



# Master

## ESSEX 20 MILE CHAMPIONSHIP

## ESSEX 20 MILE CHAMPIONSHIP

Sunday 17 February 2008. 10:30 am

### Provisional Results for All Competitors in finish order.

Place	Time	Name	Team	Age Category	Age Grading	Race No	Race Place
1	1:48:30	BLOOMFIELD, Crispian	Billericay Striders	M31	86.93%	21	1
2	1:49:24	POWELL, Simon (Guest)	Woodford Green & Essex Ladies	M21	86.21%	311	2
2	1:50:30	ZIGTSMAN, H	Southend on Sea	M38	85.91%	156	3
3	1:55:30	PROUT, Ryan	Thrift Green Trotters	M24	81.66%	38	4
5	1:56:13	MUIR, Malcolm	Ilford AC	M33	81.16%	10	5
6	1:58:19	ALCOCK, Dave (GUEST)	Victoria Park Harriers	M27	79.72%	330	6
7	2:00:05	MAJOR, Paul	Woodford Green & Essex Ladies	M42	81.32%	151	7
8	2:00:17	KETTERIDGE, Sean	Colchester Harriers	M38	78.92%	25	8
9	2:01:00	BRIDGELAND, Michael	Chelmsford	M50	85.70%	115	9
10	2:01:54	WEST, Peter	Colchester Harriers	M44	81.27%	99	10
11	2:02:41	RAMSEY, Grant (GUEST)	Barnet & District	M35	76.88%	313	11
12	2:03:00	MANSFIELD, Mike	Leigh on Sea Striders	M35	76.68%	41	12
13	2:03:16	MANSER, Jez	Benfleet	M39	77.54%	15	13
14	2:05:08	CHANDLER, Gary	Springfield Striders	M39	76.39%	1	14
15	2:05:16	BOND, Michael	Colchester Harriers	M51	83.46%	116	15
16	2:05:20	HELLIWELL, Paul	Colchester & Tendring	M40	76.81%	142	16
17	2:05:31	DESBOROUGH, Steve	Benfleet	M44	78.93%	85	17
18	2:05:33	PRESTON, Paul (GUEST)	Sudbury	M36	75.12%	317	18
19	2:05:35	ANTHONY, Ian	Havering Mayesbrook	M29	75.10%	33	19
20	2:05:51	WRIGHT, David	Colchester Harriers	M49	81.76%	139	20
21	2:07:00	WILKINSON, Keith	Chelmsford	M53	83.67%	118	21
22	2:07:15	MARTIN, Lee	Springfield Striders	M36	74.12%	35	22
23	2:08:44	CHESTER, Martin	Havering Mayesbrook	M35	73.27%	34	23
24	2:09:01	RAND, Steven	Havering Mayesbrook	M35	73.10%	32	24
25	2:09:32	TOMLINSON, Geoff	Great Bentley	M48	78.83%	82	25
26	2:09:48	HOGAN, Graham	Havering Mayesbrook	M33	72.66%	31	26
27	2:11:54	JACOBS, Kevin	Billericay Striders	M44	75.11%	91	27
28	2:12:45	TYLER, John	Havering 90 Joggers	M45	75.18%	65	28
29	2:13:21	MCCLELLAND, Paul	Harwich Road Runners	M41	72.70%	145	29
30	2:13:46	THOMAS, Thomas	Great Bentley	M45	74.61%	80	30
31	2:13:51	SMITH, Jem (GUEST)	Sudbury	M34	70.46%	321	31
32	2:14:48	SMITH, Michael	Southend on Sea	M38	70.43%	6	32
33	2:14:58	TILSON, Scott		M39	70.82%	326	33
34	2:15:02	JEFFRIES, Kevin	Great Bentley	M42	72.32%	150	34
35	2:15:09	BUCK, Andy (GUEST)	Sudbury	M43	72.78%	319	35
36	2:15:55	O'NEILL, Ian	Thrift Green Trotters	M40	70.83%	147	36
37	2:16:23	BUTLER, Derek	Billericay Striders	M54	78.58%	114	37
38	2:16:26	HASKEY-JONES, James	Tiptree Road Runners	M40	70.56%	67	38
39	2:17:15	RANSON, Tracey	Springfield Striders	F26	75.45%	205	39
40	2:17:19	GILLIBRAND, Christian (GUEST)	Sudbury	M34	68.69%	310	40
41	2:17:19	RANKIN, Nicholas	Benfleet	M47	73.80%	149	41
42	2:17:35	MOODY, Colin	Harlow	M57	79.94%	108	42
43	2:17:36	CRISP, Neil	Ilford AC	M45	72.53%	76	43
44	2:17:42	HENRY, Amanda (Guest)	Sudbury	F34	75.20%	331	44
45	2:18:18	BALL, Martin	Havering 90 Joggers	M30	68.20%	3	45
46	2:18:47	OXLADE, Maxine	Springfield Striders	F34	74.61%	213	46
47	2:19:11	WISE, Alan	Harlow	M38	68.21%	8	47
48	2:20:16	GEARING, Danny	Havering 90 Joggers	M33	67.24%	29	48
49	2:20:34	DOBBS, Pat	Thurrock	M69	88.33%	168	49
50	2:21:42	GREEN, Chris	Great Bentley	M46	70.97%	78	50
51	2:22:12	COMISH, Dave	Tiptree Road Runners	M42	68.67%	69	51
52	2:22:53	LANGLEY, Robert	Halstead Road Runners	M52	73.77%	122	52
53	2:23:17	BYFORD, Martin	Witham Running Club	M50	72.37%	112	53
54	2:23:37	NORQUAY, Megan	Thurrock	F30	72.10%	211	54
55	2:23:39	SMITH, Andrew	Grange Farm Trotters	M43	68.48%	159	55
56	2:24:12	JEWSON, Ernie	Benfleet	M54	74.32%	113	56
57	2:24:20	BRASS, Louise	Thurrock	F30	71.74%	204	57

