

ESSEX COUNTY AMATEUR ATHLETIC ASSOCIATION
CROSS COUNTRY CHAMPIONSHIPS at UNIVERSITY OF ESSEX,
COLCHESTER. 6th January 1979

SENIOR 7¹/₄ Miles
TEAM CHAMPIONSHIP

1. HAVERING A.C.	63 pts.	5. THURROCK H.	232	9. LOUGHTON A.C.	477
2. CHELMSFORD A.C.	86	6. HARLOW A.C.	362	10. ILFORD A.C. "B"	536
3. ILFORD A.C.	100	7. WALTHAMSTOW A.C.	364	11. COLCHESTER A.C.	573
4. WOODFORD GREEN A.C.	193	8. BASILDON A.C.	376		

INDIVIDUAL CHAMPIONSHIP

1. S. BARR	ESSEX BEAGLES	37.21	61. R. HOWE	WALTHAMSTOW	44.11
2. A. CATTON	ILFORD	.30	62. M. McVEIGH	HAVERING	.12
3. M. FLETCHER	CHELMSFORD	.30	63. M. ROSBROOK	BASILDON	.12
4. P. RICHARDSON	HAVERING	38.13	64. J. CASH	LOUGHTON	.18
5. P. BETTRIDGE	"	.19	65. D. COX	CHELMSFORD	.31
6. L. GOUGH	THURROCK	.28	66. J. O'BRIEN	WOODFORD GN.	.53
7. R. WOODLEY	CHELMSFORD	.35	67. P. WHEATLEY	ILFORD	.54
8. D. HURLOCK	WALTHAMSTOW	.54	68. L. NICHOLS	COLCHESTER	45.13
9. R. YOUNG	HAVERING	39.00	69. A. TEWKESBURY	HAVERING	.17
10. W. FOTHERGILL	ILFORD	.07	70. K. JONES	ORION	.18
11. P. BRYAN	HAVERING	.16	71. W. GILHAM	ILFORD	.41
12. D. COX	WOODFORD GN.	.17	72. G. VALENTINE	BASILDON	.47
13. M. BENN	"	.22	73. D. STANLEY	"	.47
14. P. CHEATLE	ESSEX BEAGLES	.23	74. J. NORANHA	ESSEX BEAGLES	.48
15. R. THURSTON	HAVERING	.32	75. G. SAYER	ETON MANOR	46.02
16. P. FULCHER	CHELMSFORD	.49	76. P. CHAPPELL	HARLOW	.07
17. G. BUTLER	"	40.02	77. K. SPENCER	"	.14
18. D. COATES	ILFORD	.16	78. C. MOLD	HAVERING	.15
19. P. MYLREA	HAVERING	.16	79. T. DRADEY	HARLOW	.31
20. S. GIBSON	CHELMSFORD	.32	80. A. ROGERSON	BASILDON	.40
21. J. BATCHELOR	ILFORD	.35	81. K. FORSTER	WALTHAMSTOW	.44
22. J. MACKENZIE	"	.37	82. D. WARNER	ORION	.49
23. T. FARROW	CHELMSFORD	.42	83. B. HICKS	WALTHAMSTOW	.53
24. C. REED	WOODFORD GN.	.44	84. B. ARMSTRONG	ILFORD	47.14
25. D. HORTON	HARLOW	.51	85. C. WARD	THURROCK	.19
26. C. TURNER	CHELMSFORD	.53	86. D. HOLLAND	HAVERING	.20
27. M. ETCHELLES	ILFORD	.56	87. A. AISHFORD	WALTHAMSTOW	.22
28. K. HUTCHINS	ETON MANOR	41.00	88. C. WINWARD	"	.25
29. M. BATTY	THURROCK	.04	89. D. JONES	ILFORD	.31
30. B. MEADOWS	ILFORD	.04	90. K. WILKINSON	CHELMSFORD	.34
31. L. SAWKINS	SOUTHEND	.21	91. E. CASH	LOUGHTON	.37
32. W. STOWE	"	.31	92. H. TEMPAN	WOODFORD GN.	.42
33. S. HERRINGTON	WOODFORD GN.	.39	93. P. DARBY	BASILDON	48.01
34. A. BIRD	NEWHAM	.42	94. T. HART	HARLOW	.03
35. L. WEST	SOUTHEND	.45	95. B. MOTLEY	ILFORD	.07
36. M. THEOBALD	HAVERING	.48	96. J. LUSTY	HARLOW	.10
37. V. MONK	THURROCK	.58	97. K. ROGERS	CHELMSFORD	.23
38. B. DISS	HAVERING	42.02	98. L. DUNBAR	ILFORD	.32
39. M. HERRING	ILFORD	.05	99. L. BURNETT	WOODFORD GN.	.49
40. J. MADDEN	LOUGHTON	.10	100. B. EDWARDS	WALTHAMSTOW	.58
41. R. MILLS	ILFORD	.14	101. M. FERGNANI	COLCHESTER	49.00
42. E. BROWN	BASILDON	.16	102. J. BAKER	WOODFORD GN.	.26
43. G. WEBB	ILFORD	.17	103. S. EVERARD	ILFORD	.28
44. S. SHATFORD	WALTHAMSTOW	.33	104. A. TIFFIN	"	.37
45. N. BURVILL	WOODFORD GN.	.42	105. C. MAGOL	WOODFORD GN.	.42
46. R. GOAD	BASILDON	43.00	106. J. BURKE	HAVERING	.50
47. P. DOBBS	THURROCK	.00	107. J. HOY	ORION	.56
48. G. MESSENGER	LOUGHTON	.00	108. L. MATHIESON	BASILDON	.58
49. A. BRIDGE	HARLOW	.09	109. G. PHIMSTER	THURROCK	50.33
50. L. PARROTT	HAVERING	.25	110. N. CRAIG	COLCHESTER	.41
51. M. ROBINSON	"	.26	111. R. WARNER	ORION	.50
52. T. THOMAS	COLCHESTER	.30	112. A. STEVENS	WOODFORD GN.	.51
53. M. CLARKE	THURROCK	.34	113. J. PERKINS	NEWHAM	51.19
54. K. BURGESS	CHELMSFORD	.42	114. J. ROWLANDS	LOUGHTON	.29
55. A. LOVETT	ILFORD	.49	115. B. SMART	ORION	.31
56. B. CONCANNON	HARLOW	.58	116. D. WHEATON	THURROCK	.32

