

Essex Cross Country Champs
Final Team Results
September 28, 2019
Results By ChiptimingUK

M Senior

Team - Havering AC 1 Finish Position - 1

Team Score (places): 158 Team Score (times): 1:03:24

Team Pos

	Bib No	First Name	Last Name	Time From G	Team Name
1	23201	Sam	Atkins	16:07	Havering AC 1
2	23202	Gavin	Watts	32:45	Havering AC 1
3	23203	Rob	Warner	48:31	Havering AC 1
4	23204	Grant	Twist	1:03:24	Havering AC 1

Team - Ilford AC 1 Finish Position - 2

Team Score (places): 159 Team Score (times): 1:03:36

Team Pos

	Bib No	First Name	Last Name	Time From G	Team Name
1	23901	Paul	Grange	16:19	Ilford AC 1
2	23902	Tom	Gardner	32:35	Ilford AC 1
3	23903	Mungo	Prior	48:51	Ilford AC 1
4	23904	Ahmead	Abdulla	1:03:36	Ilford AC 1

Team - Thurrock Harriers 1 Finish Position - 3

Team Score (places): 164 Team Score (times): 1:04:50

Team Pos

	Bib No	First Name	Last Name	Time From G	Team Name
1	25601	Taylor	Newell	16:33	Thurrock Harriers 1
2	25602	Ben	Prior	33:27	Thurrock Harriers 1
3	25603	Leon	Wheeler	49:16	Thurrock Harriers 1
4	25604	Alec	Finch	1:04:50	Thurrock Harriers 1

Team - Chelmsford AC 1 Finish Position - 4

Team Score (places): 167 Team Score (times): 1:05:40

Team Pos

	Bib No	First Name	Last Name	Time From G	Team Name
1	21601	Zach	Bridgeland	15:55	Chelmsford AC 1
2	21602	Joe	Lane	33:13	Chelmsford AC 1
3	21603	Davd	Fewell	49:06	Chelmsford AC 1

4 21604 Harry Tullett 1:05:40 Chelmsford AC 1

Team - Southend AC 1 Finish Position - 5

Team Score (places): 169 Team Score (times): 1:05:53

Team Pos

	Bib No	First Name	Last Name	Time From C	Team Name
1	24901	Rhys	Gillard	16:20	Southend AC 1
2	24902	Joe	Raye	32:46	Southend AC 1
3	24903	Christian	Holmes	49:15	Southend AC 1
4	24904	Lee	Taylor	1:05:53	Southend AC 1

Team - Braintree AC 1 Finish Position - 6

Team Score (places): 171 Team Score (times): 1:06:35

Team Pos

	Bib No	First Name	Last Name	Time From C	Team Name
1	21001	Kurtis	Swan	16:20	Braintree AC 1
2	21002	Innes	Fullerton	33:28	Braintree AC 1
3	21003	Conor	Culham	50:37	Braintree AC 1
4	21004	Tim	Woulfe	1:06:35	Braintree AC 1

Team - Southend AC 2 Finish Position - 7

Team Score (places): 174 Team Score (times): 1:07:37

Team Pos

	Bib No	First Name	Last Name	Time From C	Team Name
1	25001	Dominic Le	Mar	16:43	Southend AC 2
2	25002	Sam	Wheatley	34:00	Southend AC 2
3	25003	Pay	Walsh	51:01	Southend AC 2
4	25004	Shane	Boxall	1:07:37	Southend AC 2

Team - Colchester Harriers 1 Finish Position - 8

Team Score (places): 175 Team Score (times): 1:08:00

Team Pos

	Bib No	First Name	Last Name	Time From C	Team Name
1	21901	Dan	Widdowson	16:47	Colchester Harriers 1
2	21902	James	Wright	34:07	Colchester Harriers 1
3	21903	Nate	Filer	51:23	Colchester Harriers 1
4	21904	Chris	Sellens	1:08:00	Colchester Harriers 1

