

Men V50**Writtle University College****04/12/2021**

Pos	No	Name		Club
1	426	David Tullett	V55	Chelmsford AC V50
2	535	Lee Martin	V50	Springfield Striders V50
3	538	Mark Waine	V50	Springfield Striders V50
4	431	Colin Ridley	V55	Colchester Harriers AC V50
5	432	Allen Smalls	V50	Colchester Harriers AC V50
6	502	Adam Baker	V50	Orion Harriers V50
7	513	Colin Read	V50	Orion Harriers V50
8	547	Scott Rice	V50	Thurrock Harriers AC V50
9	527	Craig Dyce	V50	Saffron Striders V50
10	427	Peter Waite	V50	Chelmsford AC V50
11	445	Paul Mingay	V60	Colchester Harriers AC V60
12	529	Alec Kyrakides	V55	Southend on Sea AC V50
13	434	Paul Spowage	V55	Colchester Harriers AC V50
14	514	Scott Reid	V50	Orion Harriers V50
15	436	Kevin Higgins	V50	Colchester Harriers AC V50
16	534	Scott Dryden	V50	Springfield Striders V50
17	518	Tim Wright	V50	Orion Harriers V50
18	565	Pete Riley	V50	Witham RC V50
19	510	Declan Hamblin	V50	Orion Harriers V50
20	479	Gary Atkins	V50	Havering AC V50
21	425	Peter Tullett	V60	Chelmsford AC V60
22	568	Richard Holland	V60	Woodford Green and Essex Ladies AC
23	537	Paul Broome	V55	Springfield Striders V50
24	526	Jon Cooke	V50	Saffron Striders V50
25	405	Anthony Moore	V50	Billericay Striders V50
26	560	Leo Cole	V50	Witham RC V50
27	459	Steven Read	V50	Grange Farm & Dunmow Runners V50
28	480	John Barker	V55	Havering AC V50
29	430	Peter West	V55	Colchester Harriers AC V50
30	474	Robin Brookes	V50	Harwich Runners V50
31	533	Peter Chubb	V50	Springfield Striders V50
32	562	Owen Dare	V55	Witham RC V50
33	407	Neil Jennings	V50	Billericay Striders V50
34	435	Paul Dellar	V50	Colchester Harriers AC V50
35	416	Richard Bonham	V50	Castle Point Joggers V50
36	439	Russell Goodridge	V50	Colchester Harriers AC V50
37	536	Paul Jeggo	V60	Springfield Striders V60
38	486	Terry Knightley	V60	Ilford AC V60
39	496	Steve Palmer	V50	Loughton AC V50
40	532	Chris Purse	V60	Springfield Striders V60
41	401	Nick Rankin	V60	Benfleet RC V60
42	484	Tony Pecoraro	V55	Havering AC V50
43	566	David Carey	V50	Witham RC V50
44	550	Jonathan Metcalf	V60	Thurrock Harriers AC V60

45	443	James Waterson	V50	Colchester Harriers AC V50
46	561	Simon Scott	V55	Witham RC V50
47	441	David Hilson	V55	Colchester Harriers AC V50
48	433	Simon Smith	V55	Colchester Harriers AC V50
49	546	Eamonn Shelley	V60	Thurrock Harriers AC V60
50	494	Chris Hargraves	V50	Little Baddow Ridge Runners V50
51	530	Matt Aitken	V55	Southend on Sea AC V50
52	460	Michael Simmons	V55	Great Bentley Running Club V50
53	556	Mark Lawes	V50	Tiptree Road Runners V50
54	563	Simon Cresswell	V50	Witham RC V50
55	487	Neil Crisp	V55	Ilford AC V50
56	438	Chris Stevenson	V60	Colchester Harriers AC V60
57	549	Christopher Applegate	V60	Thurrock Harriers AC V60
58	400	Alan Clark	V55	Benfleet RC V50
59	495	Mark Duncan	V60	Little Baddow Ridge Runners V60
60	548	John O'Shea	V60	Thurrock Harriers AC V60
61	483	Roy James	V50	Havering AC V50
62	410	Stephen Foggo	V60	Billericay Striders V60
63	511	Andrew Lunn	V50	Orion Harriers V50
64	444	Dave Wright	V60	Colchester Harriers AC V60
65	452	Calvin Bobin	V65	East London Runners V60
66	524	Martin Orford	V55	Pitsea Running Club V50
67	512	Rob Moore	V55	Orion Harriers V50
68	404	Eamon Brown	V65	Billericay Striders V60
69	406	Colin White	V50	Billericay Striders V50
70	515	John Smith	V60	Orion Harriers V60
71	531	Dean McLeod	V60	Springfield Striders V60
72	421	Rick Wade	V50	Castle Point Joggers V50
73	544	Michael Thomas	V50	Springfield Striders V50
74	542	Ian Gowers	V50	Springfield Striders V50
75	492	Gerry McGovern	V60	Little Baddow Ridge Runners V60
76	500	Clifford Weatherup	V65	Mid Essex Casuals V60
77	412	Andrew Morris	V60	Billericay Striders V60
78	462	Adebayo Mabo	V50	Havering '90 Joggers V50
79	519	Philip Warner	V55	Phoenix Striders V50
80	521	Colin Wilkinson	V55	Phoenix Striders V50
81	525	David Beatty	V50	Pitsea Running Club V50
82	449	Ian Mackie	V65	East London Runners V60
83	528	Peter Binns	V70	Southend on Sea AC V60
84	493	Peter Hodgson	V50	Little Baddow Ridge Runners V50
85	424	Michael Bridgeland	V60	Chelmsford AC V60
86	467	Lee Young	V50	Havering '90 Joggers V50
87	478	Phil Sanderson	V55	Harwich Runners V50
88	509	Simon Haigh	V50	Orion Harriers V50
89	523	Donald Sinclair	V65	Pitsea Running Club V60
90	498	Paul Tawn	V60	Mid Essex Casuals V60
91	503	Gary Bartlett	V60	Orion Harriers V60
92	539	Tim Brockington	V65	Springfield Striders V60