ESSEX COUNTY CROSS COUNTRY CHAMPIONSHIPS 1979 (Cont.)

SENIOR

121. T. MEAD	WALTHAMSTOW	52.25	128. J. BROWN	NEWHAM	55.36
122. R. VILE	"	.38	129. J. McEVOY	COLCHESTER	.42
123. J. CLARK	CHELMSFORD	.59	130. J. CRAFER	LOUGHTON	.51
124. J. EBDON	COLCHESTER	53.37	131. B. HART	WALTHAMSTOW	.58
125. C. SHROSBREE	LOUGHTON	.44	132. F. POTTER	CHELMSFORD	56.58
126. P. DODSON	CHELMSFORD	54.36	133. J. NEWTON	NEWHAM	58.01
127. G. KILL	BASILDON	55.16	134. M. SEAMAN	SOUTHEND	59.07

JUNIOR 5 Miles

TEAM CHAMPIONSHIP

1. ESSEX BEAGLES A.C.	12 pts.	3. CHELMSFORD A.C.	86 pts.
2. HAVERING A.C.	44	4. WOODFORD GREEN A.C.	96

INDIVIDUAL CHAMPIONSHIP

1. C. REITZ	ESSEX BEAGLES	25.22	19. S. YOUELL	WALTHAMSTOW	30.00
2. G. FELL	" "	.54	20. P. STOCKINGS	WOODFORD GN.	.07
3. K. HICK	ILFORD	26.20	21. P. BENTON	THURROCK	.08
4. E. EMMS	ESSEX BEAGLES	.41	22. R. WEEDEN	CHELMSFORD	.21
5. P. KEMP	" "	.56	23. R. STEVENS	WOODFORD GN.	.27
6. N. TYLER	HAVERING	27.03	24. P. FLETCHER	CHELMSFORD	.34
7. E. MARTIN	BASILDON	.42	25. S. KEMP	SOUTHEND	31.17
8. S. SURRIDGE	WALTHAMSTOW	28.16	26. J. JOARDER	WOODFORD GN.	.44
9. A. COLEMAN	HAVERING	.42	27. S. MURRAY	"	.46
10. G. RIPPON	SOUTHEND	.42	28. D. NORMAN	CHELMSFORD	32.21
11. P. HICKS	ILFORD	.53	29. A. BARDEN	BASILDON	.40
12. A. HAYMAN	CHELMSFORD	.54	30. P. KILVERT	CHELMSFORD	33.00
13. P. GAHAGAN	HAVERING	.57	31. P. HOARE	"	.08
14. A. BRIGHT	COLCHESTER	29.06	32. T. HICKS	WOODFORD GN.	.31
15. M. CARRUTHERS	ESSEX BEAGLES	.11	33. D. BULL	ILFORD	.36
16. I. BERRETT	HAVERING	.15	34. M. BEDFORD	CHELMSFORD	34.12
17. D. THOMAS	ESSEX BEAGLES	.30	35. A. POWLES	TENDRING	.33
18. R. PECK	COLCHESTER	30.00	36. J. STOCK	HAVERING	35.19

H. WILLIAMS,
(Hon. C.C. Sec.)
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Essex, CM12 9PB.