Team - Colchester Harriers 2 Finish Position - 9

Team Score (places): 176 Team Score (times): 1:08:02

Team Pos	Bib No	First Name	Last Name	Time From G	Team Name
1	22001	Ermeaus	Aferwenel	16:27	Colchester Harriers 2
2	22002	Danny	Millward	33:22	Colchester Harriers 2
3	22003	Tom	Palmer	50:35	Colchester Harriers 2
4	22004	Victor	Steinwar	1:08:02	Colchester Harriers 2

Team - Ilford AC 2 Finish Position - 10

Team Score (places): 177 Team Score (times): 1:08:17

Team Pos	Bib No	First Name	Last Name	Time From G	Team Name
1	24001	Oscar	Peris	16:54	Ilford AC 2
2	24002	Phil	Ellul	34:19	Ilford AC 2
3	24003	Gary	Coombes	51:14	Ilford AC 2
4	24004	Malcolm	Muir	1:08:17	Ilford AC 2

Team - Havering AC 2 Finish Position - 11

Team Score (places): 178 Team Score (times): 1:08:35

Team Pos	Bib No	First Name	Last Name	Time From G	Team Name
1	23301	George	Barnell	16:43	Havering AC 2
2	23302	Kieron	O'Hara	34:16	Havering AC 2
3	23303	Louis	Berrett	52:01	Havering AC 2
4	23304	James Bickle	Stanton	1:08:35	Havering AC 2

Team - Orion Harriers 1 Finish Position - 12

Team Score (places): 179 Team Score (times): 1:08:45

Team Pos	Bib No	First Name	Last Name	Time From G	Team Name
1	24401	Ian	Clark	17:03	Orion Harriers 1
2	24402	Bob	Glasgow	34:33	Orion Harriers 1
3	24403	Nick	Roberts	52:07	Orion Harriers 1
4	24404	Rich	Smith	1:08:45	Orion Harriers 1

Team - Grange Farm & Dunmow Runners 1 Finish Position - 13

Team Score (places): 180 Team Score (times): 1:09:02

Team Pos	Bib No	First Name	Last Name	Time From G	Team Name
1	22601	Lee	Pickering	16:51	Grange Farm & Dunmow Runners 1
2	22602	James	Bosher	33:47	Grange Farm & Dunmow Runners 1
3	22603	Connor	Johnson	51:29	Grange Farm & Dunmow Runners 1

4 22604 Joshua Sowman 1:09:02 Grange Farm & Dunmow Runners 1

Team - Havering AC 3 Finish Position - 14

Team Score (places): 181 Team Score (times): 1:09:19

Team Pos

	Bib No	First Name	Last Name	Time From C	Team Name
1	23401	Gavin	Maley	17:21	Havering AC 3
2	23402	Barry	Smith	34:18	Havering AC 3
3	23403	John	Whitehead	51:32	Havering AC 3
4	23404	Matt	Bland	1:09:19	Havering AC 3

Team - Thurrock Harriers 2 Finish Position - 15

Team Score (places): 182 Team Score (times): 1:09:51

Team Pos

	Bib No	First Name	Last Name	Time From C	Team Name
1	25701	Jack	Exley	16:47	Thurrock Harriers 2
2	25702	Hasanwali	Mohamed	34:27	Thurrock Harriers 2
3	25703	Keith	Willett	52:40	Thurrock Harriers 2
4	25704	Dapo	Abati	1:09:51	Thurrock Harriers 2

Team - Halstead RC 1 Finish Position - 16

Team Score (places): 183 Team Score (times): 1:10:04

Team Pos

	Bib No	First Name	Last Name	Time From C	Team Name
1	22801	Gavin	Allen	17:32	Halstead RC 1
2	22802	Wesley	Atkins	35:23	Halstead RC 1
3	22803	Mat	Hutley	53:32	Halstead RC 1
4	22804	James	Smith	1:10:04	Halstead RC 1

