

ESSEX COUNTY AMATEUR ATHLETIC ASSOCIATION CROSS COUNTRY  
CHAMPIONSHIPS, 4th JANUARY 1986, DANBURY PARK, ESSEX.

SENIOR 7½ MILES

TEAM CHAMPIONSHIP

BASILDON A.A.C.	55pts.	10. WALTHAMSTOW A.C.	377	20. HARLOW A.C.	774
ILFORD A.C.	72	11. WOODFORD GREEN A.C. "B"	435	21. SOUTHEND-ON-SEA A.C. "B"	778
CHELMSFORD A.C.	161	12. HAVERING A.C. "B"	436	22. COLCHESTER A.C. "B"	789
HAVERING A.C.	179	13. ORION H.	502	23. BRAINTREE A.C.	798
WOODFORD GREEN A.C.	192	14. THURROCK H.	506	24. WOODFORD GREEN A.C. "C"	843
COLCHESTER A.C.	229	15. HAVERING A.C. "C"	672	25. HAVERING A.C. "D"	881
CHELMSFORD A.C. "B"	310	16. CHELMSFORD A.C. "C"	678	26. ORION H. "B"	918
SOUTHEND-ON-SEA A.C.	339	17. LOUGHTON A.C.	682	27. EPON MANOR A.C.	999
ILFORD A.C. "B"	372	18. BASILDON A.A.C. "B"	707	28. ILFORD A.C. "C"	1042
		19. WALTHAMSTOW A.C. "B"	757	29. HARLOW A.C. "B"	1317
				30. LOUGHTON A.C. "B"	1342