**Provisional Results for All Competitors in finish order.**

Place	Time	Name	Team	Age Category	Age Grading	Race No	Race Place
58	2:24:29	HUNT, S30	hadleigh	M30	65.28%	400	58
59	2:24:32	MCMILLAN, Sandy	Colchester Harriers	M42	67.56%	141	59
60	2:24:44	SPONG, Sue	Havering 90 Joggers	F50	80.27%	282	60
61	2:24:49	THOMPSON, David	Billericay Striders	M46	69.44%	94	61
62	2:25:01	FLOWER, Kevin	Havering 90 Joggers	M32	65.04%	4	62
63	2:25:34	KNOWLES, Matthew	Harwich Road Runners	M34	64.79%	392	63
64	2:25:49	MCCORQUODALE, Becky	Harwich Road Runners	F34	71.01%	201	64
65	2:26:05	DOYLE, Mark	Harwich Road Runners	M49	70.44%	155	65
66	2:26:15	EVERARD, Roger	Pitsea Running Club	M60	77.28%	165	66
67	2:26:59	SMITH, A	Grange Farm Trotters	M40	65.49%	154	67
68	2:28:23	GAMMIDGE, Chris	Castle Point Joggers	M48	68.82%	158	68
69	2:28:51	MENNELL, Simon	Witham Running Club	M43	66.08%	152	69
70	2:28:51	LING, Jim	Southend on Sea	M47	68.08%	62	70
71	2:29:22	WALKER, Keith	Billericay Striders	M60	75.66%	167	71
72	2:29:32	MCDOWELL, Greg	Tiptree Road Runners	M32	63.07%	5	72
73	2:29:36	HIPPERSON, Dean	Benfleet	M38	63.46%	36	73
74	2:29:57	BREWER, Mark	Tiptree Road Runners	M44	66.07%	66	74
75	2:30:02	CARTER, John	Colchester Harriers	M53	70.83%	117	75
76	2:30:14	GREALEY, M	Halstead Road Runners	M50	69.03%	123	76
77	2:31:04	DRISCOLL, John	Colchester Harriers	M58	73.46%	121	77
78	2:31:19	SUMMERS, D	Thrift Green Trotters	M50	68.53%	125	78
79	2:31:24	HARRISON, Laurence	Billericay Striders	M38	62.70%	18	79
80	2:31:49	JOSLIN, Gary	Springfield Striders	M51	68.87%	84	80
81	2:32:20	CHALLIS, Ken	Benfleet	M34	61.91%	14	81
82	2:32:40	ROSS, Mark	Great Bentley	M45	65.37%	77	82
83	2:33:19	PIKE, David	Havering Mayesbrook	M39	62.34%	30	83
84	2:33:26	LANCASTER, Phillip	Colchester Harriers	M47	66.04%	143	84
85	2:33:42	PALMER, Julia	Benfleet	F47	73.60%	367	85
86	2:33:46	HOWARD, Christine	Billericay Striders	F38	68.27%	257	86