Team - Springfield Striders 1 Finish Position - 17

Team Score (places): 185 Team Score (times): 1:11:07

Team Pos

	Bib No	First Name	Last Name	Time From C	Team Name
1	25201	Neil	Wildin	17:54	Springfield Striders 1
2	25202	Scott	Dryden	35:40	Springfield Striders 1
3	25203	Paul	Broome	54:19	Springfield Striders 1
4	25204	Luke	Fitz-John	1:11:07	Springfield Striders 1

Team - Brentwood RC 1 Finish Position - 18

Team Score (places): 186 Team Score (times): 1:11:35

Team Pos	Bib No	First Name	Last Name	Time From G	Team Name
1	21301	David	Doel	17:38	Brentwood RC 1
2	21302	John	Barker	35:25	Brentwood RC 1
3	21303	Peter	Barrett	53:50	Brentwood RC 1
4	21304	Euan	Harlow	1:11:35	Brentwood RC 1

Team - Braintree AC 2 Finish Position - 19

Team Score (places): 187 Team Score (times): 1:12:10

Team Pos	Bib No	First Name	Last Name	Time From G	Team Name
1	21101	Alex	Ings	18:44	Braintree AC 2
2	21102	Charlie	Fletcher	37:11	Braintree AC 2
3	21103	Josh	Mulley	54:54	Braintree AC 2
4	21104	Ben	Holdgate	1:12:10	Braintree AC 2

Team - Orion Harriers 2 Finish Position - 20

Team Score (places): 188 Team Score (times): 1:12:14

Team Pos	Bib No	First Name	Last Name	Time From G	Team Name
1	24501	Niel	McGowen	18:05	Orion Harriers 2
2	24502	David	Watson	36:33	Orion Harriers 2
3	24503	Niel	McGowen	54:05	Orion Harriers 2
4	24504	David	Watson	1:12:14	Orion Harriers 2

Team - Benfleet RC 1 Finish Position - 21

Team Score (places): 189 Team Score (times): 1:12:54

Team Pos	Bib No	First Name	Last Name	Time From G	Team Name
1	20201	Ciaran	Byrne	18:51	Benfleet RC 1
2	20202	Michael	Feltham	36:34	Benfleet RC 1
3	20203	James	Duffield	55:12	Benfleet RC 1
4	20204	Kieran	Feltham	1:12:54	Benfleet RC 1

Team - Colchester Harriers 3 Finish Position - 22

Team Score (places): 190 Team Score (times): 1:13:08

Team Pos	Bib No	First Name	Last Name	Time From G	Team Name
1	22101	Pete	West	18:33	Colchester Harriers 3
2	22102	Keith	Marley	36:20	Colchester Harriers 3
3	22103	Kevin	Higgins	55:35	Colchester Harriers 3

4 22104 Robbie Smith 1:13:08 Colchester Harriers 3

Team - Witham RC 1 Finish Position - 23

Team Score (places): 191 Team Score (times): 1:13:29

Team Pos

	Bib No	First Name	Last Name	Time From C	Team Name
1	26101	Heydon	Mizon	17:26	Witham RC 1
2	26102	Leo	Cole	36:51	Witham RC 1
3	26103	Scott	Darney	54:49	Witham RC 1
4	26104	Giles	Sowerby	1:13:29	Witham RC 1

Team - Basildon AC 1 Finish Position - 24

Team Score (places): 192 Team Score (times): 1:14:12

Team Pos

	Bib No	First Name	Last Name	Time From C	Team Name
1	20001	Mark	Jones	17:36	Basildon AC 1
2	20002	Mark	Meadows	35:28	Basildon AC 1
3	20003	James	Wright	57:42	Basildon AC 1
4	20004	Matthew	Houchell	1:14:12	Basildon AC 1

