**TRACK TIMETABLE FOR DAY 1**

Saturday 12th February 2022

**STARTING BLOCKS MAYBE USED IN HEATS AND FINALS BY UNDER 20 AND SENIOR ATHLETES**

**AND BY UNDER 17, UNDER 15 AND UNDER 13 ATHLETES IN FINALS ONLY**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| T01 | 13:30 |  | Senior Men | 1 Mile Walk | Final | 2 |
| T02 | 13:30 |  | Senior Women | 1 Mile Walk | Final | 3 |
| T03 | 13:45 |  | U17 Women | 60m | Heats to Semi-Final T10 | 22 |
| T04 | 14:00 |  | Senior Men | 60m | Heats to Semi Final T11 | 21 |
| T05 | 14:15 |  | U13 Girls | 60m | Heats to Final T30 | 10 |
| T06 | 14:22 |  | U15 Girls | 60m | Heats to Final T31 | 14 |
| T07 | 14:34 |  | U15 Boys | 60m | Heats to Final T33 | 8 |
| T08 | 14:40 |  | U17Mens | 60m | Heats to Final T28 | 14 |
| T09 | 14:48 |  | U20 Women | 60m | Heats to Final | 10 |
| T10 | 14:55 |  | U17 Women | 60m | Semi Final to Final T34 |  |
| T11 | 15:03 |  | Senior Men | 60m | Semi-Final to Final T32 |  |
| T12 | 15:07 |  | Senior Women | 60m | Final | 6 |
| T13 | 15.11 |  | U20 Men | 60m | Final | 6 |
| T14 | 15:15 |  | Masters Men | 60m | Final | 5 |
| T15 | 15.15 |  | Masters Women | 60m | Final | 1 |
| T16 | 15:19 |  | U13 Boys | 60m | Final | 5 |
| T17 | 15:30 |  | U15 Girls | 60m Hurdles | Heats to Final T26 | 19 |
| T18 | 15:40 |  | U17 Women | 60m Hurdles | Heats to Final T27 | 12 |
| T19 | 15.50 |  | Senior Men | 60m Hurdles | Final | 6 |
| T20 | 15:55 |  | U20 Men | 60m Hurdles | Final | 2 |
| T21 | 16.00 |  | U17 Men | 60m Hurdles | Final | 5 |
| T22 | 16:05 |  | Senior Women | 60m Hurdles | Final | 4 |
| T23 | 16:05 |  | U20 Women | 60m Hurdles | Final | 2 |
| T24 | 16:10 |  | U15 Boys | 60m Hurdles | Final | 5 |
| T25 | 16:15 |  | U13 Girls | 60m Hurdles | Final | 5 |
| T26 | 16:20 |  | U15 Girls | 60m Hurdles | Final |  |
| T27 | 16:25 |  | U17 Women | 60m Hurdles | Final |  |
| T28 | 16:30 |  | U17 Men | 60m | Final |  |
| T29 | 16:35 |  | U20 Women | 60m | Final |  |
| T30 | 16.40 |  | U13 Girls | 60m | Final |  |
| T31 | 16:45 |  | U15 Girls | 60m | Final |  |
| T32 | 16:50 |  | Senior Men | 60m | Final |  |
| T33 | 16:55 |  | U15 Boys | 60m | Final |  |
| T34 | 17:00 |  | U17 Women | 60m | Final |  |

