R	E	47.	17	223. S Gillam (LV40)	Ilford				55
165. S Jay	E L R	E			32	224. N Juniper (L)	"			07
166. K Wolson	East End R	E			32	225. H Dimmock (V50)	Southend		09.	47
167. D Vickers (V40)	Springfield	E	48.	13	226. M Kalinauckas	U/A			10.	21
168. N Aikman	U/A				16	227. V Vaseiliou	Edmonton RC			39
169. D King (V40)	Gt Bentley	E			18	228. D Bull LV40)	U/A			42
170. G Petersen (V35)	Serpentine				20	229. M Maison (LV40)	Barking RR			49
171. M Nel (L)	Thurrock	E			59	230. R Courtier	"			56
172. A Howe (LV35)	Castle Pt	E	49.	08	231. R Courtier	Ashford		11.	25	
173. P Worsnip	South Africa				22	231. L Goldsack	Bishops Stort.		12.	13
174. L Mackinnan (L)	U/A				38	232. M Wakeling (LV35)	Tiptree			15
175. S Hambling	U/A				49	233. J Green	Serpentine			19
176. S Tilson	U/A		50.	02	234. K Huesch (L)	"				21
177. J Gardiner (L)	Colchester & T	E			07	235. S Hammer (L)	Dartford H		13.	24
178. C Poole (V60)	Blackheath				20	236. R Heywood (V60)	U/A			28
179. S Preston (LV40)	Gravesend RR		51.	10	237. H Oosthurzen (L)	U/A				28
180. A Hammett (L)	U/A				36	238. P Berger	U/A			28

239. C Caudle (L)	U/A		3. 13. 57	248. D. Pugh (LV60)	Castle Pt.		3. 24. 01
240. I Ivory	U/A		. 57	249. N Pugh	Castle Pt.	E	. 02
241. P Louis	Ilford	E	14. 55	250. N Cornelious	U/A		26. 07
242. G Calliste (L)	Istead & I		16. 15	251. H Smart	Hastings AC	I	28. 53
243. P Green	Tiptree	E	. 42	252. K Scrivener	Gt Bentley	E	30. 34
244. A Green (LV35)	"	E	. 42	253. B Scanlon (V60)	U/A		. 34
245. F Humphries (L)	U/A		. 46	254. 420			31. 22
246. E Oddie (L)	R R C		17. 20	255. P Rogers (V50)	U/A		32. 59
247. T Teatho	U/A		21. 18	256. K Porter (L)	Barking RR	E	41. 55
				257. A Rugg	WG & EL	E	42. 42

ESSEX COUNTY CHAMPIONSHIPS

Senior Men	1. R Maddams	London Irish	2. P West	Colchester H	3. G Reynolds	Ilford AC
Vet Men'40	1. T Cummings	Thurrock H	2. K Purvis	Eastern Vets.	3. S Williams	Thurrock H
Vet Men'50	1. S Coleman	Thrift Green	2. C Moody	Harlow RC	3. D Lacy	Colchester H
Vet Men'60	1. J Roberts	Witham RC	2. R Russell	Castle Pt.	3. N Pugh	Castle Pt.
Senior Women	1. E Engdahl	Thurrock	2. S Spang	Havering RC	3. J Watson	Benfleet RC
Vet Women'35	1. E Engdahl	Thurrock H	2. J Palmer	Benfleet RC	3. A Bussey	Southend AC
Vet Women'45	1. S Spang	Havering '90	2. A Benit	Pitsea Roint RC	3. T Flannigan	Pitsea RC
Vet. Women '55	1. B Law	Gt. Bentley RC	2. D Pugh	Castle Pt.		

TEAM CHAMPIONSHIPS

MEN (3 to score)

1. COLCHESTER H	18 pts	2. THURROCK H	29pts	3. COLCHESTER H 'B'	87pts
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WOMEN (3 to score)

1. THURROCK H	25pts.
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ESSEX COUNTY AAA would like to thank SOUTHEND-ON-SEA ATHLETIC CLUB for staging these CHAMPIONSHIPS, We would also like to thank all the OFFICIALS & MARSHALLS who assisted. Thanks are also due to the St Johns Ambulance services & Police for their assistance.

We hope that all runners enjoyed the race and that we will see you in Essex next year. The Venue will be announced as soon as it decided. If you have any comments regarding the race please let us know .

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 (01277 625294)