Team - Grange Farm & Dunmow Runners 2 Finish Position - 25

Team Score (places): 193 Team Score (times): 1:15:12

Team Pos

	Bib No	First Name	Last Name	Time From C	Team Name
1	22701	Daniel	Reynolds	17:46	Grange Farm & Dunmow Runners 2
2	22702	Declan	Evans	35:47	Grange Farm & Dunmow Runners 2
3	22703	Luca	Predebon	55:45	Grange Farm & Dunmow Runners 2
4	22704	Steve	Read	1:15:12	Grange Farm & Dunmow Runners 2

Team - Havering AC 4 Finish Position - 26

Team Score (places): 194 Team Score (times): 1:15:58

Team Pos

	Bib No	First Name	Last Name	Time From C	Team Name
1	23501	Steve	Walker	18:48	Havering AC 4
2	23502	Rob	Trevor	37:34	Havering AC 4
3	23503	Gary	Atkins	56:43	Havering AC 4
4	23504	Jason	Crispin	1:15:58	Havering AC 4

Team - Colchester Harriers 4 Finish Position - 27

Team Score (places): 195 Team Score (times): 1:17:11

Team Pos	Bib No	First Name	Last Name	Time From G	Team Name
1	22201	Dan	Summerrgill	19:00	Colchester Harriers 4
2	22202	Russell	Goodridge	39:04	Colchester Harriers 4
3	22203	Craig	Mitchell	58:03	Colchester Harriers 4
4	22204	Jerry	Walder	1:17:11	Colchester Harriers 4

Team - Chelmsford AC 2 Finish Position - 28

Team Score (places): 196 Team Score (times): 1:17:22

Team Pos	Bib No	First Name	Last Name	Time From G	Team Name
1	21701	Pete	Tullett	18:52	Chelmsford AC 2
2	21702	Mark	Beale	38:57	Chelmsford AC 2
3	21703	Nick	Hunter	57:39	Chelmsford AC 2
4	21704	James	Williams	1:17:22	Chelmsford AC 2

Team - Bishops Stortford Finish Position - 29

Team Score (places): 198 Team Score (times): 1:17:52

Team Pos	Bib No	First Name	Last Name	Time From G	Team Name
1	20901	Peter	Beatty	21:34	Bishops Stortford
2	20902	Jonathan	Haynes	40:39	Bishops Stortford
3	20903	Davis	Rogers	59:16	Bishops Stortford
4	20904	Stephen	Wilkes	1:17:52	Bishops Stortford

Team - Benfleet RC 2 Finish Position - 30

Team Score (places): 199 Team Score (times): 1:18:03

Team Pos	Bib No	First Name	Last Name	Time From G	Team Name
1	20301	Steve	Churchyard	18:40	Benfleet RC 2
2	20302	Tim	Tomlins	38:36	Benfleet RC 2
3	20303	Archie	Conners	58:01	Benfleet RC 2
4	20304	Ian	Pike	1:18:03	Benfleet RC 2

Team - Thurrock Harriers 3 Finish Position - 31

Team Score (places): 200 Team Score (times): 1:18:27

Team Pos	Bib No	First Name	Last Name	Time From G	Team Name
1	25801	Steven	Ball	20:52	Thurrock Harriers 3
2	25802	Nick	Trencher	40:08	Thurrock Harriers 3
3	25803	Henri	Willett	59:22	Thurrock Harriers 3

4 25804 Jonathan Metcalf 1:18:27 Thurrock Harriers 3

Team - Colchester Harriers 6 Finish Position - 32

Team Score (places): 201 Team Score (times): 1:19:58

Team Pos

	Bib No	First Name	Last Name	Time From G	Team Name
1	22401	Richard	Flutter	20:14	Colchester Harriers 6
2	22402	Lee	Holihan	40:04	Colchester Harriers 6
3	22403	Richard	Millward	59:39	Colchester Harriers 6
4	22404	Ian	Ratray	1:19:58	Colchester Harriers 6

