

ESSEX COUNTY AMATEUR ATHLETIC ASSOCIATION  
YOUNG ATHLETES ROAD RELAY CHAMPIONSHIPS, THURROCK, ESSEX. 21st MARCH 1993

ALL CHAMPIONSHIPS 3 x 3000 Metres

MINOR GIRLS

|                               |           |                         |                        |                  |
|-------------------------------|-----------|-------------------------|------------------------|------------------|
| 1.HAVERING MAYESBROOK A.C.    | 35.45 (R) | V Tester(5) 12.04       | E Platt(1) 11.50       | E Gemmill 11.51  |
| 2.HAVERING MAYESBROOK A.C."B" | 36.37     | L Neville(6) 12.08      | A Murphy(4) 12.37      | L Fair 11.52     |
| 3.SOUTHEND-ON-SEA A.C.        | 37.25     | H Spackman(3) 11.47     | C Barry(2) 12.48       | K Stout 12.50    |
| 4.HARLOW R.C.                 | 37.31     | L McGurie(10) 12.28     | C Lachford(5) 12.51    | R Conway 12.12   |
| 5.BASILDON A.C.               | 37.36     | D Sterling(7) 12.15     | L Butterworth(8) 12.25 | D Osborne 11.56  |
| 6.ILFORD A.C.                 | 38.49     | H Mathew(4) 12.01       | K Rolstone(6) 13.31    | S Kelly 13.17    |
| 7.BRAINTREE & DISTRICT A.C.   | 38.56     | L Harvey-Smith(8) 12.17 | E Hughes(7) 13.21      | L Sanford 13.18  |
| 8.HAVERING MAYESBROOK A.C."C" | 39.32     | S Osbourne(9) 12.19     | Z Kourtis(9) 13.36     | C Pooley 13.37   |
| 9.THURROCK H.                 | 41.40     | J Eckersley(1) 11.28    | S Ward(10) 16.42       | D Taylor 13.30   |
| 10.ILFORD A.C. "B"            | 41.41     | C Struthers(11) 13.36   | V Manning(11) 14.55    | S Leachman 13.10 |
| Incomplete Teams -            |           |                         |                        |                  |
| HARLOW A.C.                   |           | L Cadman(2) 11.46       | E Pugh(3) 12.51        |                  |
| ILFORD A.C. "C"               |           | R Kelly(12) 17.28       | H Dean(12) 16.22       |                  |

Fastest Laps . 1.J Eckersley(Thurrock) 11.28(R) 2.L Cadman(Harlow A.C.) 11.46 H Spackman(Southend) 11.47

GIRLS

|  |           |                       |                      |                     |
|--|-----------|-----------------------|----------------------|---------------------|
| 1.COLCHESTER & TENDRING A.C.   | 34.24 (R) | H Cole(1) 11.09       | J Caswell(1) 11.50   | G Greenhalgh 11.25  |
| 2.SOUTHEND-ON-SEA A.C.   | 34.50     | S Owles(2) 11.21      | L Hawkes(2) 11.47    | L Gahagan 11.42     |
| 3.HARLOW A.C. "A"  | 36.57     | K Howell(8) 13.00     | C Barclay(5) 12.34   | J Andrews 11.23     |
| 4.HARLOW A.C. "B"  | 38.24     | C Beeston(4) 12.02    | K Shelton(4) 13.25   | C Burr 12.57        |
| 5.COLCHESTER & TENDRING A.C."B"  | 39.02     | L Lee(3) 11.54        | F Cox(3) 13.26       | R Caudle 13.42      |
| 6.BASILDON A.C.  | 39.04     | A Rickards(9) 13.11   | C Denmark(10) 13.34  | K Butterworth 12.19 |
| 7.ILFORD A.C.  | 39.32     | R Skelton(7) 12.33    | E Bartlett(6) 13.32  | C Bird 13.27        |
| 8.SOUTHEND-ON-SEA A.C. "B"   | 39.39     | L Wilcox(10) 13.24    | C Mooney(11) 13.39   | V Webb 12.36        |
| 9.THURROCK H.  | 39.45     | N Styles(6) 12.29     | A Cock(7) 13.39      | R Bayliss 13.37     |
| 10.HAVERING MAYESBROOK A.C.  | 39.51     | K Scott(5) 12.25      | S Radcliffe(8) 14.14 | L McArdle 13.12     |
| 11.HAVERING MAYESBROOK A.C."B"   | 39.57     | E Lashmar(11) 13.31   | C Lashmar(9) 13.10   | M Ferry 13.16       |
| 12.BARKING ABBEY SCHOOL  | 44.35     | M Alexander(12) 15.21 | L Osbourne(12) 15.02 | L Sykes 14.12       |
| Fastest Laps - 1.H Cole(Col.& T. ) 11.09(R) 2.S Owles(Southend) 11.21 3.J Andrews(Harlow A.C.) 11.23 |           |                       |                      |                     |