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| **FIELD TIMETABLE FOR DAY 1**  **Saturday 12th February 2022** | | | | | | | | | |
|  |  |  |  | | | |  |  |  |
| F01 | 13:00 | Senior Women | Shot Putt | | | | Final |  | 9 |
| F02 | 13:00 | U20 Women | Shot Putt | | | | Final |  | 2 |
| F03 | 13:00 | U17 Women | Shot Putt | | | | Final |  | 7 |
| F04 | 13:00 | U15 Girls | Long Jump | | | | Final |  | 17 |
| F05 | 13:00 | U15 Boys | Shot Putt \* | | | | Final |  | 4 |
| F06 | 13:00 | U13 Boys | Shot Putt \* | | | | Final |  | 3 |
| F07 | 14.00 | Senior Women | Pole Vault | | | | Final |  | 2 |
| F08 | 14.00 | U20 Women | Pole Vault | | | | Final |  | 2 |
| F09 | 14.00 | U17 Women | Pole Vault | | | | Final |  | 2 |
| F10 | 14:00 | U15 Girls | Pole Vault | | | | Final |  | 0 |
| F11 | 14.45 | U15 Boys | Long Jump | | | | Finall |  | 11 |
| F12 | 14:45 | U13 Boys | Long Jump | | | | Final |  | 1 |
| F13 | 14.45 | U15 Girls | Shot Putt \* | | | | Final |  | 9 |
| F14 | 14.45 | U13 Girls | Shor Putt \* | | | | Final |  | 2 |
| F15 | 15.30 | Senior Men | Shot Putt | | | | Final |  | 5 |
| F16 | 15:30 | U20 Men | Shot Putt | | | | Final |  | 4 |
| F17 | 15:30 | U17 Men | Shot Putt | | | | Final |  | 2 |
| F18 | 16:30 | U13 Girls | Long Jump | | | | Final |  | 8 |
|  |  | * \* Upper area |  |  |  |

