

ESSEX COUNTY '20' MILES ROAD CHAMPIONSHIP 2004  
Chelmsford, Essex. Sunday 15th February 2004

|                      |              |         |                         |               |         |
|----------------------|--------------|---------|-------------------------|---------------|---------|
| 1. R Maddams         | London Irish | 1.55.02 | B Waters(LV35)          | Harlow        | 2.26.48 |
| 2. M Cates           | Eton Manor   | 57.34   | 62. T Cowell            | Benfleet      | 27.00   |
| 3. A Smalls          | Colch. H     | 58.14   | 63. D Sweet(40)         | Billericay    | .14     |
| 4. M Rea             | Spring. S.   | 2.00.50 | 64. R Merry             | Colch.H.      | .25     |
| 5. M Bumstead        | Thurrock     | .58     | 65. I Forest            | Maidstone     | 28.00   |
| 6. M Bond(40)        | Colch. H.    | 01.08   | 66. P Barrett(40)       | Colch.H.      | .21     |
| 7. P Clarke          | WG & EL      | .40     | 67. M Ling(LV35)        | Southend      | .23     |
| 8. J Manger          | Benfleet     | .52     | 68. D Gearing           | Hav. '90      | .55     |
| 9. M Muir            | Ilford       | 03.41   | 69. I Rutherford        | "             | 30.19   |
| 10. T Knightley(40)  | "            | 04.03   | 70. M Mack              | WG & EL       | .55     |
| 11. C McDowell       | Colch. H.    | 06.49   | 71. J Syrett U/A        |               | .55     |
| 12. S Ketteridge     | "            | .53     | 72. S Newton(LV40)      | Serpentine    | 31.15   |
| 13. S Williams(40)   | Thurrock     | .58     | 73. D Vine(40)          | S Cyprus F.   | .39     |
| 14. R Ricketts       | Harlow       | 07.30   | 74. G Lavender          | Colch.H.      | 32.05   |
| 15. G Doel           | Colch.H.     | .47     | 75. B Butcher(50)       | Castle P.     | .38     |
| 16. T Mead           | Benfleet     | 08.16   | 76. N Taylor            | Hav. '90      | .45     |
| 17. C Leeman(40)     | Southend     | .50     | 77. J Shanks(L)         | Benfleet      | .47     |
| 18. G Chandler U/A   |              | .57     | 78. N Juniper(L)        | Ilford        | 33.06   |
| 19. S Siegar         | WG & EL      | 09.05   | 79. B Nordin(LV45)      | "             | .06     |
| 20. S Briggs(40) U/A |              | .08     | 80. R Fleming           | Billericay    | .04     |
| 21. M Deasy(LV45)    | Col. & T.    | .14     | 81. E Jewson(40)        | Benfleet      | .17     |
| 22. P McClelland     | Harwich      | .16     | 82. T Mickelburgh       | U/A           | 34.24   |
| 23. D Wright(40)     | Colch.H.     | .24     | 83. A Bussey(LV35)      | Southend      | .35     |
| 24. M Delea          | Ilford       | .37     | 84. P Clark             | Pitsea        | .43     |
| 25. S Coleman(50)    | Thrift Gn    | .43     | 85. T Clark(L)          | Thurrock      | .54     |
| 26. M Edmunds (U/A)  |              | 10.08   | 86. N Hopkinson(LV45)   | Ilford        | 35.11   |
| 27. L Shafier (40)   | East Lon. T. | .28     | 87. J Devall(40)U/A     |               | .47     |
| 28. J Green          | Thurrock     | .43     | 88. G Collins           | Thurrock      | 36.11   |
| 29. P Preston        | Ipswich J.   | .59     | 89. N Norquay(L)        | Ilford        | .15     |