INTERMEDIATES

|  |       |                     |                    |                   |
|--|-------|---------------------|--------------------|-------------------|
| 1.BASILDON A.C.  | 36.54 | R Wadds(2) 12.17    | K Knight(1) 12.07  | M Barham(1) 12.30 |
| 2.BASILDON A.C. "B"  | 40.41 | P Atkinson(1) 12.02 | L Parison(2) 13.08 | V Gargano 15.31   |
| 3.ILFORD A.C.  | 44.57 | K Brooks(3) 12.33   | R Kelly(3) 18.56   | T Ward 13.28      |
| Fastest Laps - 1.P Atkinson(Basildon) 12.02 2.K Knight(Basildon) 12.07 R Wadds(Basildon) 12.17 |       |                     |                    |                   |

PLEASE NOTE- THE INTERMEDIATES RACE WAS RUN IN CONJUNCTION WITH THE 'GIRLS'

Howard Williams(Hon Road Sec.)  
84 Tyelands,Billericay,Essex,CM12 9PB.  
(0277 625294)

COLTS

|   |          |                      |                        |                   |
|---|----------|----------------------|------------------------|-------------------|
| 1. THURROCK H.  | 31.35(R) | N Cannon(1) 10.28    | P Hammond(1) 10.32     | N Bangs 10.35     |
| 2. WOODFORD GREEN A.C.  | 33.12    | J Sinclair(2) 10.30  | R Braithwaite(2) 11.40 | M Allison 11.02   |
| 3. BARKING ABBEY SCHOOL   | 34.09    | C Hawkins(5) 11.09   | W Ali(3) 11.37         | J Ahmed 11.23     |
| 4. THURROCK H. "B"  | 34.42    | D Cass(4) 11.03      | D Nash(5) 12.13        | J Evans 11.26     |
| 5. SOUTHEND-ON-SEA A.C.   | 35.10    | R West(9) 12.19      | G Eastty(9) 12.04      | J Church 10.47    |
| 6. ILFORD A.C.  | 35.38    | J Morris(3) 10.57    | B Bartlett(4) 12.08    | B Mathew 12.33    |
| 7. WOODFORD GREEN A.C. "B"  | 35.57    | M Sharkey(6) 11.38   | D Messer(6) 12.06      | G Dickens 12.13   |
| 8. WOODFORD GREEN A.C. "C"  | 37.37    | P Wynch(7) 11.42     | M Sandell(8) 12.36     | M Wakefield 12.19 |
| 9. SOUTHEND-ON-SEA A.C. "B"   | 42.45    | D Spackman(11) 13.18 | S Naylor(11) 15.53     | P Jackman 13.34   |
| Incomplete Teams -  |          |                      |                        |                   |
| HARLOW A.C.   |          | T Shenston(10) 12.27 | S Davey(7) 11.20       |                   |
| NEWHAM & ESSEX BEAGLES A.C.   |          | A Jones(8) 11.58     | C Delaney(10) 14.31    |                   |
| Fastest Laps - 1.N Cannon(Thurrock) 10.28(R) 2.J Sinclair(Woodford Gr.) 10.30 3.P Hammond(Thurrock) 10.32 |          |                      |                        |                   |