Team - Springfield Striders 2 Finish Position - 33

Team Score (places): 202 Team Score (times): 1:20:00

Team Pos

	Bib No	First Name	Last Name	Time From G	Team Name
1	25301	Chris	Purse	20:46	Springfield Striders 2
2	25302	Tom	Sheffle	39:40	Springfield Striders 2
3	25303	David	Weldon	1:00:12	Springfield Striders 2
4	25304	Jon	Byford	1:20:00	Springfield Striders 2

Team - Halstead RC 2 Finish Position - 34

Team Score (places): 203 Team Score (times): 1:21:08

Team Pos

	Bib No	First Name	Last Name	Time From G	Team Name
1	22901	Steve	May	19:18	Halstead RC 2
2	22902	Gavin	Ripton	39:30	Halstead RC 2
3	22903	Andy	Carter	1:02:43	Halstead RC 2
4	22904	Nathan	Roulson	1:21:08	Halstead RC 2

Team - Southend AC 3 Finish Position - 35

Team Score (places): 204 Team Score (times): 1:21:16

Team Pos

	Bib No	First Name	Last Name	Time From G	Team Name
1	25101	Mike	Stapleton	20:40	Southend AC 3
2	25102	Jack	Whittiker	43:35	Southend AC 3
3	25103	Matthew	Randall	1:02:26	Southend AC 3
4	25104	Thomas	Walsh	1:21:16	Southend AC 3

Team - Brentwood RC 2 Finish Position - 36

Team Score (places): 205 Team Score (times): 1:21:27

Team Pos	Bib No	First Name	Last Name	Time From G	Team Name
1	21401	Ben	Whateley-Har	20:59	Brentwood RC 2
2	21402	Daniel	Ward	41:49	Brentwood RC 2
3	21403	Phil	Olsen	1:02:26	Brentwood RC 2
4	21404	Keith	Thornton	1:21:27	Brentwood RC 2

Team - Billericay Striders 1 Finish Position - 37

Team Score (places): 206 Team Score (times): 1:22:09

Team Pos	Bib No	First Name	Last Name	Time From G	Team Name
1	20701	Andy	Wright	19:14	Billericay Striders 1
2	20702	David	Townsend	41:33	Billericay Striders 1
3	20703	Nick	Jelly	1:01:25	Billericay Striders 1
4	20704	Alastair	Daw	1:22:09	Billericay Striders 1

Team - JBR Tri Finish Position - 38

Team Score (places): 207 Team Score (times): 1:22:14

Team Pos	Bib No	First Name	Last Name	Time From G	Team Name
1	24201	Andy	Hawes	20:24	JBR Tri
2	24202	Mark	Harding	43:23	JBR Tri
3	24203	Gary	Tolley	1:02:44	JBR Tri
4	24204	Dan	Walsh	1:22:14	JBR Tri

Team - Colchester Harriers 5 Finish Position - 39

Team Score (places): 208 Team Score (times): 1:22:22

Team Pos	Bib No	First Name	Last Name	Time From G	Team Name
1	22301	Simon	Morgan	21:36	Colchester Harriers 5
2	22302	Andy	Taczynski	42:31	Colchester Harriers 5
3	22303	Kieron	Bettany	1:02:11	Colchester Harriers 5
4	22304	Dan	Cook	1:22:22	Colchester Harriers 5

Team - Witham RC 2 Finish Position - 40

Team Score (places): 209 Team Score (times): 1:22:45

Team Pos	Bib No	First Name	Last Name	Time From G	Team Name
1	26201	Mark	Austin	20:17	Witham RC 2
2	26202	Alex	Stuckley	41:46	Witham RC 2
3	26203	Tom	Ashley	1:03:04	Witham RC 2

4 26204 Bisay Lama 1:22:45 Witham RC 2

Team - Billericay Striders 2 Finish Position - 41

Team Score (places): 210 Team Score (times): 1:23:33

Team Pos

	Bib No	First Name	Last Name	Time From C	Team Name
1	20801	Colin	White	21:05	Billericay Striders 2
2	20802	Lloyd	Miles	39:55	Billericay Striders 2
3	20803	Steve	Foggo	59:50	Billericay Striders 2
4	20804	Dam	Buckley	1:23:33	Billericay Striders 2