87	2:34:02	ADAMS, K	Billericay Striders	M39	62.05%	16	87
88	2:34:33	FINCH, A	unattached	M30	61.03%	371	88
89	2:34:36	ALEXANDROU, Tracey	Springfield Striders	F43	70.72%	260	89
90	2:35:49	KEELEY, David	Havering 90 Joggers	M52	67.64%	103	90
91	2:36:22	FRITH, Andy	Benfleet	M38	60.71%	13	91
92	2:36:27	LEE, Richard	Billericay Striders	M40	61.53%	92	92
93	2:36:30	CROWDASS, Suzanne	Billericay Striders	F28	66.17%	207	93
94	2:37:07	HOLDER, Julian	Pitsea Running Club	M43	62.61%	148	94
95	2:37:27	LING, Melanie	Southend on Sea	F45	70.62%	281	95
96	2:37:50	WOOLLER, Diane	Colchester & Tendring	F54	76.44%	284	96
97	2:38:43	LATHAM, Louisa	Benfleet	F31	65.24%	206	97
98	2:38:55	GILLARD, Mathew	Southend on Sea	M40	60.58%	157	98
99	2:38:59	MCDONNELL, Chris	Havering 90 Joggers	M63	73.20%	162	99
100	2:39:04	WILMOT, Andrew	Halstead Road Runners	M63	73.17%	169	100
101	2:39:28	ROYSTON, D	Billericay Striders	M30	59.15%	214	101
102	2:39:30	HOWARD, Rachel	Colchester & Tendring	F28	64.92%	253	102
103	2:39:30	SWEET, Dave	Billericay Striders	M44	62.11%	93	103
104	2:39:30	RAMSEY-SMITH, Sarah	Thrift Green Trotters	F44	69.12%	368	104
105	2:39:30	RAMSEY-SMITH, David	Thrift Green Trotters	M46	63.05%	146	105
106	2:40:11	NORMAN, V	Thurrock	F30	64.64%	215	106
107	2:40:24	WILLIAMS, Mark	Benfleet	M41	60.44%	86	107
108	2:40:37	FULLER, Andrew	Great Bentley	M45	62.14%	83	108
109	2:40:53	DHAMI, Gurdip	Ilford AC	M39	59.41%	12	109
110	2:41:20	SHEAHAN, Jenny	Tiptree Road Runners	F46	69.51%	283	110
111	2:42:11	BAILEY, Malcolm	Tiptree Road Runners	M50	63.94%	105	111
112	2:42:37	NORDIN, Breege	Ilford AC	F51	72.11%	286	112
113	2:42:38	CROSS, Phillip	Woking AC	M44	60.91%	327	113
114	2:43:08	THOMSON, Andrew	Havering 90 Joggers	M31	57.82%	2	114
115	2:43:15	WHITEHEAD, Nigel	Billericay Striders	M43	60.26%	95	115
116	2:43:40	MCKAY, Joanne	Great Bentley	F29	63.27%	203	116
117	2:43:41	COX, Kevin	Great Bentley	M44	60.52%	79	117