BOYS

|  |          |                      |                       |                   |
|--|----------|----------------------|-----------------------|-------------------|
| 1. THURROCK H.   | 29.41(R) | S Quilter(3) 10.07   | P King(2) 10.07       | S Allen 9.27      |
| 2. BASILDON A.C.   | 30.04    | S Sterling(1) 9.56   | W Martin(1) 10.12     | R Cunningham 9.56 |
| 3. HAVERING MAYESBROOK A.C.  | 30.24    | P Hagan(6) 10.18     | J Ives(3) 10.07       | C Hayley 9.59     |
| 4. WOODFORD GREEN A.C.   | 31.16    | S Austin(2) 10.05    | D Sharpstone(5) 10.40 | M Houghton 10.31  |
| 5. BASILDON A.C. "B"   | 31.34    | C Valvona(8) 10.33   | J Farden(4) 10.03     | D Carroll 10.58   |
| 6. HAVERING MAYESBROOK A.C. "B"  | 31.52    | A Estcourt(5) 10.16  | A Berry(8) 11.16      | D Walker 10.20    |
| 7. WOODFORD GREEN A.C. "B"   | 32.35    | S Baxendale(4) 10.10 | D McKenny(6) 11.17    | J Hammond 11.08   |
| 8. WOODFORD GREEN A.C. "C"   | 33.07    | S Ashley(7) 10.27    | P Snook(7) 11.03      | J Pribul 11.37    |
| 9. NEWHAM & ESSEX BEAGLES  | 33.51    | D Taylor(10) 11.05   | I Haywood(11) 12.21   | G Conway 10.25    |
| 10. ILFORD A.C.  | 35.04    | A Dean(11) 11.08     | P Stocker(9) 11.11    | S Shaw 12.45      |
| Incomplete Teams -   |          |                      |                       |                   |
| SOUTHEND-ON-SEA A.C.   |          | P Cox(9) 11.02       | P Barry(10) 12.02     |                   |
| Fastest Laps - 1.S Allen(Thurrock) 9.27(R) 2.S Sterling(Basildon) 9.56 2=R Cunningham(Basildon) 9.56 |          |                      |                       |                   |

YOUTHS

|  |          |                     |                      |                    |
|--|----------|---------------------|----------------------|--------------------|
| 1. THURROCK H.   | 29.06(R) | R Walker(1) 9.29    | E Ewans(3) 10.11     | M Pearce 9.26      |
| 2. SOUTHEND-ON-SEA A.C.  | 29.11    | J Webb(2) 9.43      | P Warrington(1) 9.47 | G James 9.41       |
| 3. BASILDON A.C. "B"   | 29.21    | J Howard(3) 9.58    | L Martin(2) 9.41     | E Denmark 9.42     |
| 4. BASILDON A.C. "A"   | 30.11    | M Day(5) 10.08      | M Chapman(5) 10.20   | N Reynolds 9.43    |
| 5. WOODFORD GREEN A.C.   | 30.51    | J Daniels(4) 10.04  | S Caplan(4) 10.18    | C Whitehouse 10.29 |
| 6. SOUTHEND-ON-SEA A.C. "B"  | 31.23    | C Brown(7) 10.31    | M Wright(10.24)      | L Steam 10.28      |
| 7. THURROCK H. "B"   | 31.48    | D Harrold(8) 10.42  | B Monk(7) 10.30      | G Bangs 10.36      |
| Incomplete Teams -   |          |                     |                      |                    |
| NEWHAM & ESSEX BEAGLES   |          | G Stevens(9) 10.49  | C Lafferty(8) 10.54  |                    |
| WOODFORD GREEN A.C. "B"  |          | G Grimwood(6) 10.29 | T Bannister(9) 11.46 |                    |
| Fastest Laps - 1.M Pearce(Thurrock) 9.26(R) 2.R Walker(Thurrock) 9.29 3.G James(Southend) & L Martin(Basildon) |          |                     |                      |                    |

