

**Essex Cross Country Championships****SW                      Gloucester Park, Basildon****08/01/2022**

<b>Pos</b>	<b>No</b>	<b>Name</b>		<b>Club</b>	<b>Time</b>
<b>1</b>	102	Victoria Hiscock	SW	Benfleet RC	30: 30
<b>2</b>	100	Charlotte Bishop	SW	Basildon AC	57
<b>3</b>	240	Lindsay Colman	SW	Southend AC	31: 02
<b>4</b>	173	Ginte Bailey	SW	Havering AC	13
<b>5</b>	159	Lucy Barnes	SW	Harlow Running & Tri Club	26
<b>6</b>	136	Lydia Callan	SW	Colchester Harriers	45
<b>7</b>	192	Eleanor Johnson	SW	Leigh-on-Sea Striders	32: 11
<b>8</b>	276	Alicia McArdell	SW	Woodford Green & Essex Ladies AC	14
<b>9</b>	259	Kathryn Spring	SW	Thurrock Harriers AC	19
<b>10</b>	174	Morgan Campbell	SW	Havering AC	24
<b>11</b>	263	Laura Thompson	SW	Victoria Park Harriers & Tower Hamlets AC	51
<b>12</b>	277	Kelly Clark	SW	Victoria Park Harriers & Tower Hamlets AC	33: 01
<b>13</b>	243	Hayley Lamkin	SW	Southend AC	09
<b>14</b>	127	Victoria Primmer	SW	Colchester Harriers	12
<b>15</b>	143	Jenny Heymann	SW	Eton Manor	21
<b>16</b>	131	Emma Burgess	SW	Colchester Harriers	28
<b>17</b>	266	Clare Fisher	SW	Victoria Park Harriers & Tower Hamlets AC	31
<b>18</b>	206	Claire Huggins	SW	Orion Harriers	33
<b>19</b>	180	Robyn Matson	SW	Havering AC	50
<b>20</b>	262	Philippa Robinson	SW	Tonbridge AC	34: 23
<b>21</b>	125	Tracy English	SW	Colchester Harriers	30
<b>22</b>	134	Denise Morley	SW	Colchester Harriers	33
<b>23</b>	106	Charmaine Sterling	SW	Benfleet RC	52
<b>24</b>	264	Rachel Morison	SW	Victoria Park Harriers & Tower Hamlets AC	57
<b>25</b>	200	Mary Knapman	SW	Loughton AC	58
<b>26</b>	175	Clare Davies	SW	Havering AC	35: 09
<b>27</b>	245	Lee Anne Cann	SW	Southend AC	13
<b>28</b>	258	Toni Radley	SW	Thurrock Harriers AC	31
<b>29</b>	214	Hannah White	SW	Orion Harriers	41
<b>30</b>	140	Lee Milne	SW	Eton Manor	53
<b>31</b>	260	Danielle Harrington	SW	Tiptree road runner	59
<b>32</b>	167	Kaye Huggins	SW	Havering '90 Joggers	36: 01
<b>33</b>	193	Hollie Boyd	SW	Leigh-on-Sea Striders	11
<b>34</b>	209	Anna Louis	SW	Orion Harriers	13
<b>35</b>	182	Jordan Hinds	SW	Ilford AC	15
<b>36</b>	216	Rachel Flannigan	SW	Phoenix Striders	17
<b>37</b>	242	Rebecca Taylor	SW	Southend AC	21
<b>38</b>	157	Terri Wiley	SW	Harlow Running & Tri Club	24
<b>39</b>	189	Anna Crawley	SW	Ilford AC	29
<b>40</b>	116	Emily Pereria	SW	Braintree & District AC	30
<b>41</b>	112	Barbara Aldridge	SW	Billericay Striders	30
<b>42</b>	181	Stephanie Phillips	SW	Havering AC	30
<b>43</b>	156	Shukila Jordan	SW	Halstead Road Runners	36