**Provisional Results for All Competitors in finish order.**

Place	Time	Name	Team	Age Category	Age Grading	Race No	Race Place
118	2:43:44	JONES, Matthew	Harlow	M43	60.08%	72	118
119	2:43:47	MOLE, Denis	Havering 90 Joggers	M59	68.37%	124	119
120	2:43:48	FORD, Denise	Chelmsford	F45	67.88%	347	120
121	2:46:24	MARSH, Patrick	Colchester Harriers	M41	58.26%	140	121
122	2:46:40	PUGH, Graham	Harlow	M49	61.74%	74	122
123	2:46:53	ROBINSON, Julie	Orion Harriers	F50	69.62%	370	123
124	2:47:20	HARDY, John	Grange Farm Trotters	M63	69.55%	170	124
125	2:47:29	HIGGINS, Steve	Benfleet	M40	57.48%	87	125
126	2:48:00	ELKINGTON, Amanda	Thrift Green Trotters	F36	61.64%	263	126
127	2:48:15	URQUHART, Sarah	Thrift Green Trotters	F34	61.55%	264	127
128	2:48:28	WALSH, Ken (GUEST)		M67	72.06%	314	128
129	2:48:45	THOROGOOD, Keith	Halstead Road Runners	M53	62.97%	119	129
130	2:50:03	FENTON, Jeff	Havering 90 Joggers	M53	62.49%	104	130
131	2:50:30	MILLAR, Ian	Southend on Sea	M40	56.46%	61	131
132	2:50:40	BAGGS, Stuart	Great Bentley	M56	63.88%	315	132
133	2:50:46	SEARLE, Nick	Havering 90 Joggers	M29	55.23%	37	133
134	2:50:49	AMBROSE, Steven	Harlow	M44	58.00%	73	134
135	2:51:09	BLACKWELL, Paul	Great Bentley	M41	56.65%	81	135
136	2:51:23	DAY, Mike	Billericay Striders	M44	57.80%	90	136
137	2:51:42	TAYLOR, Glen	Southend on Sea	M51	60.89%	102	137
138	2:52:11	THICKBROOM, Stacy		F34	60.14%	329	138
139	2:52:12	PETERS, Lorraine	Benfleet	F36	60.13%	290	139
140	2:52:18	HAWKINS, Fipna	Southend on Sea	F38	60.93%	251	141
141	2:52:55	DESMEDT, Beryl	Basildon	F45	64.30%	366	142
142	2:54:16	HILL, Janet	Springfield Striders	F53	68.57%	369	143
143	2:54:31	WHATLING, Paul	Great Bentley	M39	54.77%	11	144
144	2:54:45	TOWNSEND, Lara	Great Bentley	F37	59.60%	256	145
145	2:55:36	GRAINGER, Joanne	Chelmsford	F26	58.97%	210	146
146	2:56:00	MCKAY, John	Great Bentley	M61	64.84%	163	147
147	2:56:31	WISE, Larry (GUEST)	Great Bentley N/S	M30	53.43%	316	148
148	2:56:53	WRIGHT, Bernard	Southend on Sea	M55	61.09%	106	149
149	2:58:17	LAW, Barbara	Great Bentley	F63	74.44%	293	150
150	2:58:21	GODFREY, David	Billericay Striders	M64	65.92%	166	151
151	3:07:16	WONG, M	Havering 90 Joggers	F55	65.05%	292	153
152	3:07:19	DELEATY, N	Ford Fitness	M40	51.39%	391	154
153	3:08:08	DOLDEN, Gerry	Tiptree Road Runners	M44	52.66%	68	155
154	3:08:09	GARDINER, Frank	Great Bentley	M53	56.48%	109	156
155	3:08:34	FOSTER, Lyn	Great Bentley	F53	63.37%	287	157
156	3:10:28	PORTER, Caroline	Great Bentley	F44	57.88%	255	158
157	3:13:10	NICHOLLS, G	Thrift Green Trotters	M34	48.83%	40	159
158	3:14:22	ROBERTS, John	Witham Running Club	M75	68.94%	171	160
159	3:14:33	HILL, Tracy	Havering 90 Joggers	F45	57.15%	365	161
160	3:18:06	WATSON, Peter	Benfleet	M55	54.55%	120	162
161	3:20:14	DOBIE, Ronald	Havering 90 Joggers	M47	50.61%	64	163
162	3:21:06	SCRIVENER, Keith	Great Bentley	M65	59.05%	160	164
163	3:22:58	MANN, James (GUEST)		M36	46.47%	322	165
164	3:24:03	CLARKE, Penny	Witham Running Club	F47	55.44%	288	166
165	3:26:44	BENTLEY, Simon	Springfield Striders	M40	46.57%	153	167
166	3:30:41	PORTER, Keith	Great Bentley	M56	51.74%	110	168
167	3:30:50	HODLER, John	Havering 90 Joggers	M63	55.20%	161	169
168	3:34:39	ISHIKAWA, Marisa	Havering 90 Joggers	F42	50.52%	252	170

There were 168 finishers in the All Competitors category.