ESSEX COUNTY AMATEUR ATHLETIC ASSOCIATION

Twenty Sixth County Senior Road Relay Championship, Chelmsford, Essex. 6th March 1993

|                                     |         |   |
|-------------------------------------|---------|---|
| 1. NEWHAM & ESSEX BEAGLES A.C.      | 102.41  | R Campbell(1) 16.36 D Lennon(1) 17.06 A Buckingham(3) 17.53<br>D Priestley(2) 17.12 S Hempstead(1) 17.20 J Gentry 16.34       |
| 2. BASILDON A.C.                    | 104.40  | A Barden(2) 16.56 S Titchmarsh(5) 18.10 M Hicks(4) 16.46<br>J Methereil(5) 17.41 E Brown(2) 17.07 N Weatheridge 18.00         |
| 3. CHELMSFORD A.C.                  | 104.50  | D Norman(15) 18.06 G Lillywhite(12) 18.27 D Laughlin(6) 16.00<br>J Mills(4) 16.59 M Moore(5) 18.32 M Gormley 16.46            |
| 4. WOODFORD GREEN A.C.              | 104.58  | J Sear(3) 17.02 P Wardle(2) 17.22 S Sear(V)(2) 16.53<br>S Goodfellow(3) 18.10 I Maris(4) 18.28 J Goldring 17.03               |
| 5. ILFORD A.C.                      | 105.05  | G Piper(4) 17.09 G Webb(4) 17.19 A Catton(1) 16.46<br>R Dzikowski(1) 17.26 G Murdock(3) 18.29 D Coates 17.56                  |
| 6. COLCHESTER JOGGERS               | 105.44  | P Spowage(9) 17.32 T Seakins(7) 18.21 C Dunn(7) 17.20<br>P Strutt(7) 17.36 P McLugh(6) 17.38 R Gaine 17.17                    |
| 7. WOODFORD GREEN A.C. "B"          | 108.21  | G Floate(19) 18.47 A Green(6) 16.51 D Barrett(8) 17.52<br>M Mitchell(8) 18.11 D Cox(8) 18.15 T McCarthy 18.25                 |
| 8. HAVERING A.C.                    | 109.00  | J Barker(5) 17.11 S Vines(3) 17.17 S Reuby(5) 17.49<br>T Robinson(6) 18.19 C Hall(7) 19.01 G Robbins 18.23                    |
| 9. SPRINGFIELD STRIDERS             | 110.54  | S Moore(12) 18.01 A Huckson(8) 18.00 B Davies(9) 18.27<br>D Hogg(9) 18.23 P Claydon(10) 19.08 M Healy 18.55                   |
| 10. THURROCK H.                     | 111.12  | S Courtney(17) 18.23 K Evans(15) 18.23 D Sifford(10) 18.20<br>D Thomas(11) 18.25 M Pearce(13) 19.22 M Packer 18.19            |
| 11. COLCHESTER JOGGERS "B"          | 112.03  | J Wood(V)(8) 17.27 P Willis(10) 18.59 A Barnard(15) 19.17<br>D Papworth(13) 18.50 D Lacy(V)(12) 18.09 J Turton 19.21          |
| 12. SOUTHBEND-ON-SEA A.C.           | 112.06  | S Kemp(7) 17.26 P Binns(V)(9) 18.42 C Leeman(13) 19.15<br>J Blowers(10) 17.55 M Mansfield(9) 17.32 D Saunders 21.16           |
| 13. CHELMSFORD A.C. "B"             | 112.22  | G Eustace(6) 17.26 P Tullett(11) 19.01 C Purse(11) 18.45<br>M Branford(12) 18.33 M Fletcher(11) 18.41 J Wright 19.56          |
| 14. HALSTEAD R.C.                   | 114.40  | K Jolley(16) 18.11 E White(14) 18.33 K Woulfe(V)(14) 18.44<br>K Metcalfe(15) 19.52 D English(14) 19.52 B Brown 19.28          |
| 15. BRENTWOOD A.C.                  | 115.37M | Harrop(30) 19.50 ? (24) 19.08 D Barnett(23) 20.02<br>G Warner(18) 19.01 C Waugh(19.43 ? 17.53                                 |