Team - Benfleet RC 3 Finish Position - 42

Team Score (places): 212 Team Score (times): 1:23:40

Team Pos

	Bib No	First Name	Last Name	Time From C	Team Name
1	20401	Gary	Pankhurst	21:36	Benfleet RC 3
2	20402	Brian	Venton	42:27	Benfleet RC 3
3	20403	Kevin	Connors	1:02:38	Benfleet RC 3
4	20404	Ethan	Douglass	1:23:40	Benfleet RC 3

Team - Tiptree Runners 1 Finish Position - 43

Team Score (places): 213 Team Score (times): 1:23:45

Team Pos

	Bib No	First Name	Last Name	Time From C	Team Name
1	26001	Mark	Lawes	20:45	Tiptree Runners 1
2	26002	Simon	Thompson	42:54	Tiptree Runners 1
3	26003	David	Ballard	1:03:07	Tiptree Runners 1
4	26004	Bob	Bardell	1:23:45	Tiptree Runners 1

Team - Havering AC 5 Finish Position - 44

Team Score (places): 214 Team Score (times): 1:23:50

Team Pos

	Bib No	First Name	Last Name	Time From C	Team Name
1	23601	Gary	Robins	23:27	Havering AC 5
2	23602	Daren	Priestley	42:59	Havering AC 5
3	23603	Chris	Coates	1:04:10	Havering AC 5
4	23604	Paul	Berrett	1:23:50	Havering AC 5

Team - Pitsea RC 1 Finish Position - 45

Team Score (places): 215 Team Score (times): 1:24:54

Team Pos	Bib No	First Name	Last Name	Time From G	Team Name
1	24601	James	Price	20:56	Pitsea RC 1
2	24602	Martin	Offord	42:48	Pitsea RC 1
3	24603	Michael	Gould	1:04:22	Pitsea RC 1
4	24604	Paul	Agastina	1:24:54	Pitsea RC 1

Team - Havering 90 1 Finish Position - 46

Team Score (places): 216 Team Score (times): 1:25:35

Team Pos	Bib No	First Name	Last Name	Time From G	Team Name
1	23001	Anthony	Mapleden	20:54	Havering 90 1
2	23002	John	Rozee	43:26	Havering 90 1
3	23003	Joauin	Polo	1:05:08	Havering 90 1
4	23004	Gary	Flint	1:25:35	Havering 90 1

Team - Thurrock Harriers 4 Finish Position - 47

Team Score (places): 217 Team Score (times): 1:26:44

Team Pos	Bib No	First Name	Last Name	Time From G	Team Name
1	25901	Christopher	Applegate	21:30	Thurrock Harriers 4
2	25902	John	O'Shea	42:16	Thurrock Harriers 4
3	25903	Bernard	Johnson	1:04:39	Thurrock Harriers 4
4	25904	Nigel	Instance	1:26:44	Thurrock Harriers 4

Team - Braintree AC 3 Finish Position - 48

Team Score (places): 219 Team Score (times): 1:27:13

Team Pos	Bib No	First Name	Last Name	Time From G	Team Name
1	21201	Myles	Coulson	20:30	Braintree AC 3
2	21202	Adam	Reid	39:44	Braintree AC 3
3	21203	Amr	Ziko	1:05:51	Braintree AC 3
4	21204	Peter	Smith	1:27:13	Braintree AC 3

Team - Springfield Striders 3 Finish Position - 49

Team Score (places): 220 Team Score (times): 1:27:20

Team Pos	Bib No	First Name	Last Name	Time From G	Team Name
1	25401	Gary	Joslin	19:59	Springfield Striders 3
2	25402	Clive	Higdon	43:29	Springfield Striders 3
3	25403	Chris	Garey	1:05:22	Springfield Striders 3

