

ESSEX COUNTY AMATEUR ATHLETIC ASSOCIATION 'ATHLETICS WEEKLY' MENS CROSS COUNTRY CHAMPIONSHIPS  
UNIVERSITY OF ESSEX, COLCHESTER, ESSEX. 15th DECEMBER 1990

SENIOR 7½ MILES

TEAM CHAMPIONSHIP

1. CHELMSFORD A.C.	74pts.	11. BASILDON "B"	446	21. ORION "H."	814
2. BASILDON A.C.	92	12. CHELMSFORD "B"	457	22. HAVERING "B"	936
3. NEWHAM & ESSEX BEAGLES A.C.	101	13. WOODFORD GREEN "B"	492	23. LOUGHTON A.C.	962
4. COLCHESTER & TENDRING A.C.	152	14. WALTHAMSTOW A.C.	604	24. HARLOW R.C.	999
5. WOODFORD GREEN A.C.	201	15. PITSEA R.C.	664	25. COLCHESTER JOG. "C"1070	
6. ILFORD A.C.	246	16. ILFORD "B"	664	26. DAGENHAM '88 R.C.1142	
7. THURROCK H.	314	17. EAST LONDON R.C.	712	27. ORION "B"	1227
8. HAVERING A.C.	354	18. WOODFORD GREEN "C"	774	28. COLCHESTER JOG. "D"1354	
9. COLCHESTER JOGGERS	379	19. COLCHESTER JOGGERS "B"	775		
10. NEWHAM & ESSEX BEAGLES "B"	411	20. BARKING R.C.	809		