| 16. HARLOW R.C.                     | 115.40  | P Dunne(14) 18.04 G Puch(20) 20.24 R Ricketts(17) 18.48<br>A Dean(19) 20.49 J Morris(15) 18.45 R Maddams 18.50                |
| 17. ILFORD A.C. "B"                 | 118.07  | A Nixon(V)(10) 17.50 R Mills(V)(16) 19.25 S Trump(16) 19.11<br>S May(V)(16) 19.27 C Potter(16) 20.58 R McStocker(V) 21.16     |
| 18. NEWHAM & ESSEX BEAGLES A.C. "B" | 118.37  | D Barker(21) 19.06 R Campbell(V)(30) 20.47 R Gray(19) 18.41<br>W Metcalfe(V)(23) 21.31 H Staunton(21) 19.27 C Mahoney 19.05   |
| 19. HARWICH R.C.                    | 119.36  | K Bunting(13) 18.02 S Wallace(13) 18.37 C Woodhouse(12) 18.39<br>P Clarke(14) 19.46 R Fitzhardy(17) 22.20 P Smith(V) 22.12    |
| 20. CHELMSFORD A.C. "C"             | 120.33  | D Abbott(V)(33) 20.03 C Holden(31) 20.05 R Doe(27) 19.28<br>P Richardson(21) 19.58 P Griggs(22) 20.10 G Green 20.45           |
| 21. SPRINGFIELD STRIDERS "B"        | 121.00  | R Taylor(29) 19.42 L Broadbridge(34) 20.58 K Wright(30) 20.41<br>D Norman(26) 19.48 C Cornish(24) 20.08 A Wheelhouse 19.43    |
| 22. WITHAM R.C.                     | 121.09  | P Maddison(V)(18) 18.39 I Tadd(29) 21.09 T Tidey(V)(24) 19.25<br>R Ticknell(22) 20.30 C Short(V)(23) 21.26 D Game(V) 20.00    |
| 23. HAVERING A.C. "B"               | 121.20  | P Winch(49) 23.12 R Thurston(V)(41) 19.32 B Diss(V)(35) 19.44<br>T Keenan(V)(31) 20.55 R Middleton(27) 19.35 P Gahagan 18.22  |
| 24. ORION H.                        | 122.13  | R Warner(36) 20.17 A McDonald(26) 19.00 W Chapman(34) 22.53<br>Q Broadbent(28) 19.34 C Finney(V)(26) 21.03 N Bishop 19.26     |
| 25. PITSEA R.C.                     | 123.06  | J Russell(28) 19.39 R Hurley(V)(23) 19.17 G Cardnell(29) 21.58<br>T Smith(30) 21.35 D Sinclair(28) 21.18 P McLaughlin 19.19   |
| 26. THURROCK H. "B"                 | 123.51  | P Baker(22) 19.08 P Goodyear(18) 18.56 M Blake(18) 19.53<br>R Dunnage(17) 19.27 D Staines(V)(19) 21.18 D Horsup(V) 25.09      |
| 27. HAVERING '90 JOGGERS            | 123.59  | R Compton(V)(19.58 C Heapy(25) 19.01 D Keeley(25) 20.24<br>G Harford(29) 22.56 A Barton(31) 22.50 P Jones 18.50               |
| 28. EPPING R.C.                     | 127.19  | J Clarke(35) 20.07 J Overy(37) 21.02 P Hemon(36) 21.28<br>M Jones(33) 21.49 M Bradbrook(V)(34) 22.39 J Little(V) 20.14        |
| 29. COLCHESTER JOGGERS "E"          | 127.31  | J Norris(V)(40) 20.33 M Bishop(V)(33) 19.57 S Garnham(V)(28) 20.21<br>G Gibbons(V)(34) 23.46 M Davies(32) 21.38 B Gould 21.20 |
| 30. MALDON H.                       | 127.38  | K Harris(11) 17.58 A Conway(17) 19.30 P Bouldstride(21) 21.23<br>S Pace(25) 22.01 R Gibbs(30) 23.53 B Taylor(V) 22.53         |
| 31. COLCHESTER JOGGERS "D"          | 130.10  | S King(38) 20.27 G Clarke(V)(35) 20.18 D Simpson(V)(38) 22.31<br>G Noble(37) 22.48 D Wright(33) 20.23 D Robinson 23.43        |