# Master

## ESSEX 20 MILE CHAMPIONSHIP

## ESSEX 20 MILE CHAMPIONSHIP

Sunday 17 February 2008. 10:30 am

### Provisional Result of the Mens Teams team competition.

(3 competitors per team. Based on cumulative position.)

#### 1: Colchester Harriers

Place	Time	Name	Race Age Category	Race No	Race Place
8	2:00:17	KETTERIDGE, Sean	SENIOR MEN	25	8
10	2:01:54	WEST, Peter	over 40	99	10
15	2:05:16	BOND, Michael	over 50	116	15
<b>33</b>	<b>6:07:27</b>	<b>Totals</b>			

#### 2: Billericay Striders

Place	Time	Name	Race Age Category	Race No	Race Place
1	1:48:30	BLOOMFIELD, Crispian	SENIOR MEN	21	1
27	2:11:54	JACOBS, Kevin	over 40	91	27
37	2:16:23	BUTLER, Derek	over 50	114	37
<b>65</b>	<b>6:16:47</b>	<b>Totals</b>			

#### 3: Havering Mayesbrook

Place	Time	Name	Race Age Category	Race No	Race Place
19	2:05:35	ANTHONY, Ian	SENIOR MEN	33	19
23	2:08:44	CHESTER, Martin	SENIOR MEN	34	23
24	2:09:01	RAND, Steven	SENIOR MEN	32	24
<b>66</b>	<b>6:23:20</b>	<b>Totals</b>			

#### 4: Benfleet

Place	Time	Name	Race Age Category	Race No	Race Place
13	2:03:16	MANSER, Jez	SENIOR MEN	15	13
17	2:05:31	DESBOROUGH, Steve	over 40	85	17
40	2:17:19	RANKIN, Nicholas	over 40	149	41
<b>70</b>	<b>6:26:06</b>	<b>Totals</b>			

#### 5: Sudbury

Place	Time	Name	Race Age Category	Race No	Race Place
18	2:05:33	PRESTON, Paul (GUEST)	SENIOR MEN	317	18
31	2:13:51	SMITH, Jem (GUEST)	SENIOR MEN	321	31
35	2:15:09	BUCK, Andy (GUEST)	over 40	319	35
<b>84</b>	<b>6:34:33</b>	<b>Totals</b>			

#### 6: Great Bentley

Place	Time	Name	Race Age Category	Race No	Race Place
25	2:09:32	TOMLINSON, Geoff	over 40	82	25
30	2:13:46	THOMAS, Thomas	over 40	80	30
34	2:15:02	JEFFRIES, Kevin	over 40	150	34
<b>89</b>	<b>6:38:20</b>	<b>Totals</b>			

#### 7: Southend on Sea

Place	Time	Name	Race Age Category	Race No	Race Place
3	1:50:30	ZIGTSMAN, H	SENIOR MEN	156	3
32	2:14:48	SMITH, Michael	SENIOR MEN	6	32
63	2:28:51	LING, Jim	over 40	62	70
<b>98</b>	<b>6:34:09</b>	<b>Totals</b>			

#### 8: Springfield Striders

Place	Time	Name	Race Age Category	Race No	Race Place
14	2:05:08	CHANDLER, Gary	SENIOR MEN	1	14
22	2:07:15	MARTIN, Lee	SENIOR MEN	35	22
73	2:31:49	JOSLIN, Gary	over 50	84	80
<b>109</b>	<b>6:44:12</b>	<b>Totals</b>			

**Provisional Result of the Mens Teams team competition.**

(3 competitors per team. Based on cumulative position.)