| 30. M Bumstead (50)  | Thurrock     | 11.39   | 90. S Tilson            | U/A           | 37.03   |
| 31. C Moody(50)      | Harlow       | 13.01   | 91. M Pead(40)          | Thrift Gn     | .14     |
| 32. R Llewelyn U/A   |              | 14.40   | 92. D Gibbins(LV45)     | Benfleet      | .36     |
| 33. R Fuller (40)    | East E. Tri  | .47     | 93. M Taylor U/A        |               | .58     |
| 34. D Lacy(50)       | Colch.H.     | .56     | 94. M Read (40)         | Billericay    | 38.16   |
| 35. E Engdhal(LV45)  | Thurrock     | 15.18   | 95. D Gridley           | Hav. '90      | .26     |
| 36. J Swan           | Thrift Gn    | .22     | 96. L Renyard(L)        | Thrift Gn     | .53     |
| 37. S Stradling(L)   | Col. & T.    | .25     | 97. S Brooks            | C.Ldn. Police | 39.03   |
| 38. J Tyler(40)      | Hav. '90     | .47     | 98. B Wright(50)        | Southend      | .18     |
| 39. R Bushry         | S Cyprus F.  | .51     | 99. V Spares(LV45)      | Benfleet      | .21     |
| 40. N Hall(40)       | Hastings     | 17.19   | 100. G Statter(40)      | Bish. Stort.  | .35     |
| 41. I O'Neill        | Thrift Gn.   | 18.13   | 101. V Binstead(LV35)   | Benfleet      | .39     |
| 42. B Costas (40)    | S Cyprus F.  | .17     | 102. R Condon(40)       | "             | .48     |
| 43. J Watson(L)      | Benfleet     | .29     | 103. M Osborn(40)       | RRC           | .52     |
| 44. D Adkins U/A     |              | 19.05   | 104. R Winston(50)      | Hav. Mayes    | 40.37   |
| 45. P Andrews(60)    | Norwich      | .10     | 105. A Bent(LV55)       | Pitsea        | .58     |
| 46. J Catmull        | Spring. S.   | .46     | 106. J Roberts(70)      | Witham        | 41.18   |
| 47. W Haining (40)   | Colch.H.     | .52     | 107. M Dowell(LV35)     | Colch.H.      | .20     |
| 48. M Smith          | Southend     | 20.35   | 108. D Turk(40)         | Spring. S.    | .24     |
| 49. J Wright (50)    | "            | 21.14   | 109. N Edegely          | Benfleet      | .40     |
| 50. K Wind (40)      | Pitsea       | .54     | 110. C Huggins(40)      | Benfleet      | 42.16   |
| 51. L Tanner (LV50)  | Col. & T.    | 22.50   | 111. D Slack(LV35)      | Pitsea        | 43.20   |
| 52. J Luck           | Harlow       | .56     | 112. G Bloomfield       | Essex Police  | .28     |
| 53. S Spong (LV45)   | Hav. '90     | 23.42   | 113. D Wooller(LV55)    | Col. & T.     | .32     |
| 54. J Palmer(LV35)   | Benfleet     | 24.08   | 114. A Smith            | Pitsea        | .46     |
| 55. G Barron (50)    | Bishops St.  | .15     | 115. D Smith(LV35)      | Benfleet      | 44.03   |
| 56. G Baker (50)     | RRC          | .29     | 116. L Bañnatyne (LV35) | Col.H.        | .29     |
| 57. M Clarke (50)    | Ilford       | 26.02   | 117. S Cole(LV35)       | "             | 45.03   |
| 58. D Dutton(40)     | Pitsea       | .22     | 118. H Tompkins(LV55)   | Pitsea        | .09     |
| 59. A Wilmot(50)     | Halstead     | .28     | 119. C Wagh(LV)         | Eton Manor    | .34     |
| 60. S Patel          | E L R        | .42     | 120. L Clampett(LV45)   | Thurrock      | .37     |