INDIVIDUAL CHAMPIONSHIP

D. COATES	ILFORD	36.22	54. V. HILLS	CHELMSFORD	40.27	107. R. HILL		
N. TYLER	HAVERING	.25	55. N. WEBBER	SOUTHEND	.29		SOUTHEND	43.03
A. CAPTON	ILFORD	.27	56. R. THURSTON	HAVERING	.31	108. R. CONNOLLY		
P. BARR	BASILDON	.32	57. R. MILLS	ILFORD	.43		ORION	.07
S. LAMB	BASILDON	.56	58. P. FRIEMAN	CHELMSFORD	.44	109. V. HEANEY		
G. COUCH	BASILDON	37.03	59. G. PRATT	BRAINTREE	.50		ILFORD	.15
A. GILHAM	ILFORD	.09	60. R. STEVENS	WOODFORD	.53	110. B. MOORE		
D. COX	WOODFORD	.14	61. D. LAWLESS	THURROCK	.54		THURROCK	.20
J. TAYLOR	BASILDON	.27	62. K. DENVER	WALTHAMSTOW	.55	111. B. READ		
A. BARDEN	BASILDON	.37	63. R. EVANS	LOUGHTON	.58		ORION	.21
G. WEBB	ILFORD	.37	64. J. BARROWCLOUGH	CHELMSFORD	.59	112. M. ROBINSON		
G. THOMAS	COLCHESTER	.45	65. N. CAMP	WOODFORD	41.00		HAVERING	.22
S. SURRIDGE	WALTHAMSTOW	.47	66. K. WILKINSON	CHELMSFORD	.03	113. C. HAGAN		
P. BETTRIDGE	HAVERING	.53	67. S. HERINGTON	WOODFORD	.04		SOUTHEND	.25
M. GORMLEY	CHELMSFORD	.56	68. L. ROWORTH	ILFORD	.07	114. D. MULLANE		
M. UPTON	WOODFORD	38.04	69. R. GOAD	BASILDON	.09		CHELMSFORD	.27
L. GOUGH	NEWHAM & EB.	.08	70. P. MYLREA	HAVERING	.13	115. D. ROSE		
S. BURR	NEWHAM & EB.	.10	71. T. PAILLHORPE	HAVERING	.15		WALTHAMSTOW	.30
D. BALTHASAR	SOUTHEND	.14	72. K. BERRETT	HAVERING	.20	116. R. LITTLETON		
P. INGVOSEN	ILFORD	.26	73. K. HUPCHIN	WALTHAMSTOW	.26		WALTHAMSTOW	.32
K. WAY	BASILDON	.31	74. M. BOND	COLCHESTER	.27	117. T. KEENAN		
M. GIBBS	CHELMSFORD	.35	75. K. JOLLEY	BRAINTREE	.27		HAVERING	.35
S. VINES	HAVERING	.37	76. W. REAVELL	ORION	.28	118. K. SEWELL		
J. WALLIS	WALTHAMSTOW	.38	77. M. EMMS	WOODFORD	.34		THURROCK	.40
J. FREEMAN	CHELMSFORD	.42	78. R. BRITTON	ORION	.35	119. R. HOWE		
L. KEIGHLEY	COLCHESTER	.45	79. D. CRIPPS	BASILDON	.36		WALTHAMSTOW	.41
P. GRAY	NEWHAM & EB.	.47	80. M. TAYLOR	HAVERING	.37	120. L. PARROTT		
J. ROBERTS	NEWHAM & EB.	.52	81. J. SEARS	WOODFORD	.39		HAVERING	.51
A. CROXFORD	CHELMSFORD	.55	82. A. PINIEWSKI	BASILDON	.46	121. G. SMITH		
J. MACKENZIE	ILFORD	.56	83. D. CREAVALLE	ILFORD	.48		EPON MANOR	.52
P. STOCKINGS	WOODFORD	39.03	84. A. McDERMOTT	ILFORD	.54	122. B. SEWELL		
P. LANGWORTHY	COLCHESTER	.11	85. D. HOLLINSWORTH	WOODFORD	.55		THURROCK	.52
P. WEST	COLCHESTER	.13	86. W. LUNDRIGAN	THURROCK	.58	123. B. THOMAS		
C. TURNER	CHELMSFORD	.17	87. P. GAHAGAN	HAVERING	42.02		SOUTHEND	.57
A. NIXON	ILFORD	.18	88. J. GATES	WOODFORD	.03	124. K. McGHIE		
D. NORMAN	CHELMSFORD	.21	89. L. SAWKINS	SOUTHEND	.04		SOUTHEND	.58
M. WHITTAKER	SOUTHEND	.25	90. M. HERRING	ILFORD	.10	125. T. HOYLES		
G. HARMER	CHELMSFORD	.29	91. P. BINNS	SOUTHEND	.11		HAVERING	44.02
V. MONK	THURROCK	.34	92. S. BLAKE	THURROCK	.17	126. K. FORSTER		
A. COLEMAN	HAVERING	.41	93. A. EATON	HARLOW	.20		WALTHAMSTOW	.03
P. FILLER	ORION	.44	94. R. WARNER	ORION	.25	127. K. WORSDELL		
C. MATTHAMS	WOODFORD	.48	95. D. SHORE	HAVERING	.30		HARLOW	.04
J. McPEAKE	LOUGHTON	.50	96. M. FERGNANI	TENDRING	.32	128. B. DINES		
S. SEARS	WOODFORD	.54	97. C. HOLDEN	CHELMSFORD	.39		COLCHESTER	.06
B. MEADOWS	ILFORD	40.01	98. S. WALLACE	TENDRING	.43	129. K. THORNTON		
P. TULLETT	CHELMSFORD	.03	99. C. CHALK	COLCHESTER	.44		HAVERING	.08
P. BRYAN	HAVERING	.04	100. P. FLETCHER	CHELMSFORD	.47	130. R. BANISTER		
R. EVANS	SOUTHEND	.05	101. T. WELLARD	WALTHAMSTOW	.48		WOODFORD	.09
B. CONCANNON	HARLOW	.11	102. W. METCALF	NEWHAM & EB.	.49	131. P. JONES		
A. ROBINSON	CHELMSFORD	.14	103. M. McVEIGH	HAVERING	.51		THURROCK	.18

ESSEX COUNTY CROSS COUNTRY CHAMPIONSHIPS, SENIOR 7½ MILES (Cont.)