**9: Thrift Green Trotters**

Place	Time	Name	Race Age Category	Race No	Race Place
4	1:55:30	PROUT, Ryan	SENIOR MEN	38	4
36	2:15:55	O'NEILL, Ian	over 40	147	36
71	2:31:19	SUMMERS, D	over 50	125	78
<b>111</b>	<b>6:42:44</b>	<b>Totals</b>			

**10: Havering 90 Joggers**

Place	Time	Name	Race Age Category	Race No	Race Place
28	2:12:45	TYLER, John	over 40	65	28
43	2:18:18	BALL, Martin	SENIOR MEN	3	45
45	2:20:16	GEARING, Danny	SENIOR MEN	29	48
<b>116</b>	<b>6:51:19</b>	<b>Totals</b>			

**11: Ilford AC**

Place	Time	Name	Race Age Category	Race No	Race Place
5	1:56:13	MUIR, Malcolm	SENIOR MEN	10	5
42	2:17:36	CRISP, Neil	over 40	76	43
92	2:40:53	DHAMI, Gurdip	SENIOR MEN	12	109
<b>139</b>	<b>6:54:42</b>	<b>Totals</b>			

**12: Colchester Harriers**

Place	Time	Name	Race Age Category	Race No	Race Place
20	2:05:51	WRIGHT, David	over 40	139	20
54	2:24:32	MCMILLAN, Sandy	over 40	141	59
68	2:30:02	CARTER, John	over 50	117	75
<b>142</b>	<b>7:00:25</b>	<b>Totals</b>			

**13: Harwich Road Runners**

Place	Time	Name	Race Age Category	Race No	Race Place
29	2:13:21	MCCLELLAND, Paul	over 40	145	29
57	2:25:34	KNOWLES, Matthew	SENIOR MEN	392	63
58	2:26:05	DOYLE, Mark	over 40	155	65
<b>144</b>	<b>7:05:00</b>	<b>Totals</b>			

**14: Tiptree Road Runners**

Place	Time	Name	Race Age Category	Race No	Race Place
38	2:16:26	HASKEY-JONES, James	over 40	67	38
48	2:22:12	COMISH, Dave	over 40	69	51
65	2:29:32	MCDOWELL, Greg	SENIOR MEN	5	72
<b>151</b>	<b>7:08:10</b>	<b>Totals</b>			

**15: Harlow**

Place	Time	Name	Race Age Category	Race No	Race Place
41	2:17:35	MOODY, Colin	over 50	108	42
44	2:19:11	WISE, Alan	SENIOR MEN	8	47
98	2:43:44	JONES, Matthew	over 40	72	118
<b>183</b>	<b>7:20:30</b>	<b>Totals</b>			

**16: Billericay Striders**

Place	Time	Name	Race Age Category	Race No	Race Place
55	2:24:49	THOMPSON, David	over 40	94	61
64	2:29:22	WALKER, Keith	over 60	167	71
72	2:31:24	HARRISON, Laurence	SENIOR MEN	18	79
<b>191</b>	<b>7:25:35</b>	<b>Totals</b>			

**17: Benfleet**

Place	Time	Name	Race Age Category	Race No	Race Place
52	2:24:12	JEWSON, Ernie	over 50	113	56
66	2:29:36	HIPPERSON, Dean	SENIOR MEN	36	73
74	2:32:20	CHALLIS, Ken	SENIOR MEN	14	81
<b>192</b>	<b>7:26:08</b>	<b>Totals</b>			

**Provisional Result of the Mens Teams team competition.**

(3 competitors per team. Based on cumulative position.)

