

Essex Cross Cour

U15G

04/12/2021

Pos	No	Name	Club	Time
1	171	Lyla Belshaw	U15G Colchester Harriers AC	14: 57 1
2	160	Kayleigh Atkinson	U15G Chelmsford AC	15: 37 2
3	165	Sienna Shipton	U15G Chelmsford AC	51
4	159	Seraphina Harris	U15G Cambridge & Coleridge AC	55
5	175	Cary Sergeant	U15G Colchester & Tendring AC	16: 11
6	169	Amelia King	U15G Chelmsford AC	19
7	174	Lucy Thompson	U15G Colchester & Tendring AC	22
8	166	Jemimah Knightbridge	U15G Chelmsford AC	26
9	167	Mara Thomas	U15G Chelmsford AC	27
10	170	Rosie Hopper	U15G Chelmsford AC	33
11	163	Lucy Nuttall	U15G Chelmsford AC	38
12	157	Megan Vernon	U15G Benfleet RC	40
13	191	Poppy Carlin	U15G Southend on Sea AC	41
14	197	Matilda Frith	U15G Woodford Green and Essex Ladies AC	42
15	178	Abigail Swan	U15G Havering AC	52
16	172	Beatrice Sivyer	U15G Colchester Harriers AC	54
17	164	Holly Appleton	U15G Chelmsford AC	17: 00
18	161	Mia Bowring	U15G Chelmsford AC	04
19	168	Lisa Leinemann	U15G Chelmsford AC	12
20	162	Lola Flack	U15G Chelmsford AC	17
21	156	Ruby-Mae Wood	U15G Basildon AC	31
22	181	Charlotte Palmer	U15G Loughton AC	32
23	182	Lizzie Knapman	U15G Loughton AC	41
24	155	Millie Trotter	U15G Basildon AC	51
25	183	Abbie Hoult	U15G Orion Harriers	18: 19
26	173	Lucia Harvey	U15G Colchester & Tendring AC	51
27	180	Isobel Pickard	U15G Havering AC	19: 04
28	185	Kiera Bellas	U15G Orion Harriers	20: 30
29	195	Jasleen Lotta	U15G Thurrock Harriers AC	23: 42

Country Championships

Under 15 Girls

Team Result

Chelmsford AC	19
Chelmsford AC 'B'	47