ESSEX COUNTY ROAD RELAY, CHELMSFORD, ESSEX 6th March 1993 (Cont.)

|                              |                         |                           |                         |                           |                         |                         |                   |
|------------------------------|-------------------------|---------------------------|-------------------------|---------------------------|-------------------------|-------------------------|-------------------|
| 32. SOUTHEND-ON-SEA A.C.     | 131.30                  | D Hill(25) 19.15          | K Naylor(21) 19.28      | B Edgar(22) 20.10         | R Peacey(24) 21.31      | B Thomas(V)(21.25)      | M Seanan(V) 29.41 |
| 33. CHELMSFORD A.C. "D"      | 131.56                  | J Sayers(V)(24) 19.15     | J Hush(V)(28) 20.20     | G Daniel(V)(39) 24.25     | T Johnson(V)(36) 21.49  | P Harris(V)(35) 22.29   | M Morgan(V) 23.38 |
| 34. COLCHESTER JOGGERS "C"   | 135.52                  | P Barrett(31) 19.52       | M Smith(V)(39) 22.30    | K Bennett(V)(43) 25.35    | R Moore(V)(42) 25.43    | J Hart(V)(36) 21.09     | C Akehurst 21.03  |
| 35. WITHAM R.C. "B"          | 138.34                  | J Kerr(47) 22.17          | S Richardson(45) 23.20  | D Chalkley(41) 21.41      | P Burns(41) 24.49       | D Sadler(37) 24.53      | F Haney 22.34     |
| 36. PITSEA R.C. "B"          | 139.11                  | G Bufton(46) 22.13        | E Campbell(V)(42) 21.28 | D Shoemith(44) 24.29      | P Franklin(V)(40) 22.22 | R Frake(38) 25.28       | O Valaskey 23.11  |
| 37. CHELMSFORD A.C. "E"      | 139.46                  | S Bishop(V)(23) 19.09     | A Tullett(V)(44) 25.40  | P Dodson(V)(45) 24.54     | J Clarke(V)(43) 25.00   | K Burgess(V)(40) 23.38  | S Turnbull 21.25  |
| 38. PITSEA R.C. "C"          | 149.36                  | K Passingham(V)(50) 23.36 | T Hall(48) 26.08        | K Ruston(V)(47) 23.36     | T Baker(V)(45) 25.03    | G Engleton(V)(42) 26.02 | N Hampton 25.11   |
| 39. HAVERING '90 JOGGERS "C" | 158.49                  | R Dobie(51) 29.25         | V Collins(V)(49) 30.53  | J Bould(V)(48) 29.06      | M Walker(46) 23.08      | M Phillips(V)(43) 21.33 | B Bilby(V) 24.34  |
| Incomplete Teams-            |                         |                           |                         |                           |                         |                         |                   |
| BASILDON A.C. "B"            | M Risebro(34) 20.06     | R Goad(22) 18.43          | S Outram(20) 19.54      | E Dermark(20) 19.39       | S Harrison(20) 20.48    |                         |                   |
| BRAINTREE & DISTRICT A.C.    | M George(27) 19.30      | G Knight(V)(40) 23.01     |                         |                           |                         |                         |                   |
| HALSTEAD R.C. "B"            | A Bailey(V)(41) 20.34   | A Carter(38) 20.58        | T Bird(V)(37) 21.13     |                           |                         |                         |                   |
| HARLOW A.C.                  | D Wigmore(26) 19.29     | S Heywood(27) 19.52       | B Bostock(33) 22.33     | J Shelton(35) 22.46       |                         |                         |                   |
| HAVERING A.C. "C"            | P Mylrea(39) 20.31      |                           |                         |                           |                         |                         |                   |
| HAVERING A.C. "D"            | L Parrott(V)(42) 20.35  | M Robinson(V)(32) 19.36   | T Hoyles(V)(31) 19.44   | T Pailthorpe(V)(27) 19.54 |                         |                         |                   |
| HAVERING '90 JOGGERS "B"     | C Hayman(45) 22.07      | A Klinker(V)(47) 25.27    | D Keeley(25) 20.24      | S Maley(44) 26.06         | R Barnes(V)(41) 22.47   |                         |                   |
| ILFORD A.C. "C"              | G Williams(V)(37) 20.19 | R Whitehead(V)(36) 20.42  | L Hislop(V)(32) 20.43   |                           |                         |                         |                   |
| SOUTHEND-ON-SEA A.C. "C"     | D Jewell(V)(48) 22.18   | C Adams(43) 22.26         | G Hewitt(V)(40) 21.49   | D West(V)(39) 22.31       | T Bullock(V)(39) 27.18  |                         |                   |
| SPRINGFIELD STRIDERS "C"     | D Willey(43) 21.17      |                           |                         |                           |                         |                         |                   |
| WOODFORD GREEN A.C. "C"      | S Dunn(20) 18.48        | V Wilson(V)(19) 19.31     | G Pribul(V)(26) 21.13   | J Hayward(V)(32) 23.56    |                         |                         |                   |