4.	M. ROSBROOK	BAS.	44.25	172.	I. THOMPSON	ORN.	46.11	210.	D. SHAWLEY	W.S.	49.04
5.	G. NOBBS	BRE.	.27	173.	F. MORALES	SOU.	.28	211.	D. HOLLAND	HAV.	.06
6.	D. NEWMAN	LOU.	.34	174.	L. LONG	COL.	.30	212.	P. GRANT	ORN.	.08
7.	T. BAILEY	VAL.	.36	175.	R. HAWKS	COL.	.32	213.	P. YOUNG	LOU.	.17
8.	T. EVERITT	E.M.	.41	176.	R. CURLISS	ORN.	.35	214.	D. GASCOYNE	HAR.	.19
9.	J. STOCK	HAV.	.44	177.	A. McQUEEN	BRE.	.38	215.	G. RICHARDSON	LOU.	.28
0.	J. GREEN	LOU.	.47	178.	R. KEEBLE	BAS.	.41	216.	G. MESSENGER	ORN.	.35
1.	J. KNIBB	SOU.	.48	179.	C. HOWARD	HAV.	.47	217.	H. HARRIS	BRE.	.38
2.	I. PEARCE	HAV.	.54	180.	B. BROWN	BRA.	47.06	218.	N. CORPER	ORN.	.49
3.	R. MAYNARD	ORN.	.56	181.	D. CANNING	ORN.	.07	219.	P. GOODFELLOW	CHE.	50.10
4.	C. WINWARD	VAL.	.57	182.	G. PRIBUL	W.G.	.09	220.	P. POSTINGS	ILF.	.22
5.	I. BISHOP	ILF.	45.03	183.	B. SCILLITOE	BRA.	.11	221.	L. MATHIESON	TEN.	.28
6.	R. GREENFIELD	CHE.	.04	184.	J. EVERETT	COL.	.14	222.	P. KEARNEY	CHE.	.30
7.	R. FOXLEY	ORN.	.05	185.	S. MANNING	ORN.	.16	223.	V. GUNGABISON	BRE.	.32
8.	I. HANDS	COL.	.07	186.	V. JONES	BAR.	.16	224.	A. MAXWELL	W.G.	.38
9.	P. THOMAS	COL.	.08	187.	D. HARELS	HAR.	.19	225.	A. IOVETT	ILF.	.40
0.	J. HUSH	BRA.	.08	188.	A. SMITH	COL.	.19	226.	N. BOOTH	E.M.	.47
1.	R. COBDEN	BRA.	.09	189.	P. NIELD	THU.	.22	227.	N. MOONAN	BAR.	51.02
2.	S. TAYLOR	HAV.	.10	190.	A. DICKIN	ORN.	.25	228.	E. CASH	LOU.	.13
3.	A. TEWKESBURY	HAV.	.11	191.	C. BEARD	ILF.	.28	229.	T. LIGGINS	BRE.	.17
4.	M. FITZGIBBON	E.M.	.14	192.	T. BRIDGE	SOU.	.32	230.	R. SARGENT	BAR.	.22
5.	K. BURGESS	CHE.	.15	193.	D. JONES	ILF.	.38	231.	L. MEAD	HAV.	.25
6.	J. STELFOX	THU.	.18	194.	K. WARD	ORN.	.43	232.	T. MEAD	VAL.	.39
8.	J. GILL	CHE.	.29	195.	K. DEALLY	HAR.	.47	233.	C. EDDES	HAR.	.52
9.	S. SHERRY	COL.	.34	196.	D. GALLAGHER	TEN.	.53	234.	C. CLARK	SOU.	52.00
0.	G. SAYER	E.M.	.39	197.	G. WATSON	C.I.	.55	235.	J. BURKE	HAV.	.12
1.	M. LEECHMERE	HAR.	.40	198.	D. COOPER	C.I.	.57	236.	M. BOLDINGER	HAR.	53.09
2.	A. STEVENS	W.G.	.42	199.	R. PARSONS	HAR.	48.10	237.	G. ROBERTSON	TEN.	.13
3.	C. CRUMP	W.G.	.46	200.	M. STANLEY	E.M.	.12	238.	P. GAYLE	LOU.	.39
4.	J. HUDDART	ILF.	.48	201.	G. WILLIAMS	ILF.	.18	239.	A. TULLETT	CHE.	54.05
5.	D. STANLEY	BAS.	.49	202.	D. TULLETT	CHE.	.23	240.	G. ERMISZ	HAR.	.12
6.	B. BAKER	HAV.	.51	203.	B. ARMSTRONG	ILF.	.24	241.	N. ACLAND	COL.	.15
7.	J. CASH	LOU.	.52	204.	G. PELLE	ILF.	.26	242.	D. PIZZET	C.I.	55.02
8.	R. GREEN	W.G.	.55	205.	R. VILE	LOU.	.32	243.	F. SAUNDERS	LOU.	.40
9.	K. MURRAY	ORN.	46.04	206.	T. LEWIN	SOU.	.40	244.	M. BRIAN	BAR.	56.13
0.	A. GREEN	SOU.	.04	207.	R. WHITEHEAD	ILF.	.44	245.	S. GAYLE	LOU.	59.56
1.	H. RIDGEWELL	VAL.	.06	208.	I. KELLY	BAS.	49.01				
7.	A. WOODING	HAR.	45.27	209.	M. PAICE	WAL.	.02				

