

ESSEX COUNTY 20 MILES ROAD RUNNING CHAMPIONSHIP 1973  
 Venue: Hadleigh O.A.C's. H.Q. at Hadleigh, Essex 5th May 1973

INDIVIDUAL RESULT

<u>POS 'N.</u>	<u>NAME</u>	<u>CLUB</u>	<u>FINAL TIME</u>	<u>5 Miles</u>	<u>15 Miles</u>
1.	P. RICHARDSON	HAVERING A.C.	1.42.50	25.00(2)	76.09(1)
2.	H. MADDERS	WALTHAMSTOW A.C.	46.29	24.20(1)	76.14(2)
3.	M. ENGS	WOODFORD GREEN A.C.	46.45	25.30(3)	78.55(3)
4.	R. HOWE	WALTHAMSTOW A.C.	46.49	25.30(3)	78.55(3)
5.	J. BROAD	HAVERING A.C.	48.37	25.41(6)	78.59(5)
6.	D. WATTS	ESSEX BEAGLES A.C.	49.24	25.53(7)	81.24(8)
7.	A. BANKS	BASILDON A.A.C.	49.54	25.40(5)	79.38(6)
8.	M. WEEKS	CHELMSFORD A.C.	49.56	26.24(10)	80.39(7)
9.	L. PARROTT	HAVERING A.C.	50.55	26.16(9)	81.24(8)
10.	M. PROSSER	ILFORD A.C.	51.03	26.24(11)	81.32(10)
11.	A. LOVETT	" "	53.20	27.24(17)	83.44(13)
12.	D. PRIOR	WOODFORD GN. A.C.	53.41	26.46(13)	82.48(11)
13.	M. A'BEAR	THURROCK H.	55.25	27.43(19)	86.00(19)
14.	G. HEWITT	SOUTHEND-ON-SEA A.C.	55.27	27.20(16)	85.07(16)
15.	B. HEMPSTEAD	COLCHESTER A.C.	55.38	27.43(20)	85.00(14)
16.	R. DAWSON	SOUTHEND-ON-SEA A.C.	56.14	27.43(21)	85.07(15)
17.	R. BERRY	WALTHAMSTOW A.C.	58.18	27.50(22)	85.35(18)
18.	G. GOODENOUGH	COLCHESTER A.C.	58.49	28.18(23)	86.22(21)
19.	D. TAYLOR	HADLEIGH O.A.C.	59.14	28.18(24)	87.20(23)
20.	B. BUTCHER	COLCHESTER A.C.	59.31	28.18(25)	86.21(20)
21.	D. MINNS	BASILDON A.A.C.	2.01.22	28.52(26)	85.14(17)
22.	D. SMITH	HADLEIGH O.A.C.	03.11	28.18(27)	86.30(22)
23.	S. WEBSTER	ILFORD A.C.	04.23	27.35(18)	89.16(26)
24.	K. SVERDLOFF	SOUTHEND-ON-SEA A.C.	04.40	27.10(14)	88.22(25)
25.	R. BOND	ORION H.	05.12	28.52(28)	90.18(27)
26.	A. HEFFORD	" "	05.48	30.20(31)	92.48(30)
27.	J. MOUNTAIN	CHELMSFORD A.C.	07.20	29.06(29)	91.30(29)
28.	D. JONES	ILFORD A.C.	07.35	30.45(32)	93.02(31)
29.	R. BLOIS	BASILDON A.A.C.	10.02	29.00(28)	87.51(24)
30.	D. HARRIS	COLCHESTER A.C.	11.50	29.28(31)	94.53(32)
31.	K. COOMBS	SOUTHEND-ON-SEA A.C.	14.19	30.00(33)	96.36(34)
32.	J. PERKINS	HAVERING A.C.	14.37	29.30(32)	95.31(33)
33.	A. AISHFORD	WALTHAMSTOW A.C.	17.52	30.00(34)	97.52(35)
34.	J. FENN	ORION H.	23.49	32.40(36)	104.07(38)
35.	M. TEAHAN	COLCHESTER A.C.	24.10	29.28(31)	98.16(36)
36.	A. POYNTER	WALTHAMSTOW A.C.	28.50	33.16(38)	107.16(39)
37.	D. BARKER	SOUTHEND-ON-SEA A.C.	37.03	27.10(15)	98.58(37)
38.	A. PHILLIPS	COLCHESTER A.C.	38.40	34.52(44)	109.47(41)

TEAM RESULT

1.	HAVERING A.C.	15 pts.	(1,5,9)
2.	WALTHAMSTOW A.C.	23	(2,4,17)
3.	ILFORD A.C.	44	(10,11,23)
4.	COLCHESTER A.C.	53	(15,18,20)
5.	SOUTHEND-ON-SEA A.C.	54	(14,16,24)
6.	BASILDON A.A.C.	57	(7,21,29)
7.	ORION H.	85	(25,26,34)

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