**18: Halstead Road Runners**

Place	Time	Name	Race Age Category	Race No	Race Place
49	2:22:53	LANGLEY, Robert	over 50	122	52
69	2:30:14	GREALEY, M	over 50	123	76
86	2:39:04	WILMOT, Andrew	Over 60	169	100
<b>204</b>	<b>7:32:11</b>	<b>Totals</b>			

**19: Great Bentley**

Place	Time	Name	Race Age Category	Race No	Race Place
47	2:21:42	GREEN, Chris	over 40	78	50
75	2:32:40	ROSS, Mark	over 40	77	82
91	2:40:37	FULLER, Andrew	over 40	83	108
<b>213</b>	<b>7:34:59</b>	<b>Totals</b>			

**20: Grange Farm Trotters**

Place	Time	Name	Race Age Category	Race No	Race Place
51	2:23:39	SMITH, Andrew	over 40	159	55
60	2:26:59	SMITH, A	over 40	154	67
102	2:47:20	HARDY, John	Over 60	170	124
<b>213</b>	<b>7:37:58</b>	<b>Totals</b>			

**21: Havering 90 Joggers**

Place	Time	Name	Race Age Category	Race No	Race Place
56	2:25:01	FLOWER, Kevin	SENIOR MEN	4	62
80	2:35:49	KEELEY, David	over 50	103	90
85	2:38:59	MCDONNELL, Chris	Over 60	162	99
<b>221</b>	<b>7:39:49</b>	<b>Totals</b>			

**22: Witham Running Club**

Place	Time	Name	Race Age Category	Race No	Race Place
50	2:23:17	BYFORD, Martin	over 50	112	53
62	2:28:51	MENNELL, Simon	over 40	152	69
123	3:14:22	ROBERTS, John	Over 60	171	160
<b>235</b>	<b>8:06:30</b>	<b>Totals</b>			

**23: Colchester Harriers**

Place	Time	Name	Race Age Category	Race No	Race Place
70	2:31:04	DRISCOLL, John	over 50	121	77
77	2:33:26	LANCASTER, Phillip	over 40	143	84
100	2:46:24	MARSH, Patrick	over 40	140	121
<b>247</b>	<b>7:50:54</b>	<b>Totals</b>			

**24: Billericay Striders**

Place	Time	Name	Race Age Category	Race No	Race Place
78	2:34:02	ADAMS, K	SENIOR MEN	16	87
82	2:36:27	LEE, Richard	over 40	92	92
87	2:39:28	ROYSTON, D	SENIOR MEN	214	101
<b>247</b>	<b>7:49:57</b>	<b>Totals</b>			

**25: Benfleet**

Place	Time	Name	Race Age Category	Race No	Race Place
81	2:36:22	FRITH, Andy	SENIOR MEN	13	91
90	2:40:24	WILLIAMS, Mark	over 40	86	107
103	2:47:29	HIGGINS, Steve	over 40	87	125
<b>274</b>	<b>8:04:15</b>	<b>Totals</b>			

**26: Tiptree Road Runners**

Place	Time	Name	Race Age Category	Race No	Race Place
67	2:29:57	BREWSTER, Mark	over 40	66	74
93	2:42:11	BAILEY, Malcolm	over 50	105	111
120	3:08:08	DOLDEN, Gerry	over 40	68	155
<b>280</b>	<b>8:20:16</b>	<b>Totals</b>			

**Provisional Result of the Mens Teams team competition.**

(3 competitors per team. Based on cumulative position.)

**27: Billericay Striders**

Place	Time	Name	Race Age Category	Race No	Race Place
88	2:39:30	SWEET, Dave	over 40	93	103
96	2:43:15	WHITEHEAD, Nigel	over 40	95	115
112	2:51:23	DAY, Mike	over 40	90	136
<b>296</b>	<b>8:14:08</b>	<b>Totals</b>			

**28: Havering 90 Joggers**

Place	Time	Name	Race Age Category	Race No	Race Place
95	2:43:08	THOMSON, Andrew	SENIOR MEN	2	114
99	2:43:47	MOLE, Denis	over 50	124	119
106	2:50:03	FENTON, Jeff	over 50	104	130
<b>300</b>	<b>8:16:58</b>	<b>Totals</b>			

**29: Southend on Sea**

Place	Time	Name	Race Age Category	Race No	Race Place
84	2:38:55	GILLARD, Mathew	over 40	157	98
107	2:50:30	MILLAR, Ian	over 40	61	131
113	2:51:42	TAYLOR, Glen	over 50	102	137
<b>304</b>	<b>8:21:07</b>	<b>Totals</b>			