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|                 |               |                    |       |
|-----------------|---------------|--------------------|-------|
| Fastest Laps. - | 1. D Laughlin | Chelmsford A.C.    | 16.00 |
|                 | 2. J Gentry   | Newham & E.B. A.C. | 16.34 |
|                 | 3. R Campbell | " "                | 16.36 |

|                        |            |                     |       |
|------------------------|------------|---------------------|-------|
| Fastest Veteran Laps.- | 1. S Sear  | Woodford Green A.C. | 16.53 |
|                        | 2. J Wood  | Colchester Joggers  | 17.27 |
|                        | 3. A Nixon | Ilford A.C.         | 17.50 |

Howard Williams (Hon Race Sec)  
84 Tyelands, Billericay, Essex, CM12 9PB.  
(0277 625294)

ESSEX COUNTY AMATEUR ATHLETIC ASSOCIATION  
 SENIOR LADIES ROAD RELAY CHAMPIONSHIP, Chelmsford, Essex. 6th March 1993

|                            |       |                        |                         |                       |
|----------------------------|-------|------------------------|-------------------------|-----------------------|
| 1. THURROCK H.             | 33.53 | J Hughes(V)(2) 11.26   | S Bridger(1) 11.16      | J Skinner 11.11       |
| 2. CHELMSFORD A.C.         | 34.35 | L Chapman(3) 11.43     | J Holden(2) 11.02       | S Tupper 11.50        |
| 3. COLCHESTER JOGGERS      | 36.34 | N Everett(5) 12.01     | M Ainsley(V)(5) 12.39   | B King 11.54          |
| 4. ILFORD A.C.             | 36.38 | S Honey(V)(6) 12.07    | C Davis(8) 13.18        | P Dunbar 11.13        |
| 5. CHELMSFORD A.C. "B"     | 36.59 | S Stark(7) 12.19       | N Snelling(4) 11.54     | A Radley(V) 12.46     |
| 6. HALSTEAD R.C.           | 37.23 | P Jones(V)(8) 12.25    | J Archer(7) 12.49       | C Marsh(V) 12.09      |
| 7. SPRINGFIELD STRIDERS    | 37.33 | S Coxshall(V)(1) 11.18 | A Walker(V)(3) 12.38    | F Harrington(V) 13.37 |
| 8. COLCHESTER JOGGERS "B"  | 38.10 | J Bennett(10) 12.39    | J Lansdown(6) 12.31     | C Bishop(V) 13.00     |
| 9. MALDON H.               | 39.07 | D Birkin(V)(9) 12.38   | K Taylor(V)(9) 13.51    | J Chapman 12.38       |