44	205	Jasmin Fitzpatrick	SW	Orion Harriers		38
45	197	Charlotte Horton	SW	Leigh-on-Sea Striders		49
46	139	Zoe Woodward	SW	Eton Manor	37:	05
47	118	Nicola Burney Gunn	SW	Brentwood RC		16
48	117	Kathleen Short	SW	Brentwood RC		25
49	148	Jane Rukin-White	SW	Eton Manor		29
50	199	Lorna Gaffney	SW	Loughton AC		41
51	257	Jodie Farrell	SW	Thurrock Harriers AC		45
52	238	Kasia Kostyrka-Allchorne	SW	Southend AC		57
53	184	Carlie Qirem	SW	Ilford AC	38:	06
54	255	Imogen Ovenden	SW	Springfield Striders		10
55	119	Eloise Smith	SW	Brentwood RC		18
56	215	Kristina Read	SW	Phoenix Striders		19
57	194	Michelle Lane	SW	Leigh-on-Sea Striders		25
58	225	Tina Golubeva	SW	Pitsea Running Club		55
59	160	Fieke Blackwell	SW	Harlow Running & Tri Club	39:	19
60	202	Wendy Seymour	SW	Loughton AC		26
61	220	Serena Jones	SW	Phoenix Striders		27
62	212	Joanne Plumb	SW	Orion Harriers		39
63	191	Breege Nordin	SW	Ilford AC		44
64	186	Alison Sale	SW	Ilford AC		52
65	108	Christine Deacon	SW	Billericay Striders		54
66	201	Georgina Taylor	SW	Loughton AC	40:	07
67	228	Hazel Greatbatch	SW	Pitsea Running Club		15
68	210	Karen Lyons	SW	Orion Harriers		17
69	204	Joanna Elferink	SW	Orion Harriers		23
70	269	Rachel Dingley	SW	Witham		41
71	162	Linda Helm-Manley	SW	Harlow Running & Tri Club		51
72	151	Meera Rajoo-Oakley	SW	Great Bentley Running Club	41:	06
73	122	Rebecca Clay	SW	Castle Point Joggers		11
74	190	Gaye Young	SW	Ilford AC		19
75	256	Donna Fisher	SW	Springfield Striders		27
76	230	Kate Howlett	SW	Pitsea Running Club	41:	31
77	155	Wendy Carter	SW	Halstead Road Runners		36
78	179	Emily James	SW	Havering AC		37
79	207	Izzy Jasper	SW	Orion Harriers		41
80	154	Charlotte King	SW	Halstead Road Runners		42
81	213	Katherine Taylor	SW	Orion Harriers		46
82	275	Fiona Collins	SW	Witham		47
83	253	Deborah Hitching	SW	Springfield Striders		49
84	110	Jo Ling	SW	Billericay Striders	42:	08
85	142	Kate Malcolm	SW	Eton Manor		14
86	115	Jane Yellop	SW	Billericay Striders		18
87	178	Charlie Yexley	SW	Havering AC	43:	10
88	223	Karen Heard	SW	Phoenix Striders		11
89	211	Helen Pearce	SW	Orion Harriers		13
90	270	Sharon Read	SW	Witham		26
91	170	Kate Pettit	SW	Havering '90 Joggers		40

92	152	Lisa Rodbourn	SW	Halstead Road Runners	44:	29
93	224	Lynsey Gray	SW	Phoenix Striders		48
94	166	Amber Elliott	SW	Havering '90 Joggers	45:	47
95	188	Diane Crisp	SW	Ilford AC	46:	13
96	144	Janine Durrant	SW	Eton Manor		36
97	232	Angela Smith	SW	Pitsea Running Club	47:	06
98	252	Sarah Goodwin	SW	Springfield Striders		06
99	183	Freida Keane	SW	Ilford AC		07
100	218	Jo Pearce	SW	Phoenix Striders		09
101	147	Hayley Dalton	SW	Eton Manor		12
102	271	Jenny Layley	SW	Witham		18
103	272	Sarah Naughton	SW	Witham		21
104	123	Debbie Harper	SW	Castle Point Joggers		26
105	109	Lesley Smart	SW	Billericay Striders		42
106	229	Helen Williams	SW	Pitsea Running Club	48:	15
107	222	Laura Heard	SW	Phoenix Striders		25
108	226	Caroline Wallis	SW	Pitsea Running Club		31
109	185	Julia Galea	SW	Ilford AC		32
110	227	Gillian Harrison	SW	Pitsea Running Club		40
111	267	Karen Flowers	SW	Witham	49:	18
112	237	Jo Sinfield	SW	Pitsea Running Club		19
113	111	Dawn Potter	SW	Billericay Striders		35
114	231	Marion Breeze	SW	Pitsea Running Club		46
115	153	Lauren Hutley	SW	Halstead Road Runners	50:	07
116	114	Chloe White	SW	Billericay Striders		32
117	268	Céline Elson	SW	Witham	51:	22
118	138	Rachel Le Roux	SW	East London Runners		46
119	234	Sarah Gager	SW	Pitsea Running Club	52:	02
120	221	Nicola Maslen	SW	Phoenix Striders		25
121	219	Nicola Burston	SW	Phoenix Striders	54:	58
122	168	Grace Kelly	SW	Havering '90 Joggers	55:	06
123	163	Lisa Gaskin	SW	Havering '90 Joggers	59:	18
124	165	Tracy Hendy	SW	Havering '90 Joggers	60:	19
125	169	Melissa Burke	SW	Havering '90 Joggers		20

#### **Team Result**

1	Colchester Harriers	57
2	Havering AC	59
3	Victoria Park Harriers & Tower Ha	64
4	Southend AC	80
5	Orion Harriers	125
6	Eton Manor	140
7	Leigh-on-Sea Striders	142
8	Harlow Running & Tri Club	173
9	Ilford AC	190
10	Loughton AC	201
11	Phoenix Striders	241
12	Billericay Striders	276

<b>13</b>	Orion Harriers 'B'	278
<b>14</b>	Halstead Road Runners	292
<b>15</b>	Pitsea Running Club	298
<b>16</b>	Springfield Striders	310
<b>17</b>	Ilford AC 'B'	332
<b>18</b>	Havering '90 Joggers	339
<b>19</b>	Witham	344
<b>20</b>	Phoenix Striders 'B'	420
<b>21</b>	Pitsea Running Club 'B'	436