INDIVIDUAL CHAMPIONSHIP

1. E Martin	Basildon	37.43	46. P Cheatle	Newham & EB.	43.22	91. M Rugg	Pitsea	45.55
2. J Gentry	Newham & EB.	38.10	47. J Knibb	Enfield	.27	92. G Nobes	Brentwood	46.01
3. D Laughlin	Chelmsford	.19	48. P Mardle	Woodford Gn.	.28	93. M Healey	Spring.	.02
4. C Reitz	Newham & EB.	39.15	49. P Bryan	Havering	.32	94. G Engwell	Chelms.	.05
5. A Catton	Ilford	.53	50. P Tullett	Chelmsford	.34	95. J Carter	Col. & T.	.05
6. P Barr	Basildon	.54	51. P Branston	Walthamstow	.34	96. R Warner	Orion	.07
7. P Bettridge	Havering	.59	52. A Pamphilon	Woodford Gn.	.35	97. A Mead	Benfleet	.12
8. R Denmark	Basildon	40.13	53. S Kemp	Southend	.50	98. T McCarthy	Wood. Gn	.15
9. M Gornley	Chelmsford	.15	54. T Seakins	Col. Jog.	.51	99. J Wright	Chelms.	.21
10. L Keithley	Col. & Tend.	.35	55. R Campbell	Newham & EB.	.52	100. P Hermon	Epping	.22
11. D Tullett	Chelmsford	.35	56. D Mills	Harlow A.C.	.59	101. A Barnard	Col. J.	.25
12. R Charleston	Chelmsford	.38	57. D Marchant	Thurrock	44.00	102. G Murdock	Ilford	.27
13. P West	Col. & Tend.	.41	58. P Stockings	Woodford Gn.	.14	103. R James	Brentwood	.30
14. M Yates	Newham & EB.	.55	59. S Rawe	Col. & Tend.	.19	104. G Madden	Col. J.	.31
15. S Holliday	Col. & Tend.	.59	60. R Pattison	Walthamstow	.21	105. J Hart	Loughton	.35
16. J Wallis	Woodford Gn.	41.02	61. J Turton	Col. Jog.	.23	106. D Lacy	Col. J.	.36
17. J Barker	Havering	.05	62. P Johnson	Thurrock	.28	107. S May	Ilford	.42
18. J Freeman	Chelmsford	.08	63. J Smith	Basildon	.31	108. R Suffield	Brentwood	.44
19. R Chapman	Newham & EB.	.13	64. J Metherell	Basildon	.33	109. A Bird	Wood. Gn	.52
20. C Brogan	Woodford Gn.	.18	65. C Purse	Chelmsford	.38	110. T Eccles	Orion	47.04
21. M Gibbs	Chelmsford	.21	66. D Gray	Ilford	.41	111. T Thomas	Col. & T	.05
22. J Hunt	Basildon	.25	67. S Wallace	Col. & Tend.	.42	112. H Staunton	New. & E	.08
23. D Coates	Ilford	.25	68. A Smith	East London	.45	113. M West	Col. & T	.13
24. D Marshall	Col. Jog.	.36	69. P Willis	Col. Jog.	.50	114. S Kerns	E. Lon.	.22
25. E Brown	Basildon	.42	70. M Bond	Col. Jog.	.50	115. S Fulker	Bill'y.	.23
26. D Rose	Walthamstow	.51	71. G Pratt	Braintree	.52	116. R Hurley	Pitsea	.26
27. H Emerton	Col. & Tend.	.55	72. T Jason	East London	.52	117. T Cornell	E. Lon.	.27
28. I Atkinson	Col. & Tend.	.56	73. B Thorpe	Chelmsford	.55	118. Mal. Singer	Wood. Gn.	.28
29. D Lennon	Newham & EB.	.59	74. P Binns	Southend	45.00	119. P Robertson	Barking	.29
30. P Haines	Basildon	42.02	75. G Buftom	Pitsea	.01	120. V Wilson	Wood. Gn	.31
31. G Webb	Ilford	.04	76. J Bolton	Chelmsford	.02	121. G Wormald	Harlow R	.34
32. M Bland	Havering	.17	77. J Barber	Billericay	.05	122. P Mylrea	Havering	.38
33. J Parsons	Newham & EB.	.19	78. K Evans	Barking	.07	123. O Phipps	Barking	.40
34. A Bardon	Basildon	.28	79. N McGregor	Thurrock	.10	124. T Wellard	Walthm.	.43
35. P Jones	Thurrock	.30	80. T May	Dagenham	.10	125. Mic. Singer	Wood. Gn	.50
36. S Sear	Woodford Gn.	.33	81. P Tacchia	Brentwood	.10	126. R Corbett	Ilford	48.00
37. A Huckson	Springfield	.40	82. L Roworth	Ilford	.15	127. G Smith	Havering	.13
38. G Wootton	Thurrock	.43	83. L Sawkins	Southend	.18	128. P House	Wood. Gn	.14
39. D Wright	Ilford	.48	84. P Franks	Pitsea	.20	129. M McVeigh	Havering	.15
40. J Sear	Woodford Gn.	.57	85. D Hollinworth	Woodford Gn.	.27	130. L Parrott	Havering	.26
41. N Camp	Woodford Gn.	.59	86. R Goad	Basildon	.32	131. P Barrett	Col. J.	.28
42. C Puxley	Newham & EB.	43.05	87. S Trump	Ilford	.36	132. M Rodgers	New. & E	.29
43. M Bumpstead	Thurrock	.08	88. C Holden	Harlow A.C.	.36	133. C Chalk	Tiptree	.36
44. V Charman	Newham & EB.	.10	89. W Fothergill	Ilford	.38	134. R Mossop	Harlow R	.49
45. D Thomas	Basildon	.21	90. N Kimpton	Woodford Gn.	.39	135. D Wells	Barking	.49