**TRACK TIMETABLE FOR DAY 2**

Sunday 13th February 2022

**STARTING BLOCKS MAYBE USED IN HEATS AND FINALS BY UNDER 20 AND SENIOR ATHLETES**

**AND BY UNDER 17, UNDER 15 AND UNDER 13 ATHLETES IN FINALS ONLY**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| T101 | 10:30 |  | U17 Women | 300m | Final | 1 |
| T102 | 10:30 |  | U15 Boys | 300m | Final | 2 |
| T103 | 10.30 |  | Masters Women | 300m | Final | 2 |
| T104 | 10:35 |  | U15 Girls | 300m | Heats to Final T129 | 9 |
| T105 | 11:43 |  | Masters Men | 300m | Heats to Final T130 | 7 |
| T106 | 10:50 |  | U20 Women | 200m | Heats to Final T127 | 8 |
| T107 | 10.57 |  | Senior Men | 200m | Heats to Final T124 | 14 |
| T108 | 11:03 |  | U17 Women | 200m | Heats to Final T125 | 12 |
| T109 | 11:10 |  | U15 Girls | 200m | Heats to Final T126 | 13 |
| T110 | 11:17 |  | Senior Women | 800m | Final | 4 |
| T111 | 11:22 |  | U17 Men | 800m | Heats to Final T145 | 14 |
| T112 | 11:30 |  | U15 Girls | 800m | Heats to Final T143 | 12 |
| T113 | 11.40 |  | U15 Boys | 800m | Final | 8 |
| T114 | 11:45 |  | U13 Boys | 800m | Final | 9 |
| T115 | 11:50 |  | U13 Girls | 200m | Heats to Final T128 | 11 |
| T116 | 12:00 |  | U17 Men | 400m | Heats to Final T147 | 12 |
| T117 | 12:08 |  | U20 Women | 400m | Heats to Final T150 | 9 |
| T118 | 12:16 |  | Senior Women | 400m | Heats to Final T151 | 8 |
| T119 | 12:25 |  | Senior Women | 200m | Final | 5 |
| T120 | 12:30 |  | U13 Boys | 200m | Final | 6 |
| T121 | 12:35 |  | U20 Men | 200m | Final | 4 |
| T122 | 12:40 |  | U17 Men | 200m | Final | 6 |
| T123 | 12:45 |  | U15 Boys | 200m | Final | 5 |
| T124 | 12:50 |  | Senior Men | 200m | Final |  |
| T125 | 12:55 |  | U17 Women | 200m | Final |  |
| T126 | 13:00 |  | U15 Girls | 200m | Final |  |
| T127 | 13:05 |  | U20 Women | 200m | Final |  |
| T128 | 13:10 |  | U13 Girls | 200m | Final |  |
| T129 | 13:15 |  | Masters Men | 300m | Final |  |
| T130 | 13.20 |  | U15 Girls | 300m | Final |  |
| T131 | 13:25 |  | Senior Men | 1500m | Final | 4 |
| T132 | 13:25 |  | U17 Men | 1500m | Final | 5 |
| T133 | 13:35 |  | Masters Women | 1500m | Final | 2 |
| T134 | 13:35 |  | Senior Women | 1500m | Final | 2 |
| T135 | 13.35 |  | U20 Women | 1500m | Final | 0 |
| T136 | 13:35 |  | U17 Women | 1500m | Final | 2 |
| T137 | 13:45 |  | Masters Men | 1500m | Final | 7 |
| T138 | 13:45 |  | U20 Men | 1500m | Final | 1 |
| T139 | 13:55 |  | U13 Girls | 800m | Final | 7 |
| T140 | 14:00 |  | Senior Men | 800m | Final | 5 |
| T141 | 14:10 |  | U20 Men | 800m | Final | 5 |
| T142 | 14:20 |  | U20 Women | 800m | Final | 6 |
| T143 | 14.30 |  | U17 Women | 800m | Final | 6 |
| T144` | 14:40 |  | U15 Girls | 800m | Final |  |
| T145 | 14:50 |  | U13 Girls | 800m | Final | 7 |
| T146 | 15:00 |  | U17 Men | 800m | Final |  |
| T147 | 15:10 |  | U17 Men | 400m | Final |  |
| T148 | 15:20 |  | U20 Men | 400m | Final | 3 |
| T149 | 15:30 |  | Senior Men | 400m | Final | 6 |
| T150 | 15:40 |  | U20 Women | 400m | Final |  |
| T151 | 15:50 |  | Senior Women | 400m | Final |  |
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| **FIELD TIMETABLE FOR DAY**  **Sunday 13th February 2022** | | | | | |
|  |  |  |  |  |  |
| F101 | 10:30 | U20 Men | Long Jump | Final | 1 |
| F102 | 10:30 | Senior Men | Long Jump | Final | 9 |
| F103 | 10:30 | U17 Men | Long Jump | Final | 6 |
| F104 | 11:15 | U17 Men | Pole Vault | Final | 1 |
| F105 | 11:15 | U15 Boys | Pole Vault | Final | 2 |
| F106 | 11:30 | Senior Women | High Jump | Final | 3 |
| F107 | 11:30 | U20 Women | High Jump | Final | 3 |
| F108 | 11:30 | U17 Women | High Jump | Final | 8 |
| F109 | 12:30 | U17 Women | Long Jump | Final | 11 |
| F110 | 12:45 | Senior Woman | Long Jump | Final | 2 |
| F111 | 12:45 | U20 Women | Long Jump | Final | 3 |
| F112 | 13:00 | U13 Boys | High Jump | Final | 3 |
| F113 | 13:00 | U13 Girls | High Jump | Final | 3 |
| F114 | 14:00 | U15 Boys | High Jump | Final | 4 |
| F115 | 14:30 | Senior Men | Triple Jump | Final | 4 |
| F116 | 14:30 | U20 Men | Triple Jump | Final | 3 |
| F117 | 14:30 | U17 Men | Triple Jump | Final | 1 |
| F118 | 14:30 | Senior Men | Pole Vault | Final | 2 |
| F119 | 14:30 | U20 Men | Pole Vault | Final | 4 |
| F120 | 15:30 | U15 Girls | High Jump | Final | 12 |
| F121 | 15:30 | U17 Men | High Jump | Final | 4 |
| F122 | 15:30 | Senior Men | High Jump | Final | 1 |
| F123 | 15:30 | U20 Men | High Jump | Final | 1 |
| F124 | 15:30 | U17 Women | Triple Jump | Final | 3 |
| F125 | 15:30 | Senior Women | Triple Jump | Final | 2 |
| F126 | 15:30 | U20 Women | Triple Jump | Final | 2 |