'ESSEX 20' Cont. 2.45.39

|      |                   |              |         |
|------|-------------------|--------------|---------|
| 121. | J Cordwell(50)    | Harwich      | .42     |
| 122. | S Dale(LV45)      | Hav. '90     | 46.13   |
| 123. | M Rosbrook(60)    | Orion        | 47.07   |
| 124. | D Mole (50)       | Hav. '90     | 48.23   |
| 125. | C Domoney (40)    | Thrift Gn    | .35     |
| 126. | A Hammett (L)     | U/A          | .46     |
| 127. | I Lewis(40)       | Castle P.    | 49.35   |
| 128. | D Thomas(50)      | Hav. Mayes   | 50.37   |
| 129. | T Geddes (50)     | Gt Bentley   | 52.40   |
| 130. | A Howe (LV35)     | Castle P.    | 52.40   |
| 131. | A Felstead (60)   | Bish. Stort. | 52.40   |
| 132. | G Hughes(50)      | Pitsea       | 55.42   |
| 133. | R Hill(50)        | "            | 53.22   |
| 134. | P Williams(40)    | "            | 53.17   |
| 135. | N Westwood(40)    | Spring. S    | .56     |
| 136. | S Niall (L)       | U/A          | .56     |
| 137. | B Law (LV55)      | Gt Bentley   | 54.07   |
| 138. | G Hammett         | U/A          | 55.12   |
| 139. | J Hill(LV45)      | Spring. S.   | .12     |
| 140. | R Raylinson(50)   | Ilford       | .15     |
| 141. | C Roake (L)       | U/A          | 55.12   |
| 142. | L Holmes (LV35)   | Thrift Gn    | 56.07   |
| 143. | S Gillam(LV35)    | Ilford       | .06     |
| 144. | M Quinlivan(50)   | Thrift Gn    | 56.04   |
| 145. | J O'Brien (40)    | Billericay   | 57.07   |
| 146. | M Brown           | "            | 58.52   |
| 147. | R Scales (40)     | Ford Fit.    | 57.07   |
| 148. | G Howard (LV35)   | Colch.H.     | .0707   |
| 149. | R Courtier(40)    | Barking RR   | 58.55   |
| 150. | A Coster (LV35)   | Thrift Gn    | 59.05   |
| 151. | J Hoskyn (50)     | Thrift Gn    | .13     |
| 152. | S Walker (LV35)   | Spring S     | .13     |
| 153. | C Cornforth(LV35) | "            | .33     |
| 154. | G Carter (LV35)   | "            | .34     |
| 155. | C Newcombe        | "            | .34     |
| 156. | K Wooldridge(L)   | Ipswich J    | .35     |
| 157. | R Dobie (40)      | Hav. '90     | 3.00.15 |
| 160. | S Hampshire(LV45) | Billericay   | .02.56  |
| 158. | A Jackson (50)    | U/A          | .00.55  |
| 159. | D Gridley (40)    | Spring S     | .02.42  |
| 161. | R Cottis (40)     | Southead     | .03.52  |
| 162. | T Bradley (50)    | Dag. '88     | .05.08  |
| 163. | S Ackland         | Eton Manor   | .11     |
| 164. | M Cottrell (60)   | Billericay   | .06.54  |
| 165. | A Field (L)       | U/A          | .14     |
| 166. | M Maison (LV45)   | Barking RR   | .54     |
| 167. | No name           |              | .07.05  |
| 168. | P Thomas (70)     | Colch.H.     | .08.05  |
| 169. | S Thake (LV35)    | Billericay   | .008    |
| 170. | R Luck (50)       | Harlow       | .12     |
| 171. | R French (50)     | Thrift Gn    | .20     |
| 172. | B Harding (50)    | "            | .08.233 |
| 173. | K Porter (L)      | Barking RR   | .38     |
| 174. | N Timothy (L)     | "            | .38     |
| 175. | C Marriott (45)   | U/A          | 12.27   |
| 176. | G Calliste (LV35) | U/A          | .13.54  |
| 177. | R Longton         | U/A          | .14.40  |
| 178. | S Macaulay (LV45) | Spring. S    | .18.39  |
| 179. | L Goldsack        | Deal Tri     | .20.02  |
| 180. | J Mills (LV45)    | Pitsea       |         |

'ESSEX '20' (Cont.)

|                       |            |         |                        |         |         |
|-----------------------|------------|---------|------------------------|---------|---------|
| 181. M Potter (50)    | Spring. S. | 3.20.25 | 188. G Oddie (LV45)    | RRC     | 3.32.09 |
| 182. N Suleman        | Thrift     | 22.16   | 189. B Whitehead(LV45) | Spring. | 33.32   |
| 183. C Slade (LV35)   | "          | .17     | 190. T Bailey (40)     | Bill.   | 34.57   |
| 184. C Weald (LV55)   | Pitsea     | .52     | 191. J Spencer         | U/A     | .57     |
| 185. K Scrivener (60) | Gt Bentley | 25.16   | 192. J Rourke (40)     | Bille.) | .57     |
| 186. R Johnson        | U/A        | .44     | 193. L Inns (LV35)     | U/A     | 46.18   |
| 187. L Monod (LV35)   | Southend   | 32.09   | 194. J Driscoll(LV45)  | Spring. | 49.57   |
|                       |            |         | 195. M Johnson (LV35)  | U/A     | 53.34   |

TEAM RESULTS

|                    |       | <u>MEN</u>        |       |  |
|--------------------|-------|-------------------|-------|--|
| 1. COLCHESTER H.   | 20pts | 5. BENFLEET R R   | 77pts |  |
| 2. ILFORD A C      | 42    | 6. WOODFORD GN&EL | 86    |  |
| 3. THURROCK H      | 46    | 7. HARLOW RC      | 89    |  |
| 4. COLCHESTER H'B' | 49    | 8. THRIFT GN      | 94    |  |

WOMEN

|                              |      |                   |    |
|------------------------------|------|-------------------|----|
| 1. COLCHESTER & TENDRING A C | 9pts | 5. BENFLEET RR'B' | 61 |
| 2. BENFLEET R R              | 22   | 6. ILFORD A C     | 64 |
| 3. THURROCK H                | 34   | 7. COLCHESTER H   | 75 |
| 4. SOUTHEND A C              | 42   | 8. SPRINGFIELD ST | 94 |

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On behalf of ESSEX COUNTY AAA I would like to thank all the OFFICIALS & MARSHALLS who assisted today. We would also like to thank CHELMSFORD ATHLETIC CLUB & SPRINGFIELD STRIDERS for their assistance in staging the event. As we have stated before unless more Marshalls are willing to assist on the course it will not be possible to hold these events as the roads are becoming increasingly busy at all times making them more dangerous for the runners.

We apologise for the mistake in the Team Result in the Mens Championships due to Veteran runners being omitted from the Team scores.

Howard Williams(Hon Road Sec.)  
84 TyeInds, Billericay,  
Essex CM12 9PB (01277 625294)