## ESSEX COUNTY AAA CROSS COUNTRY CHAMPIONSHIPS, COLCHESTER, ESSEX. 15th DECEMBER 1990 SENIORS (C)

136.I Budge	Havering	48.51	188.C Short	Witham	52.09
137.K Walsh	Col.Jog.	.51	189.P O'Connor	Orion	.23
138.P Darby	Orion	.58	190.D Keil	Loughton	.25
139.T Everitt	Eton Manor	49.05	191.L Hislop	Ilford	.30
140.D Lewis	Col.Jog.	.09	192.R Tinkwell	Witham	.32
141.A Stevens	Woodford Gn.	.10	193.J Roberts	Witham	.34
142.A Adams	Woodford Gn.	.12	194.G Howard	Witham	.41
143.J Hush	Braintree	.12	195.T Atkinson	East London	.53
144.B Read	Orion	.13	196.J Humbles	Witham	.54
145.A Richardson	Woodford Gn.	.17	197.E Johnson	Chelmsford	.58
146.P Dunne	Harlow R.C.	.21	198.G Bryan	Ilford	53.00
147.C Ross	Chelmsford	.23	199.M Bull	Newham & EB.	.22
148.G Dennis	Pitsea	.26	200.G Sayer	Eton Manor	.24
149.G Pugh	Harlow R.C.	.28	201.R Sargent	Dagenham '88	27.26
150.P McLaughlin	Pitsea	.32	202.D Sinclair	Pitsea	.52
151.R Taylor	Billericay	.33	203.P Lowe	Pitsea	.52
152.I Mahoney	Newham & EB.	.36	204.A Armatage	Orion	.57
153.G Williams	Ilford	.39	205.A Dean	Harlow R.C.	.58
154.S Harrison	Basildon	.45	206.B Mansell	East London	54.02
155.J White	East London	.50	207.M Jeffrey	Springfield	.12
156.S Hall	Loughton	.50	208.M Jones	Epping	.13
157.C Akehurst	Col.Jog.	.50	209.M Miller	Harlow R.C.	.20
158.D Barnett	Brentwood	.58	210.G Pells	Ilford	.32
159.M Webb	Ilford	50.00	211.D Edwards	Pitsea	.37
160.R Middleton	Walthamstow	.03	212.A Johns	Col.Jog.	.53
161.M O'Connell	Orion	.03	213.J Stock	Havering	.55
162.R Goodridge	Col.Jog.	.04	214.B Turner	Harlow R.C.	.56
163.N Wake	Loughton	.10	215.B Bowering	Orion	.58
164.J Everitt	Col.Jog.	.13	216.M Smith	Col.Jog.	55.10
165.A Bosomtwe	Orion	.21	217.T Emery	Dagenham '88	.12
166.W Metcalfe	Newham & EB.	.21	218.J Heard	East London	.17
167.D Canning	Thurrock	.22	219.G North	Orion	.29
168.M Layzell	Ilford	.38	220.P Knights	Col.Jog.	.35
169.M Arnsworth	Harlow R.C.	.39	221.J Norris	Col.Jog.	.40
170.R Aspinall	Thurrock	.40	222.J Avery	Epping	.41
171.J Cash	Loughton	.41	223.G Anderson	Dagenham '88	56.26
172.D Wright	Col.Jog.	.43	224.M Robinson	Havering	.29
173.J Mercer	Orion	.45	225.G Goodenough	Col.Jog.	.46
174.D Holland	Havering	.48	226.R Attwood	Walthamstow	57.12
175.R Selwyn	Woodford Gn.	.55	227.C Mills	Orion	.19
176.B Sage	Barking	.57	228.M Matcham	East London	.43
177.D Blower	Loughton	.59	229.A Tullett	Chelmsford	.54
178.M Mochan	Barking	51.09	230.M Stanley	Eton Manor	.58
179.S King	Col.Jog.	.16	231.J Roberts	Southend	58.40
180.G Deacon	Havering	.21	232.J Leijs	Harlow R.C.	59.12
181.R Hanks	Col.Jog.	.24	233.J Soulby	Epping	60.13
182.G Cardnell	Pitsea	.30	234.P Goodfellow	Chelmsford	.22
183.T Bailey	Walthamstow	.37	235.T Wheat	Col.Jog.	61.30
184.P McQuillen	Barking	.42	236.D Adams	Dagenham '88	62.03
185.S Cheal	Dagenham '88	.48	237.T Jarvis	Col.Jog.	.12
186.S Morgan	East London	.57	238.P Bates	Pitsea	64.28
187.M Bailey	Havering	52.05	239.I Linton	Southend	65.39