JUNIOR 5 Miles CHAMPIONSHIP

TEAM CHAMPIONSHIP

1.	NEWHAM & ESSEX BEAGLES A.C.	17pts.	3.	HAVERING A.C.	57 pts.
2.	CHELMSFORD A.C.	53	4.	NEWHAM & ESSEX BEAGLES A.C. "B"	74

INDIVIDUAL CHAMPIONSHIP

1.	D. LAUGHLIN	CHELMSFORD	24.35	19.	D. CATON	HAVERING	27.11
2.	A. SPURDEN	NEWHAM & EB.	25.02	20.	P. SCILLITOE	BRAINTREE	.17
3.	T. PATTERSON	SOUTHEND	.15	21.	R. MIDDLETON	HAVERING	.20
4.	J. FEHILY	NEWHAM & EB.	.29	22.	M. BARLOW	WOODFORD	.27
5.	G. FLOATE	NEWHAM & EB.	.33	23.	G. ENGWELL	CHELMSFORD	.53
6.	S. DEBENHAM	NEWHAM & EB.	.41	24.	K. JUGGINS	NEWHAM & EB.	28.13
7.	D. PRIESTLEY	NEWHAM & EB.	.55	25.	C. HILL	HAVERING	.18
8.	D. JONES	NEWHAM & EB.	26.02	26.	M. WEST	COLCHESTER	.24
9.	C. HOBDAV	HARLOW	.05	27.	G. PARROTT	HAVERING	.25
0.	P. WELLINGTON	HAVERING	.21	28.	G. CLARK	SOUTHEND	.56
1.	D. SILVERMAN	CHELMSFORD	.34	29.	D. NESBIT	BRAINTREE	29.10
2.	A. GREEN	WOODFORD	.39	30.	G. SPIER	WOODFORD	.19
3.	P. WHITE	FELSTED SCH.	.40	31.	G. LEE	ILFORD	.26
4.	M. BLAND	HAVERING	.41	32.	A. RITA	CHELMSFORD	.42
5.	D. CLARK	SOUTHEND	.51	33.	M. TERRY	CHELMSFORD	33.44
6.	G. ROEBINS	HAVERING	.54	34.	D. GEORGE	BRAINTREE	.59
7.	M. CUTTS	HAVERING	.57	35.	A. MULLIN	NEWHAM & EB.	34.22
8.	R. SPRAGGS	CHELMSFORD	27.03	36.	N. WILLIAMSON	TENDRING	37.32