| 10. HARWICH R.C.           | 39.18 | E Knott(V)(13) 13.02   | S Stanley(V)(11) 13.50  | C Tisbury 12.26       |
| 11. COLCHESTER JOGGERS "C" | 39.49 | C Holmes(V)(11) 12.52  | H Clarke(10) 13.41      | L Cudmore(V) 13.16    |
| 12. HARLOW R.C.            | 41.08 | P Malyon(V)(14) 13.19  | K Pugh(12) 13.52        | L Selby(V) 13.57      |
| 13. BRENTWOOD A.C.         | 41.57 | M Jarvis(V)(16) 13.52  | A Sweeting(14) 15.08    | J Bee 12.57           |
| 14. PITSEA R.C.            | 42.59 | H Jackson(V)(15) 13.38 | V Sinclair(V)(13) 14.15 | D Hall(V) 15.06       |
| 15. BRENTWOOD A.C. "B"     | 46.05 | C Double(20) 15.29     | A Gawler(16) 15.46      | L Watt 14.50          |
| 16. HARWICH R.C. "B"       | 46.13 | K Snowling(17) 14.22   | M Nunn(V)(15) 15.21     | J Thomas(V) 16.30     |
| 17. HAVERING '90 JOGGERS   | 50.42 | V Walker(V)(21) 15.31  | L Preston(V)(17) 15.56  | N Bramwell 19.15      |
| 18. PITSEA R.C. "B"        | 54.19 | C Weald(V)(24) 19.58   | J Frake(V)(18) 20.14    | B Jackson(V) 14.07    |

Incomplete Teams -

|                        |                       |                        |                         |
|------------------------|-----------------------|------------------------|-------------------------|
| COLCHESTER JOGGERS "C" | C Clarke(V)(18) 14.58 | COLCHESTER JOGGERS "D" | L Perry(V)(22) 16.32    |
| ILFORD A.C. "B"        | M Cambridge(12) 12.59 | PITSEA R.C. "C"        | J Seargent(V)(23) 18.15 |
| WITHAM R.C.            | L Branch(4) 11.55     | HAVERING A.C.          | M Winch(19) 15.45       |

|                |              |                 |       |                        |               |                      |       |
|----------------|--------------|-----------------|-------|------------------------|---------------|----------------------|-------|
| Fastest Laps.- | 1. J Holden  | Chelmsford A.C. | 11.02 | Fastest Veteran Laps.- | 1. S Coxshall | Springfield Striders | 11.18 |
|                | 2. J Skinner | Thurrock H.     | 11.11 |                        | 2. J Hughes   | Thurrock H.          | 11.26 |
|                | 3. P Dunbar  | Ilford A.C.     | 11.13 |                        | 3. S Honey    | Ilford A.C.          | 12.07 |

Howard Williams(Hon Race Sec.)

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