93	473	Kim Pretty	V65	Harwich Runners V60
94	504	Bill Bennett	V60	Orion Harriers V60
95	454	Paul Thompson	V50	East London Runners V50
96	488	Tony Young	V55	Ilford AC V50
97	551	Bernard Johnson	V65	Thurrock Harriers AC V60
98	541	Raymond Charlton	V55	Springfield Striders V50
99	472	Alan Fancy	V55	Halstead Road Runners V50
100	553	Iain Rhodes	V60	Tiptree Road Runners V60
101	545	Gary Rowlatt	V50	Thurrock Harriers AC V50
102	470	Andy Carter	V60	Halstead Road Runners V60
103	465	Vince Charman	V55	Havering '90 Joggers V50
104	475	Steve Manley	V55	Harwich Runners V50
105	499	James Goddard	V60	Mid Essex Casuals V60
106	555	Edward Skinner	V65	Tiptree Road Runners V60
107	517	Paul Williams	V60	Orion Harriers V60
108	415	Graham Jones	V55	Billericay Striders V50
109	451	Michael Wilson	V60	East London Runners V60
110	422	John Freed	V55	Castle Point Joggers V50
111	544	Michael Thomas	V50	Springfield Striders V50
112	428	Arthur Whiston	V70	Colchester Harriers AC V60
113	419	Kevin Steed	V60	Castle Point Joggers V60
114	463	Darren Radford	V55	Havering '90 Joggers V50
115	506	Simon Carter	V50	Orion Harriers V50
116	543	David Kelly	V65	Springfield Striders V60
117	489	Steve Cheal	V60	Ilford AC V60
118	457	Gabriel Ellenberg	V60	Eton Manor AC V60
119	540	Stephen Parr	V50	Springfield Striders V50
120	458	Stephen Burr	V55	Eton Manor AC V50
121	490	Ernie Forsyth	V65	Ilford AC V60
122	409	Ricky Lee	V50	Billericay Striders V50
123	557	Nick Archer	V60	Tiptree Road Runners V60
124	468	Tony Gray	V60	Havering '90 Joggers V60
125	501	Brian Butcher	V70	Mid Essex Casuals V60
126	450	John O'Brien	V50	East London Runners V50
127	558	Paul Graves	V65	Tiptree Road Runners V60
128	491	Rob Sargeant	V65	Ilford AC V60
129	423	Russell Bost	V60	Castle Point Joggers V60
130	420	Nicholas McCullagh	V65	Castle Point Joggers V60
131	520	Peter Eates	V65	Phoenix Striders V60
132	477	Julian Cordwell	V65	Harwich Runners V60
133	464	Steve Sheekey	V70	Havering '90 Joggers V60
134	417	Mark Collins	V50	Castle Point Joggers V50
135	522	Peter Bates	V70	Pitsea Running Club V60
136	461	Lee Kyson	V65	Havering '90 Joggers V60
137	413	Ernie Easterby	V70	Billericay Striders V60

<u>Time</u>	<u>Team Result</u>	
28: 09	1 Colchester Harriers AC V50	37
52	2 Orion Harriers V50	44
55	3 Springfield Striders V50	44
29: 03	4 Witham RC V50	119
17	5 Colchester Harriers AC V50 'B'	144
23	6 Havering AC V50	151
29	7 Billericay Striders V50	235
36	8 Orion Harriers V50 'B'	237
52	9 Springfield Striders V50 'B'	276
56	10 Castle Point Joggers V50	351
30: 01	11 Havering '90 Joggers V50	381
02		
11	1 Thurrock Harriers AC V60	210
18	2 Springfield Striders V60	240
24	3 Colchester Harriers AC V60	243
36	4 Billericay Striders V60	344
39	5 Orion Harriers V60	362
51	6 Mid Essex Casuals V60	396
56	7 Ilford AC V60	404
57	8 Tiptree Road Runners V60	456
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