**30: Great Bentley**

Place	Time	Name	Race Age Category	Race No	Race Place
97	2:43:41	COX, Kevin	over 40	79	117
108	2:50:40	BAGGS, Stuart	over 50	315	132
111	2:51:09	BLACKWELL, Paul	over 40	81	135
<b>316</b>	<b>8:25:30</b>	<b>Totals</b>			

**31: Great Bentley**

Place	Time	Name	Race Age Category	Race No	Race Place
114	2:54:31	WHATLING, Paul	SENIOR MEN	11	144
115	2:56:00	MCKAY, John	Over 60	163	147
121	3:08:09	GARDINER, Frank	over 50	109	156
<b>350</b>	<b>8:58:40</b>	<b>Totals</b>			

**32: Havering 90 Joggers**

Place	Time	Name	Race Age Category	Race No	Race Place
109	2:50:46	SEARLE, Nick	SENIOR MEN	37	133
125	3:20:14	DOBIE, Ronald	over 40	64	163
130	3:30:50	HODLER, John	Over 60	161	169
<b>364</b>	<b>9:41:50</b>	<b>Totals</b>			

**ESSEX 20 MILE CHAMPIONSHIP****ESSEX 20 MILE CHAMPIONSHIP**

Sunday 17 February 2008. 10:30 am

**Provisional Result of the Ladies Teams team competition.**

(3 competitors per team. Based on cumulative position.)

**1: Springfield Striders**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
1	2:17:15	RANSON, Tracey	SENIOR WOMEN	205	39
3	2:18:47	OXLADE, Maxine	SENIOR WOMEN	213	46
10	2:34:36	ALEXANDROU, Tracey	ladies over 35	260	89
<b>14</b>	<b>7:10:38</b>	<b>Totals</b>			

**2: Thurrock**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
4	2:23:37	NORQUAY, Megan	SENIOR WOMEN	211	54
5	2:24:20	BRASS, Louise	SENIOR WOMEN	204	57
17	2:40:11	NORMAN, V	SENIOR WOMEN	215	106
<b>26</b>	<b>7:28:08</b>	<b>Totals</b>			

**3: Benfleet**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
8	2:33:42	PALMER, Julia		367	85
14	2:38:43	LATHAM, Louisa	SENIOR WOMEN	206	97
26	2:52:12	PETERS, Lorraine	ladies over 35	290	139
<b>48</b>	<b>8:04:37</b>	<b>Totals</b>			

**4: Thrift Green Trotters**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
16	2:39:30	RAMSEY-SMITH, Sarah	ladies over 35	368	104
23	2:48:00	ELKINGTON, Amanda	ladies over 35	263	126
24	2:48:15	URQUHART, Sarah	SENIOR WOMEN	264	127
<b>63</b>	<b>8:15:45</b>	<b>Totals</b>			

**5: Havering 90 Joggers**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
6	2:24:44	SPONG, Sue		282	60
33	3:07:16	WONG, M	ladies over 55	292	153
36	3:14:33	HILL, Tracy		365	161
<b>75</b>	<b>8:46:33</b>	<b>Totals</b>			

**6: Great Bentley**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
20	2:43:40	MCKAY, Joanne	SENIOR WOMEN	203	116
30	2:54:45	TOWNSEND, Lara	ladies over 35	256	145
32	2:58:17	LAW, Barbara	ladies over 55	293	150
<b>82</b>	<b>8:36:42</b>	<b>Totals</b>			





**ESSEX 20 MILE CHAMPIONSHIP**  
**ESSEX 20 MILE CHAMPIONSHIP**

Sunday 17 February 2008. 10:30 am

**Provisional Result of the Ladies Teams team competition.**

(3 competitors per team. Based on cumulative position.)

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10	2:34:36	ALEXANDROU, Tracey	ladies over 35	260	89
<b>14</b>	<b>7:10:38</b>	<b>Totals</b>			

**2: Thurrock**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
4	2:23:37	NORQUAY, Megan	SENIOR WOMEN	211	54
5	2:24:20	BRASS, Louise	SENIOR WOMEN	204	57
17	2:40:11	NORMAN, V	SENIOR WOMEN	215	106
<b>26</b>	<b>7:28:08</b>	<b>Totals</b>			

**3: Benfleet**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
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