4 25404 Richard Rule 1:27:20 Springfield Striders 3

Team - Brentwood RC 3 Finish Position - 50

Team Score (places): 221 Team Score (times): 1:28:21

Team Pos

	Bib No	First Name	Last Name	Time From C	Team Name
1	21501	Paul	Bailey	22:17	Brentwood RC 3
2	21502	Andrew	Wheldon	43:14	Brentwood RC 3
3	21503	Lee	Shelton	1:06:47	Brentwood RC 3
4	21504	James MacN	Porter	1:28:21	Brentwood RC 3

Team - Springfield Striders 4 Finish Position - 51

Team Score (places): 222 Team Score (times): 1:29:20

Team Pos

	Bib No	First Name	Last Name	Time From C	Team Name
1	25501	Tim	Brockington	21:54	Springfield Striders 4
2	25502	Ken	Hands	44:08	Springfield Striders 4
3	25503	Ray	Charlton	1:06:28	Springfield Striders 4
4	25504	Mark	Jeffrey	1:29:20	Springfield Striders 4

Team - Colchester Harriers 7 Finish Position - 52

Team Score (places): 223 Team Score (times): 1:30:09

Team Pos

	Bib No	First Name	Last Name	Time From C	Team Name
1	22501	Pat	Marsh	22:36	Colchester Harriers 7
2	22502	Martin	Claydon	44:34	Colchester Harriers 7
3	22503	Kieron	Callaghan	1:07:12	Colchester Harriers 7
4	22504	Stefan	Hogan	1:30:09	Colchester Harriers 7

Team - Mid Essex Casuals Finish Position - 53

Team Score (places): 224 Team Score (times): 1:37:08

Team Pos

	Bib No	First Name	Last Name	Time From C	Team Name
1	24301	John	Clarke	23:18	Mid Essex Casuals
2	24302	Paul	Tawn	46:46	Mid Essex Casuals
3	24303	Jim	Goddard	1:10:38	Mid Essex Casuals
4	24304	Brian	Butcher	1:37:08	Mid Essex Casuals

Team - Pitsea RC 2 Finish Position - 54

Team Score (places): 225 Team Score (times): 1:45:42

Team Pos	Bib No	First Name	Last Name	Time From G	Team Name
1	24701	David	Beatty	23:54	Pitsea RC 2
2	24702	Tony	Griffin	49:42	Pitsea RC 2
3	24703	Tim	Shea	1:17:23	Pitsea RC 2
4	24704	John	Treacy	1:45:42	Pitsea RC 2

Team - Havering 90 2Finish Position - 55

Team Score (places): 226 Team Score (times): 1:52:03

Team Pos	Bib No	First Name	Last Name	Time From G	Team Name
1	23101	Darren	Radford	25:26	Havering 90 2
2	23102	Denis	Mole	51:28	Havering 90 2
3	23103	Terry	Corti	1:23:37	Havering 90 2
4	23104	Brian	Slade	1:52:03	Havering 90 2

Team - Pitsea RC 3Finish Position - 56

Team Score (places): 227 Team Score (times): 1:55:26

Team Pos	Bib No	First Name	Last Name	Time From G	Team Name
1	24801	James	Russell	27:52	Pitsea RC 3
2	24802	Steve	Macdonald	57:26	Pitsea RC 3
3	24803	Andy	Chaplin	1:26:47	Pitsea RC 3
4	24804	Peter	Bates	1:55:26	Pitsea RC 3

Team - Havering AC 6Finish Position - 101

Team Score (places): Inc. Team Score (times):

Team Pos	Bib No	First Name	Last Name	Time From G	Team Name
1	23701	Russell	Middleton	21:02	Havering AC 6
2	23702	Tony	Collins	42:51	Havering AC 6
3	23703	Roy	James	1:03:47	Havering AC 6