ESSEX COUNTY AAA. CROSS COUNTRY CHAMPIONSHIPS, COLCHESTER, ESSEX. 15th DECEMBER 1990

JUNIOR 5 MILES

1.K Cullen	Chelmsford	25.29	10.T McAllister	Southend	28.46	19.A Vile	Wood Gn.	30.23
2.A Mussett	Col.& Tend.	.49	11.D Wright	Chelmsford	29.01	20.C Brown	Southend	.25
3.R Malseed	Col.& Tend.	26.57	12.C Macconnahie	Basildon	.10	21.D Lucas	Wood Gn.	31.15
4.J Mills	Harlow A.C.	27.33	13.R Hush	Braintree	.19	22.C Ricards	Basildon	.23
5.I Maris	Woodford Gn.	.43	14.J Whitehouse	Woodford Gn.	.23	23.T Balding	Southend	.28
6.G Lillywhite	Chelmsford	.57	15.G Needham	Col.& Tend.	.27	24.S Cole	Newham	32.32
7.S Maxwell	Woodford Gn.	28.11	16.M Bolton	Chelmsford	.34	25.P Sarginson	Loughton	35.18
8.D Barker	Newham & EB.	.12	17.D Hogg	Springfield	.44			
9.N Wetheridge	Basildon	.12	18.V Wallace	Woodford Gn.	.51			

31.25

TEAM CHAMPIONSHIP

1.CHELMSFORD A.C. 34pts. 2.WOODFORD GREEN A.C. 44pts.

YOUTHS 4 MILES

1.R Edwards	Southend	20.56	19.J Milson	Walthamstow	24.53
2.M Knowles	Chelmsford	21.16	20.J Lendon	Havering	25.01
3.J Guest	Thurrock	.41	21.R Storer	Basildon	.07
4.K Murphy	Woodford Gn.	22.23	22.M Lamin	Basildon	.30
5.P Cobb	Thurrock	.26	23.S Possee	Braintree	.39
6.I Hollingsworth	Basildon	.42	24.J Paulizky	Harlow A.C.	.53
7.M Norris	Basildon	.48	25.S Thompson	Southend	.55
8.M Phillips	Thurrock	.53	26.G Jones	Havering	.58
9.R Clifton	Newham & EB.	23.27	27.W Damant	Colchester & T.	26.09
10.P Milson	Walthamstow	.38	28.C Francis	Brentwood	.18
11.I Brankin	Basildon	.47	29.M Harrop	Brentwood	.23
12.M Blackholly	Basildon	.52	30.A Williamson	Brentwood	.36
13.S Thom	Woodford Gn.	24.13	31.M Bailey	Col.& Tend.	.45
14.S Goodfellow	Woodford Gn.	.20	32.I Smith	Thurrock	.56
15.S Campbell	Havering	.24	33.I Stokoe	Braintree	27.15
16.M Guthrie Brown	Brentwood	.30	34.M Sullivan	Ilford	.45
17.C Hall	Havering	.37	35.K Brack	Harlow A.C.	28.56
18.C Lewis	Brentwood	.40			

TEAM CHAMPIONSHIP

1.BASILDON A.C. 36pts. 3.HAVERING A.C. 78pts  
2.THURROCK H. 48 4.BRENTWOOD A.C. 91

ESSEX COUNTY AAA WISH TO THANK COLCHESTER & TENDRING ATHLETIC CLUB, THEIR OFFICIALS, ALL MARSHALLS AND HELPERS FOR PROMOTING TODAY'S CHAMPIONSHIPS. WE ALSO THANK ALL THE COUNTY OFFICIALS FOR THEIR ASSISTANCE.

THE INTER-COUNTIES CHAMPIONSHIPS WILL BE HELD AT LEICESTER on 26th JANUARY 1991 and the ESSEX TEAMS WILL BE SELECTED BASED ON TODAY'S CHAMPIONSHIPS AND PERFORMANCES IN OTHER MAJOR CHAMPIONSHIP DURING THIS SEASON.

Howard Williams (Hon Secretary)  
84 Tyelands, Billericay,  
Essex, CM12 9PB. (0277 625294)

On behalf of the COUNTY ASSOCIATION I WISH ALL ATHLETES AND OFFICIALS A VERY HAPPY CHRISTMAS AND PROSPEROUS NEW YEAR IN 1991.

